

# The Knightly News

COUNCIL 4522

CHARTERED 1958



**KNIGHTS  
OF COLUMBUS**  
IN SERVICE TO ONE. IN SERVICE TO ALL.



## Monthly Newsletter

MAY 2022

### IMPORTANT DATES IN MAY 2022

Sat/Sun, April 30<sup>th</sup>/May 1<sup>st</sup> – KOVAR Collections and Membership Drive, After ALL Masses at QofA

Wednesday, May 4<sup>th</sup> – Officer's Meeting, 7:30 PM

Blessed Fr. McGivney Room/QofA Parish Center and ZOOM

Sunday, May 8<sup>th</sup> – Mother's Day

Tuesday, May 10<sup>th</sup> – Christ House/Serving Dinner – Muster @ Christ House @ 3:15 pm

Wednesday, May 11<sup>th</sup> – General Business Meeting, 7:30 PM (7:00 PM for the Rosary)

Blessed Fr. McGivney Room/QofA Parish Center and ZOOM

Sat/Sun, May 21<sup>st</sup>/22<sup>nd</sup> – KOVAR Collections, After ALL Masses at QofA

Corporate Communion – May 29<sup>th</sup> – QofA, 10:00 AM Mass

Monday, May 30<sup>th</sup> - Memorial Day

**Every Saturday morning @ 2:00 AM** – Our Council's Adoration Hour

### Grand Knight's Message

Happy Easter! May you and your family continue to enjoy a blessed Easter season!

I wanted to thank everyone for a big April. We held our second Lenten fish fry on April 1<sup>st</sup>, which was a huge success. Over 20 Brother Knights showed up to help, plus their supportive family members! This was a great event as it fostered a sense of community in the Parish and fraternity within the Council and our families. And we served a phenomenal amount of delicious fish, quickly and efficiently. It was the best attended event since I have been a member of this council for sure. Thanks to all who made it such a success.

Also in early April, the Queen of Apostles parish and our council hosted the St. Joseph icon. Thank you to all who attended the prayer service led by our own Worthy Chaplain, Fr. Alex Diaz. This event was organized by our own Faith Director, Brother Martin Oppus.

We will conclude April and kick off May with a big weekend on April 30<sup>th</sup> and May 1<sup>st</sup>. On April 30<sup>th</sup>, our council will assist the Queen of Apostles School during their annual auction. The event kicks off at 1:00 PM, and we will muster at 12:30. If you are interested or have any questions, please reach out to me directly ([dpenrose@engineer.com](mailto:dpenrose@engineer.com)). That same day, our council will have three members attending the State Convention in Virginia Beach. Also, after all masses that weekend, we will be collecting for KOVAR and having a concurrent

membership drive. Please be as generous as you can with your time during this busy weekend.

For the remainder of the month of May, we will have an additional KOVAR collection weekend, May 21<sup>st</sup>/22<sup>nd</sup> and will be serving meals to the hungry at Christ House on May 10<sup>th</sup>. Please reach out directly to our Worthy Financial Secretary, Roger Williams if you are interested in helping at Christ House.

In closing, let us not forget—ever forget, to acknowledge and give thanks for all the mothers out there! Happy Mother's Day!!

Fraternally,  
GK Dan Penrose

### Knight of the Year



This past year, the Council has been blessed, receiving eight new members to date (there are more on the way) into the Order. It truly is wonderful watching the Council rebound and renew after several down years. Let us pray, that this year's class of new Brothers will grow and insert themselves at every level as this year's *Knight of the Year* has done over the past two years. The Council recognizes and is blessed to have Brother Martin Oppus as our Knight of the Year!

A two-time, Knight of the Month, Brother Martin was a unanimous choice among the Council Officers as this year's KOTY Honoree. It should be—we are honored to have him! An usher, an adorer (who also leads the Council's Holy Hour—2:00 am Saturday mornings); a parish lector, our Council's Lecturer, our Faith in Action-Faith Director, instrumental in the execution of last summer's parish festival and both of this year's Lenten fish fries, the point for this year's very successful Council Retreat to the St. John Paul II Shrine, and a regular at Christ House servings—Brother Martin has given of himself (and with Lady Sonia's support!!) throughout the year to support those in need, to lead others and evangelize. Brother Martin is a model Knight, an example for all our Knights, those just entering the Order and those that may have forgotten why they joined the Knights in the first place.

Congratulations Brother Martin, representing our Council as this year's Knight of the Year! More importantly, Thank YOU!!

**Family of the Month**

Over the course of Lent, Brother Cory Williams and his then, fiancé, Taylor Miller, supported the 40 Cans for 40 Days campaign by weighing, moving, stacking and accounting for more than 7,600 lbs of canned and dry goods—all for local food pantries. And let us not forget, they were two of over 20 Council Knights/family members that participated in the extremely successful Lenten Fish Fries! Since transferring to the Council last summer, Brother Cory has been involved in virtually every event....and Lady Taylor, since leaving military service has been by his side! The Williams—were wed at QofA on Saturday, April 23<sup>rd</sup>!! The Council wishes them the very best and will keep them in our prayers! And we congratulate them as this month's Family of the Month!!



**2022/2023 Council and Casey Club Nominations**

Each Officer position is vitally important in efficiently running the Council, developing fundraisers, identifying ways the Council can assist the parish and the community, and growing the faith in one another.

All 3<sup>rd</sup> and 4<sup>th</sup> Degree Brothers are strongly encouraged to consider running for a position or nominating a qualified Brother for one (NOTE: Any such nomination should be discussed with the potential candidate(s) to ensure they are willing to accept the nomination and

carry out the duties of the office they are being nominated for).

WPGK Carroll Glass [cdglass@gmail.com](mailto:cdglass@gmail.com) is the Chairman of the Nominating Committee, and is being assisted by FS Roger Williams [sbrog11@yahoo.com](mailto:sbrog11@yahoo.com) and SK Vincent Guevara [vincentg97@gmail.com](mailto:vincentg97@gmail.com). If you are interested in running for a position or want to know what is involved before committing to a position, please contact a committee member or any one of the sitting Officers—as soon as possible. In accordance with Article VIII of the revised Bylaws, the Nominating Committee will submit its report to the Members during the May Council Meeting. This report will include information related to the nominations for both the Council and the Casey Club in the Fraternal Year 2022 to 2023, which begins July 1, 2022.

**Please note – Election Date:** The Council will conduct its annual election of officers during the regular June General Business Meeting (June 8<sup>th</sup>) under New Business. Be advised that nominations MAY be made from the floor the night of the election. It is highly recommended that any such nominations be discussed with the potential candidate(s) to ensure they are willing to accept the nomination and carry out the duties of the office they are being nominated for before the actual elections begin.

**Positions (and those nominated to date) are as follows:**

- Grand Knight Dan Penrose
- Deputy Grand Knight Vincent Guevara
- Chancellor Martin Oppus
- Recording Secretary John Cosgayon
- Treasurer Dave Cook
- Warden Dan Restivo
- Advocate
- Inside Guard Hilowe Tesfa
- Outside Guard Kevin Beck
- 3<sup>rd</sup> Year Trustee Carroll Glass
- 1<sup>st</sup> Year Trustee Larry Cirignano
- Past Grand Knight Delegate Patrick Okoronkwo



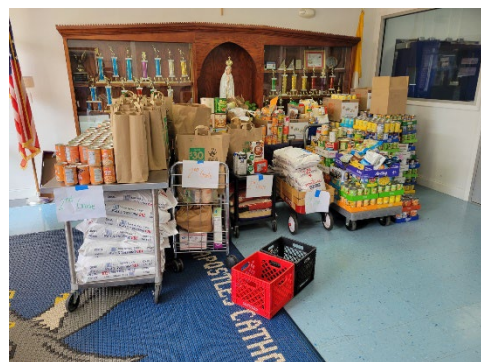
Candidates are also sought for Officer positions in the Casey Club. The Casey Club is charged with maintaining the Council home and overseeing the organization's investments, among other duties.

President Roger Williams  
 Vice President Martin Oppus  
 Secretary John Cosgayon  
 Treasurer Craig Delaney

Final Note: Volunteers are also sought to lead the following Supreme mandated Programs in *Faith in Action* (which frame and guide Council activities) Community, Life, Family, and Faith. More information can be found at <https://www.kofc.org/en/what-we-do/faith-in-action-programs/index.html> You may also reach out to any Council Officer for more information.

**40 Cans for 40 Days**

Pope John Paul II Council 4522 again partnered with Queen of Apostles Catholic School to hold the Fifth Annual 40 Cans for 40 Days Campaign at the school. The Campaign offered the children (and their families) blessings each day during Lent—providing them with the opportunity to give alms, promote charity to others, and learn/know more about sacrifice in the way of



bringing a canned good to school each school day.

This year's campaign, was again, amazing! The children, the parents and the QofA

school staff all participated—delivering just under 7,600 lbs of mostly canned goods—including nearly TWO tons in just the last 3 ½ days of Lent! Coupled with last year's record of 8,200 lbs of food, means the Queen of Apostles School and PJP II Council 4522 have put nearly 8 tons of food in community food pantries in the last year! Many thanks go out to SK Joe King, SK Roger Williams, PGK, Brother Cory Williams and his then fiancé, for their labor—picking up and moving all those wonderful donations to several local food banks (any one of them couldn't take everything)!

**St. Joseph Icon Prayer Service**

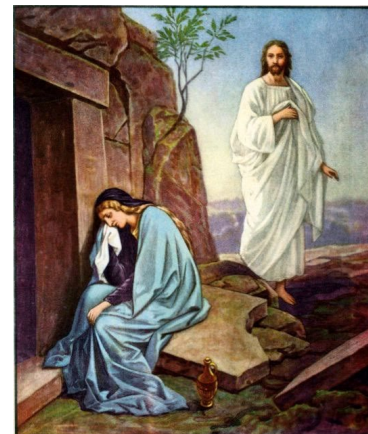
Thanks Brother Knights and other parishioners for showing up and participating in our prayer service for the St. Joseph Icon on April 6<sup>th</sup>. Worthy Chaplain Fr. Diaz led us in prayer and called us to follow St. Joseph's

example in his wonderful homily. There appeared to be a pretty good turnout of Knights and other parishioners. Thanks to WGK Dan, PGK Patrick and Brother Jonathan for willingly reading for us. A special shout-out to Brother Jonathan for his amazing cantoring skills, which he used at the end of the service!

**Jesus is Risen?**

*Worthy Lecturer, Martin Oppus*

Is that truly the case? Is He really? How real is it for us that Christ has actually risen? How much are we like Thomas the apostle—who would not believe what those closest to him were telling him? How much more difficult for many of us—removed from Christ's physical



resurrection by nearly 2,000 years? It can be easy to reduce this event to a mental exercise akin to pondering mythology. Yet, the truth is that He did rise from the dead. As our Catechism says, "Although the Resurrection was an historical event that could be verified by the sign of the empty tomb and by the reality of the apostles' encounters with the risen Christ, still it remains at the very heart of the mystery of faith as something that transcends and surpasses history." Incredible. God—the mystical and transcendent spirit—inserted himself into history and appeared on Earth as a man.

But the whole thing can still seem so distant and so unreal: Jesus not only resurrected but as the resurrected Lord God himself. As we contemplate this mystery, let's look at what transpired in the days and years immediately afterwards. For myself, I go back to St. Thomas. Here he was—one of the original twelve apostles—yet he still would not believe. Only when he put his finger in Christ's wounds did he realize that not only had Jesus come back from the dead, but that he truly and undoubtedly was "my Lord and my God!" This fervor was not the passing excitement of witnessing a magical act. Infused with the Holy Spirit, Thomas went all the way to India to spread the gospel. This is 2,000 years ago. In this day and age of air travel and instantaneous communications, India is still considered exotic. What would possess a man to decide to go there during that time of Christ? Thomas wasn't a trader. He

wasn't seeking spices. He wasn't an explorer. Instead, something happened that took hold of his heart...something so powerful that it would compel him to travel to a distant land, without the language or much else, to preach about what he had experienced in meeting God himself. And the proof of Christ's presence with Thomas is evident today. Christianity was initially established in India because of Thomas. Because of God's presence, it endures to this day.

This behavior wasn't relegated just to Thomas. All the apostles went through extraordinary lengths to preach about God. Which of us today would voluntarily put ourselves in danger or in hostile situations to preach about our faith? These men and women experienced something so extraordinary that it made them travel to the known ends of the earth to talk about their encounter with the true and living God.

We are so blessed that we encounter Jesus in the Eucharist. In the Eucharist resides the true presence of the Lord our God. Again – it's so hard to believe. But He is indeed there. Let us never forget that and always revere the presence of Jesus in our midst. It can be easy to take His presence for granted. Lord, help me in my unbelief! Christ is risen!!!

**Litany of St. Joseph**

Lord, have mercy	Lord, have mercy
Christ, have mercy	Christ, have mercy
Lord, have mercy	Lord, have mercy
God our Father in heaven	
	have mercy on us
God the Son, Redeemer of the world	
	have mercy on us
God the Holy Spirit	have mercy on us
Holy Trinity, one God	have mercy on us
Holy Mary	pray for us
St. Joseph	pray for us
Noble son of the House of David	
	pray for us
Light of patriarchs	pray for us
Husband of the Mother of God	
	pray for us
Guardian of the Virgin	pray for us
Foster father of the Son of God	
	pray for us
Faithful guardian of Christ	
	pray for us
Head of the Holy Family	
	pray for us
Joseph, chaste and just	pray for us
Joseph, prudent and brave	
	pray for us

Joseph, obedient and loyal	
	pray for us
Pattern of patience	pray for us
Lover of poverty	pray for us
Model of workers	pray for us
Example to parents	pray for us
Guardian of virgins	pray for us
Pillar of family life	pray for us
Comfort of the troubled	pray for us
Hope of the sick	pray for us
Patron of the dying	pray for us
Terror of evil spirits	pray for us
Protector of the Church	pray for us

Lamb of God, you take away the sins of the world have mercy on us

Lamb of God, you take away the sins of the world have mercy on us

Lamb of God, you take away the sins of the world have mercy on us

God made him master of his household. And put him in charge of all that he owned.

Let us pray.

O God, who in your inexpressible providence were pleased to choose Saint Joseph as spouse of the most holy Mother of your Son, grant, we pray, that we, who revere him as our protector on earth, may be worthy of his heavenly intercession.

Through Christ our Lord. Amen.

**Casey Women's Club**

Our meeting was held Thursday, April 14th with a small group in attendance. On March 20th, Ruth Zirkle, a longtime member, and our treasurer, passed away. A donation was made in her name to the Dunn Loring Volunteer Fire Dept.

Our next meeting will be Thursday, May 12th and the next retiree luncheon & Bunco event will be Tuesday, May 24th. May Birthdays are Alice Groene, Marion Scaffidi, and Connie King.

God Bless All.  
Geri Owen VP

May 2022 Birthdays



Fredrick Braun	05-06
Joseph E. King	05-06
PGK Miguel A. Valencia	05-07
Greg Bacani	05-09
Zachary H. Lewis	05-09
Mike Fanning	05-09
Philip A. Morin	05-10
Lawrence M. Cirignano	05-15
Lawrence E. Hornbake Jr.	05-15
John N. Cosgayon	05-16
Roland A. Dionne	05-17
Thomas C. Renaghan Jr.	05-18
Edward A. Gubanich	05-19
Lou Wack	05-22
Timothy J. Stuhldreher	05-23
Thomas M. Tennant	05-24



*Let's not ever forget our Mother, our Mothers, our wives, our daughters, the women in our lives.....*

**HAPPY and BLESSED BIRTHDAY**



**POPE JOHN PAUL II**

**May 18<sup>th</sup>!!!!**



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**The submission deadline for the June Newsletter is May 20<sup>th</sup>**

MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

For questions or comments, please contact the Editor, John Cosgayon at [jncos95@outlook.com](mailto:jncos95@outlook.com).  
Additional information and points of contact are posted on our website at [www.kc4522.com](http://www.kc4522.com).

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