

The Knightly News

COUNCIL 4522

CHARTERED 1958



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.



Monthly Newsletter

November 2025

IMPORTANT DATES IN NOVEMBER

Tuesday, Nov 4th – Election Day
 Wednesday, Nov 5th – Officer's Meeting, 7:30 PM ZOOM
 Tuesday, Nov 11th - Serving those in need at CHRIST HOUSE – 3:15 PM Muster
Tuesday, Nov 11th – Veterans' Day
 Wednesday, Nov 12th - **Remembrance Mass**, 7:00 PM @ Queen of Apostles
 Sat/Sun, Nov 15th/16th – Solicitation for Coats for Kids, KCIC Card Sales
 Queen of Apostles ALL MASSES
 Thursday, Nov 27th – Thanksgiving Day – Give Praise and Thanks!



Election Day

is Tuesday, November 4th! Be sure to get out and vote! We cannot stand idly by, especially complaining about our politicians, if each and every one of us does not get out and exercise our constitutional right to vote! Here is a good resource website/document for your consideration: <https://vacatholic.org/action-center/Election2025/>

A Message from the Grand Knight

November brings us the opportunity to give thanks for our many blessings. As Catholics we mark a special month of remembrance of our deceased relatives and friends and call to mind the saints who guard and guide us during our earthly life.

I am sure most everyone has experienced some sort of difficulty this year, some more than others. We can call upon the saints to support us in most every situation. **"Pray without ceasing. In all circumstances give thanks, for this is the will of God for you in Christ Jesus"** (1 Thessalonians 5:16-18).

Our newsletter this month is full of activities to participate in. I am grateful to be part of an active Knights Council, where we serve the community together in Brotherhood.

On November 12th we will have our annual Remembrance Mass for deceased members. I hope we see a few more seats filled in the church this year. I am also inviting family members of any deceased Brothers, not just those from the last year. We want to remember all the Brothers who were members of our council and worked hard to bring it to where it is today. If you know

of a deceased Brother we should remember, send me the name by November 10th.

I hope you kept up the Rosary challenge, and continue in November—even a decade a day will make the Blessed Mother smile.

I wish all of you and your family a blessed wonderful Thanksgiving holiday. In spite of the turmoil, we experience in our lives and world, we have much to be thankful for, especially a God who loves us unconditionally.

Please keep your Brother Knights and their families in your prayers. I will continue to pray for each of you and ask you to pray for me.

Remember to Follow Christ's Way – there is none better!

Fraternally,
GK Rick Sacra

Knight of the Month

This month the Council recognizes SK Vince Guevara as our November Knight of the Month. SK Vince graciously assisted with card sales during the Spanish Masses. He has been a member of the Knights of Columbus for 10 years and we are sure there are important things ahead for him in the Council. SK Vince always jumps in and helps out when needed. We are grateful for Vince's presence and pleased to recognize SK Vince Guevara as our November Knight of the Month!

Family of Month

This month we recognize SK Joseph and Lady Linda Lipari as the Council Family of the Month. Joe and Linda have been members of Queen of Apostles Parish for about 40 years and Joe has been a member of our Council for just as long. Throughout all this time Joe and Linda have remained faithful to our church and always supportive of Council 4522. We are happy to recognize SK Joe and Lady Linda as the November Family of the Month.

Adoration Hour

EVERY Saturday morning, 2:00 AM til 3:00 AM is the Council 4522 Adoration Hour. Shifts can rotate for those who cannot make it every week. CAN YOU SPEND ONE HOUR WITH OUR LORD!? Contact any Council Officer for more information!

CALLING ALL KNIGHTS!**CHRIST HOUSE MEAL – November 11, 2025**

West St, Alexandria, VA

Council 4522's turn to serve meals to those in need. A good "Thanksgiving" opportunity to show appreciation for your blessings of home and food. Meet at Christ House at 3:15 PM. Many thanks to WDGK Danny Restivo for continuing to supply all the goods for the meal.

REMEMBRANCE MASS – November 12th, 7:00 PM

Queen of Apostles Church

Our annual mass to remember those of our council who have passed away, in the last year, as well as all deceased members. Please plan to attend the mass and reception afterwards. We would like to reach out to the families of deceased Brothers and invite them as well. If you know of someone to invite, please extend the invitation and let WGK Rick know.

KEEP CHRIST IN CHRISTMAS/COATS FOR KIDS – November 15 and 16 after all masses

Church Vestibule

This will be a busy sales day as we are closer to Christmas. Tuan, our Worthy Treasurer, will be handling this sale alone, we really need helpers to hang out at the card table with Tuan throughout the day.

If we have people collecting at all doors of the church, we can go a long way towards paying for the coats. We also have a QR code for easy scanning and making online donations.

SUNDAY SOCIAL**December 7th/Women's Group Craft Sale**

Our Grand Knight, Sunday Social coffee meister, will be in Italy with the Parish Pilgrimage on December 7th. The

Sunday Social will go on in conjunction with the Women's Christmas Craft Sale. Hands are needed to make coffee, serve donuts, setup and cleanup. Thanks to DGK Danny Restivo and Chancellor, SK Jay Moore who will lead the effort and--need many more hands to help them!

Parish Santa Breakfast - Sunday, December 14th after the 8:00, 10:00 and 12:00 Noon masses.

We need egg cookers, pancake makers, sausage warmers servers and helpers. Please plan to be at Hannan Hall between 7:00 AM to 2:00 PM to participate in this fun event serving our parish. Many hands make the work light and fun! Thanks to those who have already said they would help! Please RSVP to GK Richard Sacra by December 2nd.

Food Basket Preparation for Poor Sisters of Saint Joseph needy families – December 20th 10:00 AM

Hannan Hall

Pope John Paul II will provide food donations to fill 15 baskets. The Poor Sisters of St. Joseph will distribute the baskets—along with Coats for Kids to 15 disadvantaged families. Knights AND their families are encouraged to share some Holiday Spirit by helping to fill the 15 baskets. Join in and help create festive gifts for these families in need of our work of mercy. Light refreshments and Christmas music will help you enjoy the morning.

- Pick up food basket donations – December 19th —details are still being sorted out. A few individuals are needed to help with local pickups (Giant, Harris Teeter, ACCA). Pickups will be during the day at a mutually agreed to time.
- Saturday, December 20st from 9:00 AM til Noon we'll fill the baskets and sort out the coats for kids! Please come join us in the Knights Hall in the Guadalupe Center, then deliver them to the PSSJ for distribution

CHRISTMAS PARTY**RESCHEDULED FOR JANUARY 10, 2025**

Pope John Paul II Council Christmas Party

At our October General Meeting it was decided to move the party to January. After the Holiday Rush, during the real Christmas Season, we will celebrate together. We have combined the picnic and Christmas Party budgets to make a pleasant family friendly event. We hope to also have the party catered. SK Vince Guevara has courageously stepped up to chair a party committee. Please reach out to SK Vince to help out with your ideas and helping hands.

Annual Council Assessment (Dues) Upcoming!!

Just a quick note to remind you now, that the 2026 Council Assessment (\$55 for full members) will be coming DUE in early-January 2026! If you have an email address on file, you will only get an email assessment

notice—you will not get a paper “bill.” Emailing the assessments will continue to save the Council more money in postage and supplies. You are strongly encouraged to validate your current email OR send us a new/latest email to the Financial Secretary, SK Daniel Penrose at jpii4522@gmail.com as soon as possible.

Notices, by Order guidance, are not allowed to be sent to members before December 15th, so look for your notices sometime soon thereafter and be ready to remit your dues immediately. Each year, we spend an enormous amount of time and effort tracking down tardy payments. Time and resources would be much better spent on spreading the Lord’s Word and performing acts of mercy. And remember, whether you pay or not—the Council still must pay your share to both the Virginia State Council, Supreme, and Right to Life activities. Thank you in advance for your support and cooperation!!

Lecturer’s Reflection**Fifteen Minutes in the Company of Jesus in the Blessed Sacrament**

My child, you need not know much in order to please Me: Only love Me dearly. Speak to Me simply, as you would talk to your mother, if she had taken you in her arms. Have you no one to recommend to Me? Tell Me the names of your relations, and of your friends; after each name add what you wish Me to do for them. Do not hesitate to ask a great deal! I love generous hearts that forget themselves for others. Speak to Me, with simplicity, about the poor whom you want to help; the sick whom you have seen suffer; the sinner whom you would convert; the persons who are alienated from you, and whose affections you wish to win back. For all, recite a fervent prayer.

Remind Me that I have promised to grant every prayer that comes from the heart; and surely the prayers are heartfelt which we say for those whom we love, and who love us. Have you no favors to ask for yourself? Write, if you like, a long list of all your wishes—all the needs of your soul—and come and read it to Me. Tell Me frankly how self-indulgent you are; how proud; how touchy; how selfish; how cowardly; how idle...and ask Me to help you to improve. Poor child! Do not blush! There are in

heaven so many saints who had the same faults as you! But they prayed to Me, with humility; and little by little, they were freed from their defects.

Do not hesitate to ask for the goods of body and mind—for health, for memory, for success in your work, business, or studies. I can give you everything, and I always give when the gifts would make souls more holy. What do you want today, My child? Oh, if you knew how I long to do you good!

Have you no plans to interest you? What can I do for you? Do you have any projects that you are working on? Tell Me about them. Do they concern your vocation? What are you worried about? What do you think of? What would you like? Are you planning some pleasure for your mother, your family, your guardian? What do you wish Me to do for them? And have you no thoughts of zeal for Me? Are you not anxious to do a little good for the souls of your friends, for those whom you love, and who, perhaps, have forgotten me? Tell me what interests you; what motives urge you; what you yearn for; what means you wish to take.

Confide in Me your failures. I will show you the cause. Whom do you wish to see interested in your work? I am the Master of all hearts, My child, and I lead them gently, without damage to their freedom, where I please. I will place about you those who are necessary to you: Never fear! Have you nothing that annoys you? My child, tell Me your annoyances with every detail. Who has pained you? Who has wounded your self-love? Who has treated you contemptuously? Come closer to My heart, that has the balm to cure all of your wounds. Tell Me all, and then say that you forgive everything and forget all, in My likeness, and I will give you My blessing to comfort you. Do you dread something painful? Is there in your soul a vague fear which seems unreasonable and yet torments you? Throw yourself into My arms and trust fully in My providence. I am with you; here, by your side. I see everything. I hear it all. I will not leave you. Are there about you friends who seem less kind than formerly, who neglect you through indifference or forgetfulness without your having consciously done anything to wound them? Pray for them, and I will restore them to you, if their companionship is not an obstacle to your sanctification. Have you no joy to tell Me?

Why not confide to Me your pleasures? Tell me what has happened since yesterday to console you, to make you happy, to give you joy. An unexpected visit has done you good; a fear has been suddenly dispelled; you have met with unlocked-for success; you have received

some mark of affection—a letter, a present; some trial has left you stronger than you supposed. All these things, My child, I obtained for you. Why are you not grateful? Why do you not say, “I thank You”? Gratitude draws benefits, and the benefactor loves to be reminded of his bounty. Have you no promises to make Me? You know I read the very bottom of your heart.

Men are deceived easily; but God is not. Be frank; speak to me with all sincerity. Are you resolved to avoid that occasion of sin, to give up the object which leads you astray, not to read the book which excites your imagination, to withdraw your friendship from that person who is irreligious and whose presence disturbs the peace of your soul? Will you go at once and be kind to that companion who annoyed you? Well, My child, go now and resume your daily work. But do not forget the minutes we have shared together. Go now and practice silence, modesty, honesty, patience, and charity.

Love My mother, who is also your mother, the Blessed Virgin, and return again tomorrow, bringing Me a heart even more devoted and loving. Tomorrow I shall have new favors for you, In My heart, you will always find new love, new benefits, new comforts.

What it means to be a Knight!

“A Knight lives by faith and leads by creative courage. Faith and courage compel us to be men of charity. It is often said, “Where there’s a need, there’s a Knight.” And we prove it every day. We feed hungry families, give coats to kids, protect the vulnerable from catastrophe, defend the unborn, and build homes for the homeless in our communities.



But we are not merely volunteers. **We are servants of Christ who see his face in those we serve.** Ours is a charity that evangelizes. Ours is a charity that brings people to faith, even as it springs from our

own. Faith and courage inspire us to be men of unity. The Knights are known as the “strong right arm of the Catholic Church.” We have always been firmly united with the pope, the vicar of Christ. We stand with our bishops, support our priests and aid in the formation of seminarians and religious. We strengthen the family — the domestic church — helping men build strong marriages and raise faithful children. We strive to be the family’s first line of defense, encouraging men to embrace their vocation to heroic generosity and self-sacrifice.

We are called to protect the truth from those who deny it and bring the truth to those who need it. Our fidelity to Christ is the source of our unity; we are proud to proclaim it, far and wide. Finally, faith and courage bind us together in fraternity. A Knight of Columbus is never alone. Each one of us stands side-by-side with brothers — in our parish and around the world. At a time when men are increasingly isolated, we offer solidarity. At a time when men are searching, we offer meaning and mission. Fraternity amplifies all we do. It broadens our charity and deepens our unity. Alone, a man can do good works. Alongside his brother Knights, he can rise to greatness.

So, what does it mean to be a Knight? It means a life of faith in action, a life of boldness in brotherhood, a life worth living. Catholic men are looking for nothing less. In the Knights of Columbus, they will find it.”

Editors’ note: As a Knight, have you found it? Next time someone asks you why you joined the Knights, perhaps you can point to these attributes. Perhaps the next time you receive a call or email asking for assistance for one of our many activities, you can look back at this and remember what it is to be a Knight. Perhaps if we all align ourselves with these acts of kindness, charity, and faith (even in one another), we—our Council—can be daily, living proof of Blessed Fr. McGivney’s vision.

Are you a federal retiree?

Did you know, that as a federal retiree, you can now



contribute to your favorite charity through the Combined Federal Campaign—just as you did while working? And how wonderful would it be if you selected

KOVAR, as one of those charities? KOVAR’s CFC number is 42569. For more information, please visit: <https://cfcgiving.opm.gov/welcome> You can make your donations through December 31, 2025.

Happy November Birthdays

Rev Anthony N Kinuthia	11-05
Milton Cruz	11-15
Leonard A Mastrofini	11-21
Ernesto Gonzalez	11-22
Brian J Litchfield	11-23
Andrew F Zaccardi	11-23
John A Martin	11-24
Philip H Sheridan	11-26
Tuan Nguyen	11-27
Daniel C Amadi	11-30

Reminder

All editions of The Knightly News, past and current, are available on the Council website at www.kc4522.com



May God Bless you ALL



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The submission deadline for the December Newsletter is November 20th

MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

For questions or comments, please contact Roger Williams at jpii4522@gmail.com.
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