

The Knightly News

COUNCIL 4522

CHARTERED 1958



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.



Monthly Newsletter

May 2025

IMPORTANT COUNCIL DATES IN MAY

EVERY Saturday morning at 2:00 AM – Our Holy Hour – Adoration @ Queen of Apostles Chapel

Wednesday, May 7th – Officer's Meeting, 7:30 PM - ZOOM

Sunday, May 11th – Mother's Day

Tuesday, May 13th – Christ House/Serving Dinner – Muster @ Christ House @ 3:15 pm

Wednesday, May 14th – General Business Meeting, 7:30 PM (7:00 PM for the Rosary)

Blessed Fr. McGivney Room/QofA Parish Center and ZOOM

Sat/Sun, May 18th/19th – Membership Drive, After ALL Masses at QofA

Monday, May 25th - Memorial Day

Grand Knight's Message

My brothers, a few weeks ago, I was concerned about the future of our Council because we were unable to fill in the slate of officers. However, a week ago, my worries were eased, and joy returned—though only for a short time. Sadly, we all received the news of the passing of our spiritual leader and head of the Church, Pope Francis. As we mourn his loss, let us remember that he always encouraged us to engage in prayer. He taught us that prayer is everything. May his soul rest in peace.

I would like to express my heartfelt gratitude and appreciation to our dear brother, SK Roger Williams. When I transferred to the Council, Roger served as the Grand Knight, and since then, he has consistently contributed in various roles improving the Council in every aspect. Even after moving over 500 miles away, he remained dedicated to his service. However, the time has come for him to step back, particularly due to the challenges posed by the distance.

Brother Roger has always been someone who values being physically present in his service, and we all recognize that this has become difficult for him considering how far away he is. For years, Roger has been a pillar that has held the Council together, and his family has consistently supported him in all his endeavors. I am truly grateful for everything Roger has done and for the impact he has made on the Council.

He wouldn't step back until he helped recruit a strong and competent Financial Secretary, PGK Dan Penrose. The combination of Brother Tuan Nguyen as our Worthy Treasurer and PGK Dan Penrose as the Financial

Secretary provides our Council with excellent financial leadership going forward.

The slate of officers for the fraternal year 2025/2026 is nearly complete; however, we still need candidates for the positions of Chancellor and Outside Guard. If you or anyone you know might be interested in either of these positions, please contact Roger immediately. Neither are demanding positions but will enable one to understand the management functions of the Council and provide invaluable opportunities for fraternity and evangelization. Please consider taking the next step in your journey in the Order.

The next officers' meeting is set for Wednesday, May 7, 2025, at 7:30 PM, followed by the full membership meeting on Wednesday, May 14, 2025. The rosary will begin at 7:00 PM, followed by the meeting at 7:30 PM.

Vivat Jesus!

Patrick Okoronkwo, Grand Knight

Knight of the Month

Congratulations to Brother Milton Cruz as May's Knight of the Month! Since becoming a Knight just over a year ago, Brother Milton has answered the call to duty numerous times. Most recently, stepping up to a critical role in our last two fish fries—manning the ordering window—in English and Spanish! What a blessing for our "customers" and the kitchen crew. Noting his experiences during the first fry, he made several valuable suggestions, which we implemented during the second fry, they in turn really tightened things up and

made everything run much more smoothly. Brother Milton followed up those efforts by assisting the Fourth Degree team on Holy Thursday, processing with the canopy covering the Holy Eucharist. The Council greatly appreciates all of Brother Milton's efforts and proudly recognizes him as the Knight of the Month.

Family of the Month

Please join me in congratulating SK Roger Williams, FS, PGK and Lady Susan as this month's Family of the Month. As noted in my earlier GK Message, they have dedicated years of service and commitment to the best interests of Council 4522 and we will continue to be grateful years ahead.

2025/2026 Council 4522 Officer Nominations

Each Officer position is vitally important in efficiently running the Council, developing fundraisers, identifying ways the Council can assist the parish and the community, and growing the faith in one another.

All 3rd and 4th Degree Brothers are strongly encouraged to consider running for a position or nominating a qualified Brother for one (NOTE: Any such nomination should be discussed with the potential candidate(s) to ensure they are willing to accept the nomination and carry out the duties of the office they are being nominated for).

Worthy Trustee Dan Penrose dpenrose@engineer.com is the Chairman of the Nominating Committee, and is being assisted by FS Roger Williams sbrog11@yahoo.com. If you are interested in running for a position or want to know what is involved before committing to a position, please contact a committee member or any one of the sitting Officers—as soon as possible. In accordance with Article VIII of the revised Bylaws, the Nominating Committee will submit its report to the Members during the May Council Meeting for the Fraternal Year 2025 to 2026, which begins July 1, 2025.

Please note – Election Date: The Council will conduct its annual election of officers during the regular June General Business Meeting (June 11th) under New Business. Be advised that nominations MAY be made from the floor the night of the election. It is highly recommended that any such nominations be discussed with the potential candidate(s) to ensure they are willing to accept the nomination and carry out the duties of the office they are being nominated for before the actual elections begin.

Positions are as follows (those already registered interest in the position in *italics*):

Grand Knight	<i>SK Richard Sacra</i>
Deputy Grand Knight	<i>Brother Dan Restivo</i>
Chancellor	<i>SK James T. Moore</i>
Recording Secretary	<i>SK John Cosgayon</i>
Treasurer	<i>Brother Tuan Ngyuen</i>
Warden	<i>SK Robert Lavelle</i>
Advocate	<i>SK Edward (Sonny) Masso</i>
Inside Guard	<i>SK Hilowe Tesfa</i>
Outside Guard	VACANT
1 Year Trustee	<i>Brother Kevin Becks</i>
3 rd Year Trustee	<i>SK Patrick Okoronkwo</i>
Past Grand Knight Delegate	<i>SK Patrick Okoronkwo, GK, PFN, PDD</i>

Final Note: Volunteers are also sought to lead the following Supreme mandated Programs in *Faith in Action* (which frame and guide Council activities) Community, Life, Family, and Faith. More information can be found at <https://www.kofc.org/en/what-we-do/faith-in-action-programs/index.html> You may also reach out to any Council Officer for more information.

Our Personal Holy Hour – Adoration



As many of you know, we Knights have the Friday night/Saturday morning 2:00 AM – 3:00 AM time period for Adoration. By God's grace and Bl. Fr. McGivney's help, we are now up to seven! I'd like to invite even more brothers to heroically sacrifice and spend time with our Lord. If we get enough Knights to answer the call, we can maybe schedule two at a time! This is a wonderful opportunity to support our Parish, and to be in sacred silence with our Lord. Please contact John Cosgayon at jncos95@outlook.com if you're interested or have questions.

Newsletter Editor/Content Creator



The Knightly News is over 60 years old! A monthly newsletter is also a Knights of Columbus Supreme requirement. Your current editor and team have been putting out these full and newsworthy editions together for the past five years—or more. It's time to share this opportunity with some other worthy

news hounds and/or those with a keen eye for dates/times/typos. Must be good with deadlines and at times have the ability to herd cats. Inquire with the current editor or FS Roger Williams, sbrog11@yahoo.com.

Thanks in advance for your strong consideration!

Financial Secretary Stepping Aside....

After nearly 10 years in a leadership role at the Council (the last three, while living in South Carolina), your current Financial Secretary and Past Grand Knight, SK Roger Williams, is stepping aside from the daily management of Council 4522.

I believe I have done about all I can do to get the Council in a better position than when I (very surprisingly) became DGK 10 yrs ago—and I pray the majority of you agree. We've certainly seen our ups and downs...including maneuvering through COVID (Praise be to God we all made it to the other side); selling the Council home and moving to the QofA Campus (the physical part, all on you guys there); and moving the Council into the world of automation and use of IT (although I know that is still very frustrating...we're working on it). While I have been in the mix of all of it, NONE of this would have been possible without your dedication and support along the way. Thank you so much!

My intent is to remain a member of 4522 to assist in any way I can with the myriad of transitions necessary when the FS changes over, but I do feel the calling of the Council down here. It's been a lot to maintain the responsibilities of 4522 and even attempt to participate in Council activities here in SC. As the saying goes, "One can only have one Master".

I'm very sure that your newly nominated Financial Secretary, PGK (and current Trustee) Dan Penrose, and new Council leadership for the upcoming fraternal year will quickly fill any voids and continue to do amazing things for the parish, the school and the Community. You'll certainly always have my prayers.

As an aside, I do look forward to continuing as the President of the Casey 4522 Foundation. I still have a full year of that term to serve (and hopefully, with your support) more years after that.

40 Cans for 40 Days

Pope John Paul II Council 4522 partnered with Queen of Apostles Catholic School to hold the Sixth Annual 40 Cans for 40 Days Campaign at the school. The Campaign offered the children (and their families) blessings each day during Lent—providing them with the opportunity to give alms, promote charity to others, and learn/know more about sacrifice in the way of bringing a canned good to school each school day.

This year's campaign provided food to families in need in our immediate area. The families of Queen of Apostles School donated almost 1,400 pounds of canned and dry goods! These donations were delivered to ACCA and the Catholic Charities St. Lucy Food Pantry which serves all the food pantries of the Arlington Diocese. Many thanks go out to PGK Dan Penrose, Brother Jonathan DeBernardo, Brother Danny Restivo and future Knight, Owen Penrose...the last three pictured below, for their assistance including weighing and delivering the food and arranging for the schoolchildren's rewards.



Lecturer Reflection

Be lifted up, O ancient doors!

In a certain way the message of the Resurrection of Christ notably exceeds our faculty of imagination. It cannot enter into our minds as immediately as the message of Christmas. Birth is part of our experience (and thus) the story of God's Son, born in a stable as the Son of Man, has the power to speak to our hearts directly. The Resurrection, however, lies beyond our experience; the only life we know is bound up with death.

Out of the many biblical concepts the liturgy has one which links Christmas and Easter. We find it in Psalm 24: *Lift up your heads, O gates! And be lifted up, O ancient doors! That the King of glory may come in.* Originally this whole Psalm was sung during the solemn entry of the Sacred Ark into the Temple. The intention was to invite God to dwell in this house, to inhabit (and) transform the world of God. How could he possibly enter

in? It seems that the human world has no doors opening toward God. It is locked in upon itself.

Be lifted up, O ancient doors! This is the cry of man in a world that is far too narrow, even if he can travel in spaceships to the moon and beyond. Christmas is only the first half of the Christian answer to this cry. Christmas tells us that there is not only the tyrant, death. There is God, who is Life, and this God can and will reach us. He has broken a way into us but also an exit for us. And this is the content of the message of Easter. Not only is there a door in, there is also a door out. Death is no longer a house with no exits, a place of no return. The ancient Church saw in this verse an interpretation of the article of faith "descended into hell", referring particularly to Holy Saturday. The bolts of death's dungeon, of the world's dungeon, are wrenched off; the ramparts are thrown down; the gates are torn from their hinges. The one who has done this, Jesus, takes the long-imprisoned Adam and Eve, i.e., humanity, by the hand and leads them to freedom. Life is not a waiting room leading to the void but the beginning of eternity. God does not live in a distant castle, nor does he hide himself behind impenetrable anterooms. The door is open; it is called Jesus Christ. The celebration of Easter is intended to show us the radiant light that streams from this door. (Pope Benedict XVI)



Let's not ever forget our Mother, our Mothers, our wives, our daughters, the women in our lives.....



AND
*Never forget those who gave the ultimate sacrifice.
 May God continue to watch over every one of them*

(A BUNCH of) May 2025 Birthdays



Frederick L. Braun	05-06
Joseph E. King	05-06
PGK Miguel A. Valencia	05-07
Gregorio G. Bacani	05-09
Michael W. Fanning	05-09
Zachary H. Lewis	05-09
Philip A. Morin	05-10
Lawrence M. Cirignano	05-15
Lawrence E. Hornbake Jr.	05-15
John N. Cosgayon	05-16
Roland A. Dionne	05-17
Thomas C. Renaghan Jr.	05-18
Edward A. Gubanich	05-19
Louis E. Wack, Jr.	05-22
Jonathan A de Bernardo	05-23
Timothy J. Stuhldreher	05-23

Casey Women's Club

The upcoming May birthdays are Alice Groene, and Connie King.

Geri Owen - VP

Reminder

All editions of The Knightly News, past and current, are available on the Council website at www.kc4522.com

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The submission deadline for the June Newsletter is May 20th

MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

For questions or comments, please contact Roger Williams @ jpii4522@gmail.com.
Additional information and points of contact are posted on our website at www.kc4522.com.

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