

The Knightly News

COUNCIL 4522

CHARTERED 1958



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.



Monthly Newsletter

September 2025

IMPORTANT DATES IN SEPTEMBER

Monday, Sept 1st – Labor Day Holiday
 Wednesday, Sept 3rd – Officer's Meeting—Zoom, 7:30 PM
 Wednesday, Sept 10th – Full Council Meeting (HYBRID), 7:30 PM
 ZOOM and in person @ QofA Guadalupe Center
 Tuesday, Sept 9th – Christ House (Alexandria, VA)
 Sat/Sun, Sept 20th/21st – All MALL MASSES at Queen of Apostles
 Solicitation for Coats for Kids, KCIC Card Sales AND
 The Queen of Apostles' Parish Ministries Fair
 Sunday, Sept 28th – Council Picnic!! – Stay tuned for more details!
 TBD in Sept (we hope) – Soccer Free Kick Competition, Queen of Apostles School

A Message from the Grand Knight

The Queen of Apostles Family came together in a big way for the 5th Annual Festival on August 16th. You, our Council 4522 Brother Knights were a big part of the event. Thank you to all of those who came out to help with the beer/wine sales, set up and cleanup. When we participate in these events, we are living the motto of the Knights of Columbus—Charity, Unity, Fraternity, and Patriotism. Building on the success of the Festival we move on to our September events.

Our next scheduled meal at Christ House is on September 9th, 3:00 PM to 5:00 PM. Come help prepare a meal for those less fortunate. Many hands make light work and gives you an opportunity for fellowship.

The kickoff of our Christmas Card sales and Coats for Kids "season" is September 20th and 21st, simultaneous with the parish Ministries Sunday. Brother Knights are needed to give some time Saturday night and throughout Sunday morning. If you cannot make the entire event, you can still help after one mass for no more than 30 minutes. Please see further details in the newsletter.

Our September calendar includes our annual Knights of Columbus picnic on the afternoon of Sunday, September 28th. Since this is an event for the entire council, I am requesting we form an "Entertainment Committee," enlisting the help of a few Brothers and possibly their Ladies. The Committee can provide ideas and planning for both the Picnic in September and the Christmas Party in December. We want to make these events enjoyable for everyone and encourage a larger

turnout. You work hard for our council all year long and should also have some fun. Please contact me if you are interested in sharing ideas.

September 8th the church marks the birthday of our Blessed Virgin Mary. We give thanks that God gave us this great Woman and that her YES gave us our salvation, Jesus Christ.

In closing, I would like to focus on "Fraternity" in our Knights of Columbus motto. Your good works through the Knights demonstrate how Catholics serve each other in fraternity and mercy. We must continue to strive to work in the spirit of our patron, St. John Paul II, to "Follow Christ's Way". Please remember to say the Rosary daily and keep your Brother Knights and their families in your prayers. I will continue to pray for each of you and ask you to pray for me.

Knight of the Month

If you attended the Parish Festival, there is no doubt you encountered SK John Cosgayon. He was one of the emcees of the event from beginning to end. Now that's someone who knows what is going on! In addition, John was a leading member of a Marshall Arts presentation, with some very impressive moves. Outside of the Festival, John coordinates the Monthly Men's Encounters for the Parish and is the Recording Secretary for the council. We appreciate his multi-faceted participation in the council and in our parish. Congratulations SK John Cosgayon our September Knight of the Month.

Family of Month

Brother Sebastian Amaya and his family were enthusiastic volunteers for the Parish Festival. From helping with set up on Friday to handling the treat table (snow cones, cotton candy, and other goodies) AND cleaning up late into the night on Saturday the Amaya Family were totally present. Daughter Emily is always a friendly help with parish events and promotions for the Council and the entire parish community. In addition to the festival the entire family is always present and helping at events for the council and the parish. It is a blessing to have Sebastian, Maria and their children as part of the Queen of Apostles Family. Congratulations to our September Family of the Month.

Altar Server Picnic Wrap up

Again, the Council came through with a great picnic to show appreciation to our Altar Servers. The weather was beautiful, and the cooks did a great job with burgers, hot dogs and sides for the boys and their families. Many thanks in particular to brothers Jay Moore, Danny Restivo, Sonny Masso, Sebastian Amaya and Joe Lipari.

Knights of Columbus Pro Life Activity!

Make a presence - EVERY Saturday 8:00 AM -Noon, on the sidewalk in front of 2616 Sherwood Hall. Mount Vernon Brother Knights supply coffee and donuts. Stop by and COME PRAY WITH US.

Queen of Apostles Parish Festival



What an event! More than 20 booths, international food, live entertainment—from several soloists (including our very own, Lady Meredith, wife of Worthy Deputy Grand Knight, Danny Restivo) to a Mariachi band—moon bounce and kids' activities, there was something for

everyone! And of course, our brother Knights turned out in force to man the refreshment trailer, serve untold orders of french fries, and do all kinds of good deeds throughout the festival! God bless all the volunteers and especially our Knights, who made the festival an unprecedented success!

HELP (REQUIRED) WANTED!



Saturday/Sunday, Sept 20th/21st – Our second big weekend of the fraternal year! That weekend we will collect donations for the all-important Coats for Kids Drive and we hope to be selling our Keep Christ in Christmas, Christmas Cards AND Supporting the Parish Ministries Fair! We have FOUR sets of doors to cover! That is at least FOUR Knights per Mass...not counting setting up our tent and taking everything down after the 1:30 PM Sunday Hispanic Mass. Hot dog cooking will most likely also be a thing! Your help will be greatly appreciated!! **Please mark your calendars now.**

Newsletter Content Creator(s)

– The Need Continues

The Lord does hear our prayers (and the pleading of the Editor and Worthy Grand Knight), if you take pictures at any events (and you should), please forward them to jpii4522@gmail.com. IF you'd like to try your fingers at creating an article to go along with those pictures, even better! The editor will accept any articles that the membership would like to put forward for consideration! Don't be shy!

Lecturer Reflection

The Undeviating Test

"For with what judgment ye judge, ye shall be judged; and with what measure ye mete, it shall be measured to you again." Matthew 7:2

This statement is not a haphazard guess; it is an eternal law of God. Whatever judgment you give, it is measured to you again. There is a difference between retaliation and retribution. Jesus says that the basis of life is retribution - "with what measure ye mete, it shall be measured to you again." If you have been shrewd in finding out the defects in others, remember that will be exactly the measure given to you. Life serves back in the coin you pay. This law works from God's throne downwards (cf. Psalm 18:25-26).

Romans 2 applies it in a still more definite way, and says that the one who criticizes another is guilty of the very same thing. God looks not only at the act, He looks at the possibility. We do not believe the statements of the Bible to begin with. For instance, do we believe this statement, that the things we criticize in others we are guilty of ourselves? The reason we see hypocrisy and fraud and unreality in others are because they are all in our own hearts. The great characteristic of a saint is humility - Yes, all those things and other evils would have been manifested in me but for the grace of God, therefore, I have no right to judge. Jesus says - "Judge not, that ye be not judged" if you do judge, it will be measured to you exactly as you have judged. Who of us would dare to stand before God and say - "My God, judge me as I have judged my fellow men?" We have judged our fellow men as sinners: if God should judge us like that we would be in hell.

God judges us through the marvelous Atonement of Jesus Christ!

September is Life Insurance Awareness Month



It's the one month each year that the life insurance industry coordinates a campaign aimed at educating folks about the importance of life insurance and helping them get the coverage they need. A survey from LIMRA (Life Insurance Marketing Research Association) found that only 59% of Americans own life insurance and about half of those are underinsured. So that means that 70% of the population either has no life insurance or has too little life insurance.

So what does that have to do with the Knights? The historian, Christopher Kauffman, spent several years at the Supreme Office and at the Museum, researching the book that he wrote on the 100th anniversary of our founding. That book, Faith and Fraternalism, notes on page 13, "...he [Fr. McGivney] was deeply interested in pursuing the topic of a Catholic fraternal insurance society among groups of Catholic laymen of New Haven." Then on page 35 Mr. Kauffman goes on, "...he [Fr. McGivney again] spent his energy in promoting the insurance feature...his emphasis on business was his pastoral concern for the social and financial security of the family."

Blessed Fr. McGivney lived both the social and the financial *insecurity* of a desperate family, with the breadwinner suddenly taken, that had to be supported. He left the seminary to work and support his mother and siblings. He didn't want other Catholic families to find

themselves in such a predicament. That, and uniting men of faith, was the impetus for establishing our Order. Everyone who joined in those first years was insured; that was part and parcel of being in the organization. Now every member has a choice and every member should know what we do, and how we do it.

No one wants to buy life insurance, BUT everyone should want to buy what life insurance provides: no change in lifestyle for the survivors...in the house where they want to be. It'll pay for a daughter's wedding, a child's college education and much more. What does life insurance provide? Peace of mind, security, freedom from anxiety, a safeguard from the unknown.

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Brother Robert is an Assistant General Agent for the newly established:

THE VIRTUS AGENCY

Knights of Columbus Insurance and Asset Advisors

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So, if you can't reach Brother Robert for any reason, please reach out to The Virtus Agency. Staff there will get you what you need!

Birthdays



Rev. Joseph M Rampino	09-02
Arthur S Leahy	09-04
Rev Paul A Berghout	09-06
Deacon Richard C Caporiccio	09-09
PGK Craig J Delaney	09-09
Thomas W Pairo	09-09
Kevin F Becks	09-12
Richard Hoey	09-21
Almond J Smith	09-27

**Monthly Catechism Study Sessions
Men's Encounters**

Are you ready to deepen your understanding of the Catholic faith? Join the Queen of Apostles Men's Group for the next session in going through the Compendium of the Catechism of the Catholic Church. This is a meaningful opportunity to strengthen your spiritual foundation, grow in brotherhood with fellow Catholic men at QofA, and build a closer relationship with Christ. All levels of familiarity with the Catechism are welcome.

Next Session:

Saturday, September 27th
8:45–10:15 AM
Hannan Hall

We will meet on the last Saturday of each month – just TWO MORE TIMES September 27th and October 25th. Don't miss this amazing opportunity to greatly enhance your faith!

There will be refreshments and time for prayer and formation. Rosary will be prayed at 8:45 AM, followed by our session. To RSVP or ask questions, please email JNCos95@outlook.com. We hope to see you there as we walk together in faith.

**Celebrate***the work of our hands***Labor Day**

**"START BY DOING WHAT'S NECESSARY,
THEN WHAT'S POSSIBLE, AND SUDDENLY
YOU ARE DOING THE IMPOSSIBLE."**

ST. FRANCIS OF ASSISI

**Reminder**

All editions of The Knightly News, past and current, are available on the Council website at www.kc4522.com