

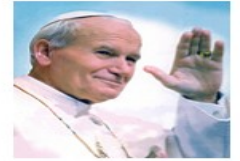
# The Knightly News

COUNCIL 4522

CHARTERED 1958



**KNIGHTS  
OF COLUMBUS**  
IN SERVICE TO ONE. IN SERVICE TO ALL.



Monthly Newsletter

May 2020

## IMPORTANT DATES IN MAY

Wednesday, May 6<sup>th</sup> – Officer's Meeting, 7:30 PM Virtual/ZOOM

Tuesday, May 12<sup>th</sup> – Christ House/Serving Dinner – **TBD**

Wednesday, May 13<sup>th</sup> – General Business Meeting, 7:30 PM Virtual/ZOOM

Monday, May 25<sup>th</sup> – Memorial Day

**Please note – Election Date**

**The Council will conduct its annual election of officers  
on Wednesday, May 27, 2020 (Details below)**

*"At this time we ask God to take special care of our families, especially the sick and the people who are taking care of them: doctors, nurses, and volunteers, who risk their lives in this service."*

- Pope Francis

## Grand Knight's Message

This is an extraordinary time in our lives and that of the Catholic Church. For the first time in my lifetime even St. Peter's Square was quiet on Palm Sunday and Easter Sunday. Despite the enormous crisis hovering over the world, Catholic Priests, Bishops, the Pope and Reverend Sisters continue to do the work of God and the church. They hold prayers and Masses for the Catholic communities that anyone can stream. My family and I Sunday after Sunday, get dressed and attend Mass in front of the television via EWTN. It was amazing to virtually witness the blessing of the Palms at the Basilica, but no one to pick them up. I observed the Easter Virgil Mass without observing Baptism, confirmations, and the welcoming of new Catholic members yet, the church stands strong and open.

In our Parish, Fr. Juan and all other priests, continue to hold daily confessions outside, Thursday adorations, daily masses and prayers for the Queen of Apostles community. They never tired serving through the Lenten period and even now in the Easter season. To these my brothers, I know we do our part in prayers, but we can do more to continue to support our parish and all parishes. We still have or receive our monthly envelopes—we need to use them to drop off checks or choose to make our offerings online from the comfort of our home. We must find a way to support the priest and the parish. The pandemic must stop you from being a practicing Catholic.

While the struggle to stay safe and alive continues, the work of the church and the Knight of Columbus continues. On April 16, 2020, the Knights held a virtual Exemplification. We were fortunate under the coordination of Worthy Financial Secretary, Roger

Williams to have two young Catholic gentlemen participate. My brothers please join me in welcoming brother Knights Daniel and Martin, our newest 3<sup>rd</sup> degree Knights. Although we may not be able to meet them face-to face at this time, we may be able to meet virtually during next month's general membership meeting.

Less I forget, I would like to remind you my brothers that the opportunity to elect new officers of Council 4522 is fast approaching. All offices are open to be filled. Please nominate yourself or a brother after you have spoken to that person for any of the offices. This is an important activity in every council – Supreme, State or Parish Council. Your participation in this process is very important and needed. Most of the offices have only one candidate. There is still time and opportunity to place your name for a vote or that of someone you believe will willingly serve and has agreed to be nominated. See more details later in this edition.

I honor and salute the current officers of the council. I pray and hope that most of them will desire to continue in their service to the council in the same capacity or move into another office. They have served courageously. I salute Worthy Recorder, Brother Dennis Brown, PGK, PFN, and PDD. Dennis has served the council for years as its recorder (secretary). He is moving on to Holy Spirit Parish Council where he is currently a member of the parish. We thank you for your service in the council, and Foundation.

We will miss your inputs and participation but hope that you will get involved and actively participate in the Holy Spirit Parish Council as you did at Pope John Paul Council 4522.



I offer the following prayer from Pope Francis for the Queen of Apostles Catholic Community and the Universal church.

Fraternally yours,  
GK Patrick Okoronkwo  
Vivat Jesus



**PRAYER TO MARY DURING THE  
CORONAVIRUS PANADEMIC**

O Mary, you shine continuously along our journey as a sign of salvation and hope.

We entrust ourselves to you, Health of the Sick, who at the Cross were near to the pain of Jesus, keeping your faith firm.

You, Salvation of the Roman people, know what we need, and we trust that you will provide for those needs so that, as at Cana of Galilee, joy and celebration may return after this moment of trial.

Help us, Mother of Divine Love, to conform ourselves to the will of the Father and to do what Jesus tells us, He who took our sufferings upon Himself, and took up our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen.

We seek refuge under your protection, O Holy Mother of God. Do not despise our pleas – we who are put to the test – and deliver us from every danger, O glorious and blessed Virgin.

*Pope Francis*



Catholic Chat and More  
[www.facebook.com/CatholicChatandMore](http://www.facebook.com/CatholicChatandMore)

**Knight of the Month**

Our Knight(s) of the Month are our two newest Knights, Brother Daniel Restivo and Brother Martin Oppus. Please read about their exemplification elsewhere in this Newsletter, but more importantly, we want to thank them for hanging in there the last several months to become full-fledged members of the Council. Conflicting schedules and then the pandemic caused both to have to wait an abnormally long time to enter our ranks, but now, thanks to God, they are among us. Welcome Brothers and congratulations!!

**Family of the Month**

During these most difficult days as we live through the very constraining experiences from the Coronavirus pandemic, the Guevara family has been instrumental for supporting the many Q of A live streaming religious services. Below describes the contributions the members of the Guevara family are making to our Parish during COVAID-19.

Marinette - Currently coordinates Q of A volunteers to pray and sing for the daily live-streaming of the Angelus/Regina Caeli noontime prayers. Marinette is a member of the Q of A choir and has participated in a couple of the live streaming choir recitals (Michelle, our choir director has recently put together a couple of digital virtual choir renditions also now posted at the Q of A Facebook page). She also assisted with last year's Capital Campaign for the parish.

SK Vincent has been volunteering to support the live streaming in saying the Rosary and the Angelus. He helps the Emmaus Group; is a member of the Young Adults of Q of A; he is a member of the Q of A choir instrumentalists; and assists the parish on an ad-hoc basis as needed.

Brother Peter also supports the Q of A live streaming with saying the Rosary and Angelus at Q of A. He is also a member of the Young Adults of Q of A. This Spirit-filled family is dedicated to Q of A Parish, and during these difficult times with the Coronavirus pandemic they provide tremendous support to Q of A live streaming religious services.

**2020/2021 Council and Casey Club  
Nominations/Election Information**

***This from Supreme***

The election of specified Knights of Columbus council officers is outlined in the Laws of the Knights of Columbus. Additional rules and procedures governing officer elections are found in each council's By-Laws and in the parliamentary procedures set forth in Robert's Rules of Order.

On March 13, 2020, in response to the Coronavirus pandemic, the Knights of Columbus Supreme Council issued guidance suspending in-person events and ceased all face-to-face contact. With these emergency restrictions in place, the Supreme Council temporarily authorizes councils to conduct necessary business by holding electronic meetings and conducting voting using any number of tools (e.g., Skype, Google Groups, other teleconference services, or mail).

As a result of the current public health emergency, there is a necessity to conduct officer elections in an alternative manner. As in any election, it is critical to establish procedures that will preserve secret balloting and ensure an accurate vote count. Therefore, Council 4522 will elect officers via an electronic meeting. The rules and procedures of the meeting will be the same as a regular, in-person council meeting, which includes the following steps: 1) The Nominating Committee will present a slate of candidates as prescribed by council by-laws. 2) Additional nominations may be made from the floor. 3) Voting will take place during the meeting—this will be accomplished via an online voting tool, such as Google Forms or Survey Monkey - TBD).

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**Election Date:** Council 4522 will conduct its annual election of officers at a special virtual meeting at 7:30 p.m. on Wednesday, May 27, 2020. At this meeting, the only item for consideration and action will be the election of officers for the Council and the Casey Club. **More details will follow via email as they are decided and made available.**

Each Officer position is vitally important in efficiently running the Council, developing fundraisers, identifying ways the Council can assist the parish and the community, and growing the faith in one another. All 3<sup>rd</sup> and 4<sup>th</sup> Degree Brothers are strongly encouraged to consider running for a position or nominating a qualified Brother for one (NOTE: Any such nomination should be discussed with the potential candidate(s) to ensure they are willing to accept the nomination and carry out the duties of the office they are being nominated for).

Brother Daniel Penrose [dpenrose@engineer.com](mailto:dpenrose@engineer.com) is the Chairman of the Nominating Committee, and is being assisted by PGK Roger Williams [sbrog11@yahoo.com](mailto:sbrog11@yahoo.com) and SK Vincent Guevara [vincentg97@gmail.com](mailto:vincentg97@gmail.com).

In accordance with Article VIII of the revised Bylaws, the Nominating Committee submitted its report to the members present during the April General Business Meeting on April 8<sup>th</sup>. The slate of candidates, to date, are:

- |                              |   |
|------------------------------|---|
| Grand Knight                 | Patrick Okoronkwo                           |
| Deputy Grand Knight          | Daniel Penrose                              |
| Chancellor                   | Vincent Guevara                             |
| Recording Secretary          | John Cosgayon                               |
| Treasurer                    | Rich Lamarre                                |
| Warden                       | Joseph King                                 |
| Advocate                     | Ronald Plavchan                             |
| Inside Guard                 | Hilowe Tasfa                                |
| Outside Guard                | Tobias Amadi                                |
| 1 <sup>st</sup> Year Trustee | Albert Avellino <b>or</b><br>James T. Moore |
| Past Grand Knight Delegate   | Roger Williams                              |

Candidates for Officer positions in the Casey Club (the Casey Club is charged with maintaining the Council home and overseeing the organization's investments, among other duties) are:

- |                |                |
|----------------|----------------|
| President      | Roger Williams |
| Vice President | James T. Moore |
| Secretary      | John Cosgayon  |
| Treasurer      | Craig Dulaney  |

If you are interested in running for any position or want to know what is involved before committing to a position, please contact a committee member or any one of the sitting Officers—**as soon as possible!**

**Remember in these stormy times...**

1. *God has power over every storm.*  
If the wind and waves don't concern Him, then they shouldn't frighten you. You might not be able to change your situation, but you can choose to faithfully trust God in the middle of it.



2. *Fixing your eyes on Jesus leads to peace.*  
Are you looking at the size of the storm, or turning towards the One who can calm it? It's only by focusing on God, who knows every outcome, that you can navigate any situation with His wisdom and peace.

3. *Jesus is always in your boat.*  
It's easy to focus on your fears when you can't control your future. But thankfully, Jesus knows your future, and He's always by your side. And, He calls you to live by faith, not by sight.

Praise God!

**Welcome NEW Brother Knights!**

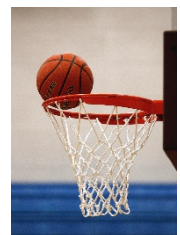
On April 16<sup>th</sup>, Supreme Headquarters held an unprecedented event, the first ever Exemplification of Charity, Unity and Fraternity—virtually, no less. It was also unprecedented in that over TWO Thousand men joined the Order during that single exemplification. Another 7,000+ advanced from either the 1<sup>st</sup> or 2<sup>nd</sup> Degree to the 3<sup>rd</sup> Degree.

Council 4522 benefitted as well, and we welcome two new and now 3<sup>rd</sup> Degree Knights, Brother Daniel Restivo and Brother Martin Oppus. Both men are parishioners at Queen of Apostles. We are elated that they have answered the call and now call Pope John Paul II Council 4522 *their* Council.

We can't wait to formally meet you and welcome you into our Council home and get you involved in Council events and activities. In the meantime, we pray that you and your families are healthy and safe...and stay that way. The Lord will see us all through this and make us all better men for it.

**State BB F/T Championship**

Like virtually all events, the State Basketball Free Throw Championship had to be cancelled due to the COVID-19 pandemic this fraternal year. The results from this year's Free Throw District Competitions were reviewed and winners, second place and third place were determined for each age/sex group. Council 4522 is extremely proud to announce and recognize the following State BB F/T recipients:



- 9-year-old boy - Elijah Amaya - 3rd Place
- 10-year-old girl - Leiya Samuel - 2nd Place

Leiya and Elijah will be receiving State trophies for their accomplishments! Congratulations to both!!

### 40 Cans for 40 Days



Council 4522 again partnered with Queen of Apostles Catholic School to hold the Third Annual 40 Cans for 40 Days Campaign at the school. Before its' cancellation, due to the COVID-19 pandemic, the Campaign provided the children (and their families) blessings each day during Lent—providing them with the opportunity to give alms, promote charity to others, and learn/know more about sacrifice in the way of bringing a canned good to school each school day. Although the campaign only lasted 12 school days, the children were on their way to a record setting campaign, having already donated just shy of 500 lbs. of canned goods. Given the length and severity of this pandemic, that food has been delivered to the ACCA food pantry and has made a huge difference in many people's lives. Thank you, children, for your blessings!!

### Into the Breach

Inspired by the Apostolic Exhortation for Catholic men written by Bishop Olmsted of Phoenix, the Knights of Columbus have produced a video series which seeks to answer the question of what it means to be a man and how to live as a man in today's world—especially, now! Into the Breach is a call to battle for Catholic men which urges them to embrace wholeheartedly masculine virtues in a world in crisis. Watch all the episodes at <https://www.kofc.org/en/campaigns/into-the-breach.html> – Can't say you don't have time.....

### Five ways to lead your family in faith

*Originally published in a special bi-weekly edition of Knightline, a resource for K of C leaders and members. To access Knightline's monthly archives, <https://www.kofc.org/en/members/resources/leadership-communications/knightline.html>.*

While public masses are suspended, the activities that are normally part of our local parish are gone. But Jesus' call for us as Christian families — to serve as domestic churches in teaching the faith, growing in virtue, and evangelization — still exists. So how do families start? By following the five steps below, Knights can become true leaders of their domestic churches, not just during this time of pandemic but for their entire lives.

### 1. Start and end the day in prayer

Every good thing starts and ends in prayer. That is why every Knight should start every morning leading his family in prayer and end every night in the same way. Because of our special devotion to Mary, Knights should also regularly lead their families in praying the rosary together. Morning and evening prayers can be found in the booklet *Prayer Time* and *A Scriptural Rosary for the Family*, both can be found here for free: <https://www.kofc.org/en/index.html>

### 2. Schedule time together, as a family

Quality time spent together as a family is essential to a strong domestic church. But, these days, with so much time spent inside under “stay-in-place” orders, it's easy to mistake time *near* each other with time *with* each other. That's why it's important to plan time together as a family — a family dinner, for example, is an excellent start. Consider also planning a family movie night or a family prayer night! Just as important is quality time with your spouse. Carve out time every day, even if just five minutes, for praying together as a couple.

### 3. Keep holy reminders

There are a lot of mundane tasks that occur in our homes — but even during chores, schoolwork or working from home, we are called to bring our faith into everything we do. One easy way to make sure we do not forget God and prayer in our daily lives is to keep a “holy reminder” in sight. Whether a prayer card, an image of the Blessed Mother or a cross, these objects serve as a reminder to refocus on our Lord and keep a spirit of prayer throughout the day.

### 4. Make an act of charity

There's a lot that families are sacrificing right now, but these sacrifices have the power to help those in need. Invite your family to come together and decide how to use funds you would otherwise use on going to the movies, eating at a restaurant or other events restricted by social distancing. If you have the means, consider using these funds to support your local parish, contributing to the [Leave No Neighbor Behind Fund](https://www.kofc.org/en/news-room/leave-no-neighbor-behind/index.html) <https://www.kofc.org/en/news-room/leave-no-neighbor-behind/index.html> or another charity.

### 5. Lead in hope

Faith without hope is sure to be short-lived, and in this time of uncertainty and loss it can be easy to fall into hopelessness. As Knights, we are called to remember the hope offered us by the death and resurrection of Jesus Christ — especially in this Easter season. As heads of their domestic church, Knights are constantly called to share this hope of faith with their families. To reflect more about how to live the hope of Easter even amid suffering, consider watching the “Suffering” episode of the *Into the Breach* video series, available for free <https://www.kofc.org/en/campaigns/into-the-breach.html>.

**The Life of St. John Paul II**

In 1964, Polish Primate Wyszynski appointed Karol Wojtyla the archbishop of Krakow with the approval of the communist government. Ever since the beginning of the 1960's the Polish government had made clear its desire for a second Polish Cardinal. Using typical communist "subtlety" in diplomacy, they were planning a divide and conquer strategy to split the Polish church. The decision to make Princes of the Church however fell exclusively to the Vatican with no need for consultation with the Polish communists.

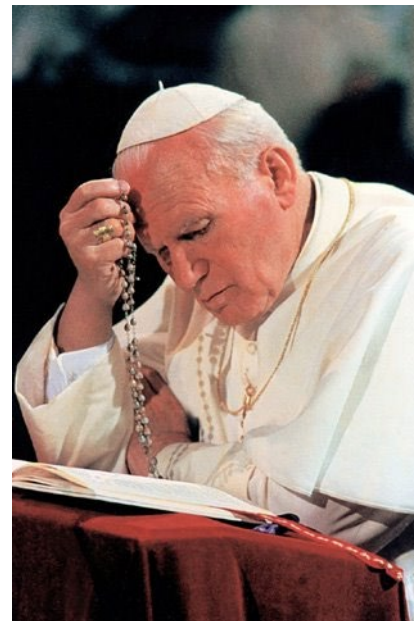
The government simultaneously had their desires fulfilled and denied when in 1967, Pope Paul VI gave Karol Wojtyla his red Cardinal's cap. The Polish government already knew that they had been duped after Wojtyla 's appointment as archbishop, so he would have been their last choice for a second Polish Cardinal. Wojtyla and Primate Wyszynski ended up moving forward largely in unison, with Wojtyla deferring to Wyszynski whenever possible. All this despite the fact that Wyszynski once described Wojtyla, perhaps dismissively, as "a poet".

After the beginning of the second Vatican Council, Pope Paul VI started new policy of dealing with the communist governments of the world, which could be roughly described as "saving what can be saved". The thought behind this diplomatic strategy was that the church could not prevail or administer to the flock without existing to administer the sacraments. This is precisely what happened in Czechoslovakia where the church was so antagonistic to the government, that after the 1968 Soviet invasion, they effectively ceased to exist. This set the stage for diplomatic friction between Warsaw and Rome.

Lawrence E Hornbake Jr	05-15
John N Cosgayon	05-16
Roland Dionne	05-17
Thomas Renaghan	05-18
Edward Gubanich	05-19
Tim Stuhldreher	05-23
Tom Tennant	05-24
Lawrence Urgo	05-25



Steve A Forbes	05-01
Richard A Lamarre	05-01
Stanley P Ritchick Jr	05-01
Walta W Tesfay	05-05
Frederick L Braun	05-06
PGK Carl R Castle Jr	05-06
Joseph E King	05-06
PGK Miguel A Valencia	05-07
Gregorio G Bacani	05-09
Michael W Fanning	05-09
Zachary H Lewis	05-09
Phillip A Morin	05-10
Rev. Leopoldo M Vives	05-14
Lawrence Cirignano	05-15



**Reminder All editions of The Knightly News, past and current, are available on the Council website at [www.kc4522.com](http://www.kc4522.com)**



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MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

**The submission deadline for the June 2020 Newsletter is May 20th**

For questions or comments, please contact the Editor, John Cosgayon at [JNCos95@outlook.com](mailto:JNCos95@outlook.com).  
Additional information and points of contact are posted on our website at [www.kc4522.com](http://www.kc4522.com)

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