

# The Knightly News

COUNCIL 4522

CHARTERED 1958



**KNIGHTS  
OF COLUMBUS**  
IN SERVICE TO ONE. IN SERVICE TO ALL.



## Monthly Newsletter

October 2025

### Important Dates This Month

#### October is **RESPECT LIFE MONTH**

Wednesday, Oct 1<sup>st</sup> – *Officer's Meeting, 7:30 PM On Location: Glory Days Grill!*

Sunday, October 5<sup>th</sup> - 10th Annual [www.RosaryCoastToCoast.com](http://www.RosaryCoastToCoast.com)

Wednesday, Oct 8<sup>th</sup> – Hybrid General Business Council Meeting, 7:30 PM (Rosary at 7:00 pm)

Monday, Oct 13<sup>th</sup> – COLUMBUS DAY (see article)

**Sat/Sun, Oct 18<sup>th</sup>/19<sup>th</sup> – Solicitation for Coats for Kids, KCIC Card Sales**

Queen of Apostles ALL MASSES

Wednesday, Oct 22<sup>nd</sup> – Saint John Paul II – Feast Day

Wednesday, Oct 29<sup>th</sup> - Silver Rose Prayer Service, 7:30 PM Queen of Apostles

### A Message from the Grand Knight

Welcome to October, Respect Life Month and also the Month of the Holy Rosary. The Knights of Columbus places a special importance on honoring the Blessed Mother. Every man who joins a K of C council receives a rosary and is encouraged to seek Mary's intercession by praying it regularly.

Here are five reasons to pray the rosary:

**1) Mary can help us to better know her son, Jesus Christ.**

By praying the rosary, we can contemplate how we are to serve God by following Mary's example.

**2) Those who pray the rosary are promised graces and indulgences.**

Benefits for those who pray the Rosary devoutly include special protection and graces, salvation, and a powerful defense against hell.

**3) It brings victory in battle.**

In this Respect Life Month, the rosary can preserve us in the battle for life!

**4) It's an opportunity to reflect on the Gospel mysteries.**

When praying the rosary, we are invited to reflect on the mysteries revealed in the Gospels. By reflecting on these stories, we can discover how God is calling us to live our own lives.

**5) It's the perfect way to make time for God.**

By praying the rosary, we can put God at the forefront of our lives. Just as Jesus took time away to pray and rejuvenate, praying the rosary can give you rest in the Lord.

So, take the time to (re)discover the beauty of the rosary today.

The kickoff of our Christmas Card sales and Coats for Kids "season" on September 20<sup>th</sup> and 21<sup>st</sup>, was a great success. Thank you to our Brother Knights who staffed the tables, cooked and served hot dogs and once again represented the council well! Special thanks to Vincent for taking the full Sunday shift from setup to cleanup.

The next weekend of Card Sales and Coats for Kids collections is October 18 and 19<sup>th</sup>. I hope you will all stop by and help before and after mass that weekend. It benefits our Council when you help and in the spirit of Fraternity it is always nice to have a visit with Brother Knights.

On Wednesday, October 29<sup>th</sup> at 7:30 PM Pope John Paul II 4522 and Queen of Apostles Church will host the Silver Rose Prayer Service. This will be a District 15 Event and be open to parishioners of Queen of Apostles and neighboring parishes. Mark your calendars now to attend this special event. You can find more about the Silver Rose Program on the Knights of Columbus website or let me know if you would like a booklet.

As we begin our 4<sup>th</sup> month of the Fraternal Year, I am having a difficult time selecting just one Knight of the Month. So many of our wonderful Brother Knights pitch in and participate whenever called upon. I am blessed to work with such a fine group of Catholic Men, and I could select any one of you!

Please remember to say the Rosary. This month challenge yourself to say the Rosary daily, what a difference a month can make!

Please keep your Brother Knights and their families in your prayers. I will continue to pray for each of you and ask you to pray for me.

Richard Sacra  
Grand Knight

### Knight of the Month

I am proud to congratulate, SK Daniel Penrose, as this month's Knight of the Month! First of all, Dan has taken the roll of Financial Secretary. This is a huge responsibility with lots of moving parts and lots to learn. Dan is always on speed dial, to answer any and all questions—since he is also a Past Grand Knight, he is a wealth of knowledge. He is dedicated to the success of our Council and goes above and beyond to make our council thrive while also juggling his own family and work life. For this and many other reasons Daniel Penrose is our Knight of the Month.

### Family of Month

Brother Sean and Lady Christa Hurley and their five children are our Family of the Month for October. Faithful parishioners at Queen of Apostles, the family is regularly seen together at Sunday and daily mass. The children are altar servers and also help out as ushers at the 10:00 AM mass and attend Angelus Academy. We are grateful for this family that actively, but quietly, lead by example. We are pleased to acknowledge the Hurley Family as our October Family of the Month

### October is Respect Life Month



As Catholics, we believe that every life is sacred, from the moment of conception until natural death. Every person is made in the image and likeness of God, and so each and every person has inherent dignity. This is also the foundation of all Catholic social teaching.

Each year in October, the United States Conference of Catholic Bishops launches a new theme for the year to help. [For resources, visit the USCCB's website www.usccb.org](https://www.usccb.org) and/or be a part of any or all of these local activities during October:

**Sunday October 5, 2025,** The 10th Annual [www.RosaryCoastToCoast.com](http://www.RosaryCoastToCoast.com)

**@ 2:00 PM**

St Peter's Roman Catholic Church Capitol Hill  
313 2nd St SE

Washington, DC

Eucharistic Procession to the US Supreme Court and US Capitol

Bishop Joseph Coffey Archdiocese of the Military

Fr Richard Heilman USGraceForce.com

Fr Stephen Imbarrato ProtestChildKilling.com

**@ 4:00 PM**

<https://rosarycoasttocoast.com/national-rosary-rally/>

U.S. Capitol WEST Front

**Thursday, October 9, 2025**

**@ 5:30 PM Reception**

Catholic University, Busch School of Business Maloney Hall

**@ 6:30 PM Symposium**

*Defending Life at Conception & In the Constitution*

Dr Elizabeth Rex President of the Donum Vitae Institute

Alan Parker ESQ President of the Justice Foundation

Dr Hadley Arkes James Wilson Institute on Natural Rights

**Respect Life Novena – Oct 22<sup>nd</sup> – 30<sup>th</sup>**

This novena prays for the protection of human life, from conception to natural death. Each day of the novena features a different pro-life prayer intention which is accompanied by a short reflection and suggested actions to help build a culture of life.

<https://www.usccb.org/resources/respect-life-novena>

**RESPECT LIFE MONTH STATEMENT***Most Reverend Daniel E. Thomas**Bishop of Toledo**Chairman, USCCB Committee on Pro-Life Activities*

With great joy we celebrate October as Respect Life Month amid the Church's Jubilee Year of Hope. This Jubilee Year "offers us the opportunity to appreciate anew, and with immense gratitude, the gift of the new life that we have received in Baptism, a life capable of transfiguring death's drama." The life, death, and resurrection of our Lord Jesus Christ is the foundation of our hope. Through Christ, our sins are forgiven, death is overcome, and life is victorious.

Yet, the daily headlines remind us of how desperately our world is thirsting for the hope that only God can provide. Every day we witness the overwhelming disregard for human life: through rising rates of abortion and assisted suicide; the killing of innocent school children, even at prayer; the mistreatment of our immigrant sisters and brothers as they endure an environment of aggression; and political and ideological violence inflicted against unsuspecting victims. These attacks threaten life precisely when it is most vulnerable and in need of protection.

Despite these realities, the gift of human life exists as a sign of hope to our world today, defying the powers of darkness and the culture of death. It is of the utmost importance that we work to ensure that every life, in every stage and circumstance, is protected in law.

Earlier this year, history was made when Planned Parenthood and other big abortion businesses were banned from receiving federal Medicaid dollars for one year. I thank Catholics across the country who have embraced a [nationwide call to prayer](#) for the end of all taxpayer funding of abortion centers, and I ask that we continue those prayers throughout the month of October.

This Jubilee Year we are challenged to be agents of hope to those whose hearts are burdened by trial, difficulty, or suffering, offering them the hope that comes from Christ Jesus alone. [Walking with Moms in Need](#) and [Project Rachel Ministry](#) are just two examples of how the Church continuously reaches out with love, compassion, and mercy to those most in need of a message of hope.

As we begin Respect Life Month, together we embrace the words of Pope Leo XIV, "How important it is that each and every baptized person feel himself or herself

called by God to be a sign of hope in the world today." Each of us is called to be a witness to the Gospel of Life, proclaiming in word and deed the innate goodness and dignity of every human person.



For information on Respect Life Month, visit

<https://www.respectlife.org/>.

**Get your ProLife Flag at**

[www.prolifeflag.com](http://www.prolifeflag.com)

Follow <https://www.lifesitenews.com/> for daily updates in the pro-life arena. Contact SK Larry Cirignano at (202) 306-6863 or [larryvote@gmail.com](mailto:larryvote@gmail.com) for continual information regarding Respect Life events. God Bless and BE NOT AFRAID!

**Silver Rose Program**

*Wednesday, Oct 29<sup>th</sup> 7:30 PM Queen of Apostles*

Join thousands of Catholics across North America in asking for Our Lady of Guadalupe's intercession through the Silver Rose program. In 1960, the Columbian Squires, a youth organization of the Knights of Columbus, came up with the idea of running a rose to the Basilica of Our Lady of Guadalupe in Monterrey, Mexico, to honor Our Lady. The rose was chosen to commemorate Saint Juan Diego and the miracle of the roses. Today, eight roses travel along different North American routes that include Canada, the United States and Mexico. Every stop the Silver Rose makes throughout the pilgrimage is a rosary-centered occasion to pray for respect for life, the spiritual renewal of each nation, and the advancement of the message of Our Lady of Guadalupe. Your participation in the Silver Rose program, especially your prayers and pledge for life, are a crucial part of our mission to defend and support life in every stage and condition.





**Looking forward to December!**

You can say it's only October 1<sup>st</sup> but before you know it we will be preparing for the Christmas Season.

- December 14<sup>th</sup> will be the annual parish Pancake Breakfast with Santa. Brother cooks get your aprons ready!
- Delivery of Christmas Baskets for needy families will be on December 20<sup>th</sup>. Remember funds received from Coats for Kids support this endeavor. Last year we provided full Christmas dinners plus coats for all members of 15 families.
- Thank you to SK Vic Guevara for stepping up to coordinate the Christmas Party. More details will be forthcoming.

**Adoration Hour**

Every Saturday morning, 2:00 AM to 3:00 AM is Council 4522's Adoration Hour. Shifts can rotate for those who cannot make it every week. CAN YOU SPEND ONE (VERY QUIET) HOUR WITH OUR LORD!?

**Lecturer Reflections**

*To the person who strikes you on one cheek, offer the other one as well, and from the person who takes your cloak, do not withhold even your tunic. Give to everyone who asks of you, and from the one who takes what is yours do not demand it back. [Luke 6:29-30](#)*

This must have been shocking to Jesus' first disciples. First of all, recall that Jesus taught these words with a spiritual authority that left those with an open heart with a conviction that what Jesus taught was truth. Also recall that Jesus taught these deep spiritual lessons within the context of performing numerous miracles. So, for these reasons, His new followers would have known that what Jesus taught was true. But how could they fully accept such teachings?

Though many commentators will try to point to the deeper spiritual principles that Jesus was teaching, try to first take His words on face value. He really said that you must offer the other cheek to someone who strikes you, to give your tunic to one who steals your cloak, and to give to everyone who asks of you, never demanding back that which someone takes from you. These are not easy lessons to accept!

One thing that these powerful lessons teach us is that there is something far more important in life than the

humiliation of being struck on the cheek and having your possessions stolen. What is that more important thing? It's the salvation of souls.

If we were to go through life demanding earthly justice and retribution for wrongs received, we would not be able to focus upon that which is most important. We would not be able to focus upon the salvation of those who have wronged us. It's easy to love those who are kind to us. But our love must extend to everyone, and sometimes the form of love we must offer another is the free acceptance of injustices they commit against us. There is great power in this act of love. But we will only be able to love another this way if our deep desire is for their eternal salvation. If all we want is earthly justice and satisfaction for wrongs committed, we may achieve that. But it may come at the expense of their salvation.

Sometimes we can fall into the trap of thinking that every wrong must be righted here and now. But that's clearly not what Jesus taught. His wisdom is so much deeper. He knew that a profound act of mercy and forgiveness to another, especially when they have hurt us deeply, is one of the greatest gifts we can give. And it's one of the most transformative actions we can also do for our own souls. When love hurts, in the sense that it costs us our earthly pride, especially by completely letting go of injustice, then our act of love for that person has great

power to change them. And if that act changes them, then this will be the cause of your joy for eternity.

Reflect, today, upon any way that this hard teaching of Jesus is difficult for you. Who comes to mind as you ponder this teaching? Do your passions revolt against this command of love from Jesus? If so, then you have discovered the specific area where God wants you to grow. Think about anyone with whom you have a grievance and ponder whether you desire their eternal salvation. Know that God can use you for this mission of love if you will love in the way our Lord commands.

*My merciful Lord, Your love is beyond my own ability to comprehend. Your love is absolute and always seeks the good of the other. Give me grace, dear Lord, to love with Your heart and to forgive to the extent that You have forgiven. Use me, especially, to be an instrument of salvation and mercy to those who need it most in my life. Jesus, I trust in You.*

## Celebrate the Feast of Saint John Paul II

In honor of our Council's namesake, and this beloved saint's feast day - October 22<sup>nd</sup>

From: <https://www.usccb.org/prayer-and-worship/liturgical-year-and-calendar/saint-john-paul-ii>



On October 12, 2012, the Congregation for Divine Worship and the Discipline of the Sacraments confirmed the inscription of **Saint John**

**Paul II, Pope**, into the Proper Calendar for the Dioceses of the United States of America. Two years later, on May 29, 2014, Pope Francis ordered the inscription of Saint John Paul II into the General Roman Calendar. St. John Paul is celebrated each year as an Optional Memorial on **October 22<sup>nd</sup>**. On September 21, 2019, the Congregation confirmed a definitive translation for future use, beginning in 2020.

## Anniversary of the Beatification of Fr. Michael McGivney



Blessed Father Michael J. McGivney's Beatification Mass took place October 31, 2023. The Mass took place in Connecticut and was televised worldwide. It included the reading of an apostolic letter from the Holy Father and the bestowing of the title "Blessed" on Father McGivney.

The miracle recognized as coming through Father McGivney's intercession involved an unborn child in the United States who in 2015 was healed in utero of a life-threatening condition after prayers by his family to Father McGivney.

In an address to the Knights of Columbus Board of Directors at that time, then Pope Francis said the organization has been faithful "to the vision of your founder, Venerable Michael McGivney, who was inspired by the principles of Christian charity and fraternity to assist those most in need."

"Father McGivney has inspired generations of Catholic men to roll up their sleeves and put their faith into action," then, Past Supreme Knight Carl A. Anderson said. "He was decades ahead of his time in giving the laity an important role within the Church. Today, his spirit continues to shape the extraordinary charitable work of Knights as they continue to serve those on the margins of society as he served widows and orphans in the 1880s. Father McGivney also remains an important

role model for parish priests around the world and left us a transformative legacy of effective cooperation between the laity and clergy."

Known by his contemporaries for his devotion to the faith and his embodiment of the characteristics of the "Good Samaritan," his cause for sainthood was opened in the Archdiocese of Hartford in 1997. St. John Paul II – who was pope at that time – lauded Father McGivney's principles, stating in 2003, "In fidelity to the vision of Father McGivney, may you continue to seek new ways of being a leaven of the Gospel in the world and a spiritual force for the renewal of the Church in holiness, unity and truth."

In March 2008, he was declared a Venerable Servant of God by Pope Benedict XVI, who during his visit to St. Patrick's Cathedral cited the "remarkable accomplishment of that exemplary American priest, the Venerable Michael McGivney, whose vision and zeal led to the establishment of the Knights of Columbus." Find out more and join the Fr. McGivney Guild (for free) here <https://www.fathermcgivney.org/en/index.html>

## Election Day Is Coming - Get Out and Vote

Tuesday, November 4<sup>th</sup>, is Election Day. Knights are urged to exercise their civil right and vote in national, state and local elections. This begins by confirming your voter registration and, if not registered, to register, AND to encourage eligible family members and friends to do the same. To assist members and their families, the Knights of Columbus maintains a dedicated webpage that contains resources to assist in confirming voter registration or to register to vote – [kofc.org/vote](https://kofc.org/vote).



## Are you registered to Vote?

**Early voting for Virginia Governor and all State Legislators has begun.**

<https://www.fairfaxcounty.gov/news/early-voting-begins-friday-november-general-election>

*DID YOU KNOW? Elections ARE decided by the people who DO NOT vote.*

*They easily make up the difference between the winners and losers!*

Regrettably, not all citizens exercise this fundamental civil liberty, which so many have given so much to uphold throughout the history of our nation. Voter

turnout rates have ranged from 50 to 60 percent in the past several years. In a year of uncertainty due to the pandemic, the turnout rate could be even lower. As patriotic Catholics, we are grateful to live in a country where we have the right to vote – and the freedom to encourage all those voters around us to vote as well. That is why the Knights of Columbus sponsors its “Nonpartisan National Get Out and Vote Program,” which aims to increase voter participation in the electoral process.

Through this program, brother Knights can assist eligible voters who may lack access to the critical information necessary to ensure all may freely cast their ballot by referring them to nonpartisan resources available at [kofc.org/vote](http://kofc.org/vote) - whether voting by mail, absentee ballot or at a polling place. Working together, brother Knights can make history by improving voter participation in their communities because **Every. Vote. Matters.**

*\*Members are not permitted to engage in partisan political activity in the name of the Knights of Columbus. Partisan political activity is defined as action directed toward success or failure of a political party, candidate for political office, or political group. [kofc.org/vote](http://kofc.org/vote) contains links to nonpartisan websites maintained by the National Association of Secretaries of State and the U.S. Election Assistance Commission.*

### Commemorating Columbus Day

The voyages of Christopher Columbus were a watershed moment in the history of human civilization. Like every encounter, they offered a world of possibilities. Inspired by one of our country's first and most cherished mottos, E pluribus unum, the holiday was meant to celebrate the coming together of different worlds and honor new immigrants while, at the same time, paying homage to Native Americans. As Catholics, how should we commemorate this holiday? Find answers, including facts and short videos at [kofc.org/columbus](http://kofc.org/columbus).



### October Birthdays



Stephen Brock	10-03
Charles R. Kasenge	10-04
CDR Peter A. Barnett	10-08
PGK Albert A. Avelino Jr.	10-10
Daniel V. Penrose	10-10
Warren H. Savage Jr.	10-15
Rev. Alexander Diaz	10-18
Allen G. Valandra	10-19
Gary Joseph Rozum	10-20
Art T. Montilla	10-21
Paul B. De Zan	10-26
Rev. Ernesto Gonzalez III	10-30



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**The submission deadline for the November Newsletter is October 20<sup>th</sup>**

MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

For questions or comments, please contact Roger Williams at [jp4522@gmail.com](mailto:jp4522@gmail.com).  
Additional information and points of contact are posted on our website at [www.kc4522.com](http://www.kc4522.com).

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