

COUNCIL 4522

CHARTERED 1958





Monthly Newsletter

November 2021

Important Dates This November

Monday, Nov 1st – All Saints' Day Tuesday, Nov 2nd – Election Day Tuesday, Nov 2nd – All Souls' Day Wednesday, Nov 3rd – Officer's Meeting, 7:30 PM ZOOM Tuesday, Nov 9th - Serving those in need **at** CHRIST HOUSE – 3:15 PM Muster Wednesday, Nov 10th - **Remembrance Mass**, 7:00 PM @ Queen of Apostles Wednesday, Nov 10th – **Degree Exemplification**, 7:45 PM @ Queen of Apostles Thursday, Nov 11th – VETERANS' DAY Sat/Sun, Nov 13th/14th – Solicitation for Coats for Kids, KCIC Card Sales Queen of Apostles ALL MASSES Saturday, Nov 20th – 9:00 AM Pray the Rosary – 5999 Stevenson Ave. Alexandria Thursday, Nov 25th – Thanksgiving Day – Give Praise and Thanks! Sunday, Nov 28th – First Sunday of Advent

Grand Knight's Message

I would like to extend my sincere thanks to the brother Knights who helped collecting for Coats for Kids and selling Christmas Cards for the Keep Christ in Christmas initiative. Your hard work helps provide warm winter coats for needy local children and benefits seminarians. Thanks for your dedication to these worthy causes.

Recruitment has been good this year and the Council has its exemplary members to thank. We currently have 3 new brother knights (Christopher Goss, Marco Saavedra, and Maxwell Mitchell) awaiting their combined exemplification. We also added 2 new brother Knights in September (Curtis Hubbard and Jerome McAvoy) as well as two worthy Brothers who have transferred into the Council (Mike Kim and Kevin Beck).

Our council will be hosting an exemplification after our November remembrance Mass. This is a great opportunity to honor our past members and welcome our new members at the same time. The mass will begin at 7:00 PM on November 10, and the exemplification will immediately follow. The exemplification will be followed by light refreshments and fellowship at the Knights meeting room in the Parish Center. Please invite your friends and family to this event! If you are interested in assisting in the exemplification, please reach out to me (<u>dpenrose@engineer.com</u>) and let me know. We are still in need of Brother Knights to read the parts. I would like to practice via Zoom after the Officer's meeting on Wednesday November 3. The parts can be read, and the attire for presenters will be a dark suit. Please help us as we start hosting our own exemplifications. Hopefully there will be many more in the future, and each one will become easier.

I always encourage occasional attendance at the Officers' meeting, and November is a great month as there is no General Business Meeting. Bless you all and I hope to see you at the Mass and exemplification on November 10.

Fraternally, GK Daniel Penrose



Election Day

is Tuesday, November 2nd ! Be sure to get out and vote!



We cannot stand idly by, especially complaining about our politicians, if each one of us does not get out and exercise our constitutional right to vote! Here is a good resource for your consideration:

website/document for your consideration https://vacatholic.org/action-center/catholics-vote-2021/

Council 4522 Knightly News

September 2021

Knight of the Month

The Council recognizes SK Craig Delaney, PGK as this month's Knight of the Month! SK Craig may not be the most visible of our Brothers, but he is instrumental in keeping the Council, the Casey Club and the Foundation running smoothly. A Saint Michael's parishioner, he found time to come over to Queen of Apostles to assist with the October Coats for Kids Drive and KCIC sales campaigns. An exemplary Knight, we are truly blessed to have him and his talents as part of Pope John Paul II Council 4522!

PSD Kehoe Elected to Supreme Board of Directors

Supreme Director Stephen Kehoe served as our State Deputy from 2017-2018. His career has spanned the telecommunications and government contracting industries. He has been a Knight for more than 33 years and is a member of the Father Francis Diamond Council 6292 and Fr. Walter Malloy Assembly 1894, both in Fairfax, VA (St. Leo's parish). Supreme Director Kehoe was also the Keynote Speaker at our Council's 60th Anniversary Celebration in April 2018. He and his wife, Wendy, have four children. We wish Supreme Director Kehoe success and blessings in his new position in the Order. May God continue to bless him and his family.

What it means to be a Knight!

(reprinted from Oct Columbian Magazine – In case you missed it) "A Knight lives by faith and leads by creative courage. Faith and courage compel us to be men of charity. It is often said, "Where there's a need, there's a Knight." And we prove it every day. We feed hungry families, give coats to kids, protect the vulnerable from catastrophe and defend the unborn.

We rebuild churches in the Middle East and build homes for the homeless in our communities. But we are not merely volunteers. We are servants of Christ who see his face in those we serve. Ours is a charity that evangelizes. Ours is a charity that brings people to faith, even as it springs from our own. Faith and courage inspire us to be men of unity. The Knights are known as the "strong right arm of the Catholic Church." We have always been firmly united with the pope, the vicar of Christ. We stand with our bishops, support our priests and aid in the formation of seminarians and religious. We strengthen the family - the domestic church helping men build strong marriages and raise faithful children. We strive to be the family's first line of defense, encouraging men to embrace their vocation to heroic generosity and self-sacrifice.

We are called to protect the truth from those who deny it and bring the truth to those who need it. Our fidelity to Christ is the source of our unity; we are proud to proclaim it, far and wide. Finally, faith and courage bind us together in fraternity. A Knight of Columbus is never



alone. Each one of us stands sideby-side with brothers — in our parish and around the world. At a time when men are increasingly isolated, we offer solidarity. At a time when men are searching, we offer meaning and mission. Fraternity amplifies all we do. It

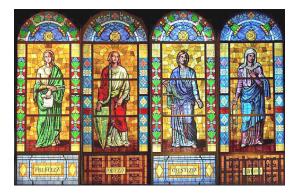
broadens our charity and deepens our unity. Alone, a man can do good works. Alongside his brother Knights, he can rise to greatness.

So, what does it mean to be a Knight? It means a life of faith in action, a life of boldness in brotherhood, a life worth living. Catholic men are looking for nothing less. In the Knights of Columbus, they will find it."

Editors' note: As a Knight, have you found it? Next time someone asks you why you joined the Knights, perhaps you can point to these attributes. Perhaps the next time you receive a call or email asking for assistance for one of our many activities, you can look back at this and remember what it is to be a Knight. Perhaps if we all align ourselves with these acts of kindness, charity, and faith (even in one another), we—our Council—can be a daily, living proof of Blessed Fr. McGivney's vision.

The Four Cardinal Virtues: Temperance

Before diving into the last of the Cardinal Virtues, let's take a quick tour of the three we have covered. **Prudence** is the "charioteer" of all the virtues, which takes stock of the reality around us, discerns, and decides. **Justice** is the will to do right by God and our fellow man. **Fortitude** is that virtue that calls for firmness and stick-with-it-ness in the pursuit of a true good.



When I hear the word "temperance", one of the first quotes I usually think of is from St. Augustine: "Lord, make me chaste, but not yet!" Temperance is much larger than just controlling oneself through sheer willpower. The Catechism defines temperance as that "moral virtue that moderates the attraction of pleasures

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and provides balance in the use of created goods. It ensures the will's mastery over instincts and keeps desires within the limits of what is honorable." At first, that may seem to be a call for willful control over our own desires. Instead, it is a call to direct our desires towards a higher plane and, to quote a noted theologian, "to dispose various parts into one unified and ordered whole."

Unlike the other virtues, temperance distinguishes itself as it is directed to the self. In our daily life, we should consider everything we do through the prism of our faith, including the direction of our desires. Those very inclinations and desires, when directed through the prism of God, are the things that lead to life, community, and prosperity. Yet, if they are disordered, they benefit no one but us and, pursued long enough, leads to selfdestruction. Instead, ordering those very same inclinations to God is the wellspring of temperance. It is, as Josef Pieper puts it, "selfless self-preservation."

This month's saint is St. Camillus de Lellis. He's not one of those saints whose name readily comes to mind, yet he is one of the great ones. A man of great stature (6.5 feet!), he spent his youth as a mercenary soldier, earning money just to gamble. He was a ruffian who eventually ended up homeless. He worked odd jobs, one of them being at a friary where a friar told him "God is everything. The rest is nothing. One should save one's soul which does not die." This was a turning point for Camillus. He turned inward and to God, ordering his "various parts into one unified and ordered whole." He ended up volunteering at the hospital where he once convalesced. Through his great zeal and right-ordered selflessness, he eventually became the director of the eventually founded a religious hospital. and organization. By the time of his death, he had founded eight hospitals.

Brothers – let us exercise these four virtues as we lead our daily lives, in every endeavor we undertake – no matter how big or small. Let us always keep our eyes on Jesus and our Holy Mother Church.

Annual Council Assessment (Dues) Upcoming!!



Just a quick note to <u>remind you</u> <u>now</u>, that the 2022 Council Assessment (\$55 for full members) will be coming due in Mid-January 2021! If you have an email address on file, you will only get an email assessment notice—

you will not get a paper "bill." Emailing the assessments will continue to save the Council more money in postage and supplies. You are strongly encouraged to validate your current email OR send us a new/latest email to the Financial Secretary, Roger Williams at jpii4522@gmail.com as soon as possible.

Notices, by Order guidance, are not allowed to be sent to members before December 15th, so look for your notices sometime soon thereafter and be ready to remit your dues immediately. Each year, we spend an enormous amount of time and effort tracking down tardy payments. Time and resources would be much better spent on spreading the Lord's Word and performing acts of mercy. And remember, whether you pay or not—the Council still must pay your share to both the Virginia State Council, Supreme, and Right to Life activities. Thank you in advance for your support and cooperation!!

Casey Women's Club

Our meeting was held on Thursday October 14th. We discussed whether to do a See's Candy Fundraiser for this Christmas season—more details to follow. The monthly retiree luncheon was held on Tuesday, October 26th—bunco followed as usual. Birthday wishes in November for: Ileana Stone, 12th, Lenore Principato, 22nd, and Ruth Zirkle, 30th. Best wishes to all! Our prayers to all on the sick list. Next meeting will be Thursday, November 11th.

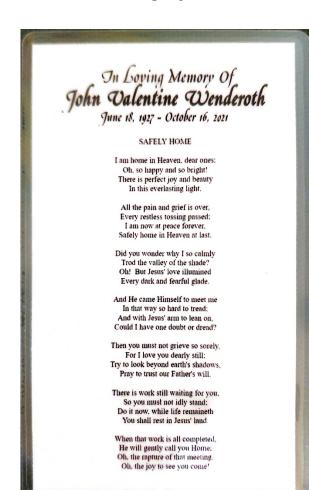
Geri Owen | Vice President

November 2021 Birthdays

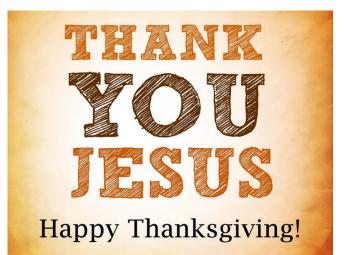


Rev. Anthony N. Kinuthia	11-05
Alberto C. Bueno	11-16
Neil A. Bingaman	11-19
Julius F. Ewen	11-21
Leonard A. Mastrofini	11-21
Ernesto Gonzalez	11-22
Andrew F. Zaccardi	11-23
John A. Martin	11-24
Philip H. Sheridan	11-26
Daniel C. Amadi	11-30











THE KNIGHTLY NEWS IS PUBLISHED MONTHLY BY POPE JOHN PAUL II COUNCIL 4522 4200 MARTIN AVE., ANNANDALE, VA 22003 TELEPHONE: 703-992-0129 WEBSITE: www.kc4522.com

The submission deadline for the December Newsletter is November 20th

MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

For questions or comments, please contact the Editor, John Cosgayon at jncos95@outlook.com. Additional information and points of contact are posted on our website at www.kc4522.com.

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