

# The Knightly News

COUNCIL 4522

CHARTERED 1958



**KNIGHTS  
OF COLUMBUS**  
IN SERVICE TO ONE. IN SERVICE TO ALL.



Monthly Newsletter

October 2019

## IMPORTANT DATES IN OCTOBER

Wednesday, Oct 2<sup>nd</sup> – Officer's Meeting, 7:30 PM QofA Ministry Center

**Wednesday, Oct 9<sup>th</sup> – Full Council Meeting, 7:30 PM**

**QofA Ministry Center (in the Garage – Our "to be" new home – Weather permitting)**

Sat/Sun, Oct 12<sup>th</sup>/13<sup>th</sup> – Solicitation for Coats for Kids, KCIC Card Sales

Queen of Apostles ALL MASSES

Monday, Oct 14<sup>th</sup> – COLUMBUS DAY

Tuesday, Oct 22<sup>nd</sup> - St. John Paul II Feast Day

(Anniversary of his papal inauguration)

Saturday, Oct 19<sup>th</sup> – 9:00 AM Pray the Rosary – Stevenson St. Alexandria

Saturday, Oct 26<sup>th</sup> – Annandale Fall Parade – 4<sup>th</sup> Degree Color Guard Needed

## Grand Knight's Message

September is the end of the first quarter of the 2019/2020 fraternal year. We conducted our first membership drive on September 21 -22 and the corporate communion at the 12:00 noon Mass on September 29<sup>th</sup>. We also participated with other District Councils in the annual soccer challenge on September 29<sup>th</sup> at St. Michael's soccer field. We welcomed two new members to the council. September was a good month to us; we pray for a better progressive and caring council.

My brothers, as we previously discussed, the officers' and directors' meeting, as well as the general membership meeting in October, will be held at the Queen of Apostle Ministry Center. I look forward to seeing all the officers and directors at 7:30 pm on Wednesday, October 2, 2019, and the membership meeting on Wednesday, October 9, 2019. Let me also remind you that the state quarterly meeting is scheduled for Saturday, October 5, 2019, at Newport News, VA. Any brother interested may attend. Grand Knight and the financial secretary are expected to attend.

October is Respect Life Month. Every October, the United States Conference of Bishops offers resources and material to promote a culture of life in schools, parishes, and communities. We are encouraged to defend life through Faith in Action programs. Please visit [www.respectlife.org/October](http://www.respectlife.org/October). Columbus Day will be celebrated on October 14, 2019.

We are members of Pope John Paul II Council, but what do we know about our patron saint other than he was a Catholic Pope, the Bishop of Rome. We have to learn about him and his beliefs. Who was he and what did he teach us? The Supreme Chaplain challenged us in September to learn more about the life of one of the martyrs and how he or she was prepared to pay any price to follow Christ. The second challenge was to participate in the Faith in Action into the Breach program or read into the Breach on your own with a particular eye toward how we can best prepare to carry our crosses. I challenge and encourage you to choose or let John Paul II be the martyr of your choice to learn more about.

Remember, you have to recruit just one member into the council this fraternal year.

Thank you!

Fraternally,

Patrick Okoronkwo, GK, Council 4522



**Knight of the Month**

The Knight of the Month is John Cosgayon. John is the Chancellor and Program Director of Council 4522. He is our editor and publisher of our newsletter. He is a Eucharistic minister at Queen of Apostles parish. John recently took the Safe Environment courses which allow him to supervise and work with the young children in various Knights of Columbus activities. He is very active in the council and an exemplary Brother Knight. Congratulations Brother John!

**Family of the Month**

The Council is please to recognize the Souser Family as the Family of the Month. Brother Gerard (Chip) is a long-time member of the Council. He, wife Anne, and their children serve the Queen of Apostles parish in a plethora of ministries. Anne just chaired a very successful 2019 Ministries Fair. Both Chip and Anne are members of the pastoral council, they are music ministry volunteers, and they coordinate VBS every year, just to name a very few of their year-long efforts. Their sons are dedicated altar servers and the entire family can be found at Mass(es) every Sunday! The parish is blessed to have such an outstanding family serve in so many ways and the Council is proud to recognize them as the October 2019 Family of the Month!

**October - Month of the Rosary**

The month of October is dedicated to the Holy Rosary. According to an account by fifteenth-century Dominican, Alan de la Roch, Mary appeared to St. Dominic in 1206 after he had been praying and doing severe penances because of his lack of success in combating the Albigensian heresy. Mary praised him for his valiant fight against the heretics and then gave him the Rosary as a mighty weapon, explained its uses and efficacy, and told him to preach it to others.

Since the prayers of the Rosary come from such excellent sources — from Our Lord Himself, from inspired Scripture, and from the Church — it is not surprising that the Rosary is so dear to our Blessed Mother and so powerful with heaven.

"Today, when dangers far greater than those of the ancient Turks threaten not only Christianity but all civilization, we are urged by our Blessed Mother to turn again to the Rosary for help. If men in sufficient numbers do this, and at the same time carry out the other conditions that she has laid down, we have the greater reason for confidence that we will be delivered from our dangers." -- *Mary in our Life* by Fr. William G. Most

**Pope John Paul II Series**

St. John Paul II was a notable devotee of the Rosary. He declared a "Year of the Rosary" from October 2002 to October 2003, during which he introduced the luminous mysteries to the tradition. Saint John Paul II reflected upon the luminous mysteries as well as the role of Mary in the church, and the Rosary at large in his letter *Rosarium Virginis Mariae*. Most of the church and world have focused on the introduction of these "new" mysteries, however a mystery cannot be new, it always has been and always will be a mystery absent Divine revelation. His letter is also full of rich tradition, and inspired teaching and can be found online at: [https://w2.vatican.va/content/john-paul-ii/en/apost\\_letters/2002/documents/hf\\_jpii\\_apl\\_20021016\\_rosarium-virginis-mariae.html](https://w2.vatican.va/content/john-paul-ii/en/apost_letters/2002/documents/hf_jpii_apl_20021016_rosarium-virginis-mariae.html)

The luminous mysteries of the Rosary center around the public life of Jesus. The Gospel writers dedicated much of their writings to this portion of His life and much of the liturgical year centers around these events and Scriptures. The events of the sorrowful mysteries are well documented in all the Gospels and were witnessed by many immediately before Jesus' resurrection.



The joyful mysteries center around the incarnation of Our Lord. This time of Jesus' life is somewhat secretive. Three decades had passed before Jesus fulfilled his final purpose on earth, and more decades had passed before anyone chronicled the events in writing. The amount of information available and the number of followers from His birth to adolescence is limited, making these mysteries particularly Marian in character. It was during this time that Mary's bond with Jesus was strengthened as he relied upon her daily for teaching, nourishment, and comfort. This was a time where she would get to know him like no other human being could.

Between His birth and Passion, He delivered some of the richest teaching of the Gospels. The luminous mysteries begin with the start of Jesus' overt religious life as embodied by his baptism. This is an experience we all share with Christ, and it is how we too started our

religious lives in this world. Christ's first sign, the changing of water into wine at the wedding at Cana, performed with Mary's encouragement is a fitting mystery of light because it is the first of many signs meant to open the eyes of mankind to the Divine person of Jesus. The proclaiming of the Kingdom (the third mystery) encompasses all the ways Jesus revealed His knowledge of the Father to our hearts, minds, and souls through his teaching. The Transfiguration is the mystery most directly associated with light, as Jesus physically shows us the changes that we too can undergo if we are faithful servants of God. Lastly, the institution of the Eucharist embodies Jesus' continuing presence in this world, for our sake, after he has suffered death, resurrection, and ascension into heaven. Jesus is the light of the world, and through the Eucharist, he remains with us until the end of days.

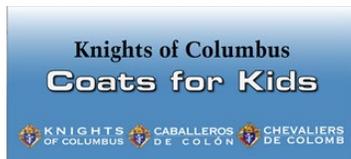
### Pray the Rosary - Everyday!

#### Happy October Birthdays!



Stephen J Brock	10-03
Charles R Kasenge	10-04
Alvin V Anceravage	10-07
CDR Peter A Barnett	10-08
PGK Albert R Avellino Jr	10-10
Daniel V Penrose	10-10
Robert S Jack li	10-11
Warren H Savage Jr	10-15
Christopher A Reid	10-16
Allen G Valandra	10-19
Gary Joseph Rozum	10-20
Art T Montilla	10-21
Paul B De Zan	10-26
Jonathan Matzinger Lash	10-26
Rev. Ernesto Gonzalez III	10-30
Frank J Polink Jr	10-30

#### Coats for Kids



Don't forget! We are soliciting monetary donations for this year's, Coats for Kids Campaign. We cannot accept used...even

new coats. We have to purchase the new wrapped coats directly from Supreme, so we need your MONEY/CHECKS...

Checks should be made out to KofC 4522. Please include, "Coats for Kids" in the note line of the check. Cold, hard, cash will also be gladly accepted on behalf of the children that we will keep warm this year.

Please send your donations as soon as possible to:

Roger Williams, PGK and Financial Secretary  
4009 Whispering Lane  
Annandale, VA 22003

#### Casey Women's Club

September brings us a new CWC season. We all enjoyed a delicious lunch at the *Tempo Restaurant* on Thursday, September 12<sup>th</sup> with friends and an excellent menu. There was bingo after lunch, and it was an amazing time!

Though we did not have a formal meeting several items were discussed; "Coats for Kids" sponsored by John Paul II Council is in full swing, Ruth Brophy assisted by Ruth Zirkle will chair our Christmas fundraiser of See's Candy, she will have flyer/order forms at the October 10<sup>th</sup> meeting, 2019-2020 dues are payable to Ethel Apostolico.

Monthly Retiree lunch is Tuesday, October 29<sup>th</sup> at Noon.

God bless you, enjoy the rest of summer and stay healthy!

Connie King, President

#### Reminder

All editions of The Knightly News, past and current, are available on the Council website at [www.kc4](http://www.kc4)



**October is Respect Life Month!****Twenty things YOU can DO!**

1. **40 Days for Life** started Wednesday, September 25<sup>th</sup> and goes until Sunday, November 3<sup>rd</sup>. Sign up to spend an hour praying on the sidewalk of an abortion mill\*. We know that up to 75% of all abortion appointments get cancelled when people are outside praying. \*5999 Stevenson Ave. (the DaVita Dialysis building across the street from Landmark Towers at the intersection with Whiting St.) Contact Jim & Geneva Park [jim.geneva@cox.net](mailto:jim.geneva@cox.net)
2. Please consider having a Mass said for the abortionists. Pray for them by name. [www.abortiondocs.org](http://www.abortiondocs.org) has the list of all known centers and their health code violations.
3. You can be part of the National Abortion Awareness project by holding signs over the overpass at Duke and I-395. Morning and evening rush hours are best. <https://prolifeaction.org/action/bridges/>  
Joe Schiedler and his son Eric have signs and a book of prayers available for sale. <https://prolifeaction.org/>
4. There is one burial place of aborted children in Virginia. <http://abortionmemorials.com/> Please visit and pray for them  
  
Burial Site of 227 Aborted Babies  
Truro Anglican Church  
10520 Main Street  
Fairfax, VA 22030  
[Map and Directions](#)
5. Get your [www.Choose-Life.org](http://www.Choose-Life.org) license plates. Only \$25 (+\$10 if you want to personalize it.) It's an easy way to save a life and help promote adoption. Lots of yellow ties, scarfs, hats etc too.
6. Our own Cora Wack set up a pro-life table at the farmers market. She went back to school, but you could keep up the tradition.  
[https://www.catholicherald.com/News/Local\\_News/Pro-Life/Students\\_spread\\_the\\_pro-life\\_message\\_at\\_farmers\\_market/](https://www.catholicherald.com/News/Local_News/Pro-Life/Students_spread_the_pro-life_message_at_farmers_market/)
7. Have you watched the movie *UNPLANNED?* It is available online. Get a few friends and watch it.  
<https://www2.go123movies.io/movie/unplanned/>
8. Watch the movie Maafa 21 <https://www.maafa21.com/> a documentary about Black history and abortion
9. Heritage House [www.HH76.com](http://www.HH76.com) has all kinds of Pro Life things to buy. Pens, jewelry, bookmarks, bumper stickers, etc. Get your baby feet lapel pins.  
[https://www.hh76.org/details.aspx?prod\\_id=21225](https://www.hh76.org/details.aspx?prod_id=21225)
10. Fill up a baby bottle with your spare change and help us build a Pro Life fund for the parish.
11. Put up the pink and blue flag display to memorialize the babies who have died. This graphic reminder display can inspire people to react to the reality of the enormity of the abortion problem. <https://www.hh76.org/default.aspx?GroupID=6> Jesus Forgives PINK - Abortion kills babies BLUE.
12. Join us for the Rosary every Saturday after 8 am Mass at Q of A.
13. Join us for the Rosary every third Saturday at 5999 Stevenson Ave at the corner of Whiting St in Alexandria. Across the street from Landmark Towers in the DaVita dialysis building.
14. Host a baby shower for a mom in need. As simple as punch and cookies and a collection of gift cards.

15. Angel giving tree. Project Gabriel is the Catholic Diocese program to assist pregnant women. We put up a giving tree at Christmas for people to grab an angel and stick it in an envelope with a check. [https://www.arlingtondiocese.org/Find-Support/Pregnancy-Assistance/Pregnancy-Assistance-\(Gabriel-Project\)/](https://www.arlingtondiocese.org/Find-Support/Pregnancy-Assistance/Pregnancy-Assistance-(Gabriel-Project)/)

(Don't wait for Christmas!! You could help us with turkeys for Thanksgiving or hearts for February or shamrocks for March, Easter eggs for Easter. The need is constant all year long.)

16. Help us collect baby goods, food, diapers, formula, cribs, car seats, baby wipes, gift cards.

17. Go online and sign up for updates from LifesiteNews.com <https://www.lifesitenews.com/> share them and their stories.

18. Go online and sign up for updates from LifeNews.com <https://www.lifenews.com/> share them and their stories.

19. Sign up for VACatholic.org <https://vacatholic.org/> the Catholic lobbying office in Richmond. Get their alerts and contact your legislators.

20. Sign up for alerts from the US Catholic Conference of Bishops <https://www.votervoices.net/USCCB/home> contact your elected representatives. Ask for a vote on Infant born alive.

**SUPPORT LIFE!**

To read/learn more visit: <http://www.kofc.org/un/en/liberty-life-family/culture-of-life.html>



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**The submission deadline for the November 2019 Newsletter is October 20th**

MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

For questions or comments, please contact the Editor, John Cosgayon at [johnnicholascosgayon@gmail.com](mailto:johnnicholascosgayon@gmail.com).  
Additional information and points of contact are posted on our website at [www.kc4522.com](http://www.kc4522.com).

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