

The Knightly News

COUNCIL 4522

CHARTERED 1958



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.



Monthly Newsletter

May 2019

IMPORTANT DATES IN MAY

Wednesday, May 1st – Officer's Meeting, 7:30 PM Council Home
 Sat/Sun, May 4th/5th – Membership Drive - All Masses, Queen of Apostles
 Wednesday, May 8th – General Business Meeting, 7:30 PM Council Home
 Tuesday, May 14th – Christ House – Arrive at 3:45 PM or ASAP
 Saturday, May 18th – 9:00 AM Pray the Rosary – 5999 Stevenson Ave. Alexandria
 Friday, May 31st – Veterans' Hospital Visit – Martinsburg, WV – 2:00 PM Departure

Please note – Election Date

**The Council will conduct its annual election of officers at a special meeting
 Council Home at 7:30 p.m. on Wednesday, May 22, 2019**

Grand Knight's Message

Brother Knights, Ladies of the Casey Women's Club, family and friends,



As I sat down to start preparing articles for this month's Knightly News, I learned that our Lord had finally called his dutiful servant, Richard (Dick) Owen, home on Thursday, April 25, 2019. To say that Dick was an active member of Knights of Columbus Council 4522

for over 45 years—seems to slight him. During that time, he faithfully served the Council, the Assembly and the Knights in numerous positions and Officer posts—starting as the Council photographer, then over the years serving as Council 4522's Grand Knight, Assembly 1894's Faithful Navigator and a Virginia State District Deputy. Brother Richard also held officer rolls in the Casey Club and Casey Foundation.

Brother Owen received several awards over the years for his unselfish work with charities, including the Robert D. Neary Award, presented by the State Knights of Columbus Charities in 1998. In 2009, he was awarded the nationally acclaimed Jefferson Award for public service and charitable activities in the community. He has also been recognized as Knight of the Year by the Council and the Assembly.

Richard deeply believed in the work and programs of the Knights of Columbus and was always willing to help the Officers of the Council and Assembly in any way he

could. I feel truly honored that I was able to work alongside and be taught by Brother Dick on the virtues and characteristics of being a Knight of Columbus. I know I have used this space many times to espouse the Venerable Fr. McGivney's vision—to *change a man's life; to deepen and enrich his faith; to strengthen his family; and to build better lives for those who so desperately need help*—to me, those were our dear Brother Richard's goals as well.

I personally hope I can continue to maintain Dick's standards, Dick's expectations, and his love for his fellow man. And let Richard Owen's journey to heaven, be a call to you—step up, get involved, help your fellow Brothers help others at every opportunity. Let's band together to ensure that the Council that Brother Richard helped build and maintain remains relevant to the Order and the State Council and a blessing to the community and parish we serve.

May we all pray for the repose of Brother Richard Owen's soul and that the Lord will indeed be merciful to Lady Geri, the entire Owen family, his friends and Brother Knights.

May God bless you and your family!

GK Roger

P.S. Please see a special reprint of an Annandale Chamber of Commerce article elsewhere in this edition on Brother Richard's impact on the area.

Knight of the Month

Our April 2019 Knight of the Month is Brother Leo Weston. SK Leo, 90 years young, is a fixture at nearly every Knights' activity. Fish Fries – Check; Christ House – Check; Usher every Saturday – Check; Getting his feet (foot) washed on Holy Thursday – Check; and standing duty during KOVAR weekend (April 5/6) helping to collect well over \$1,000 – Check!! Brother Leo is an outstanding example of a Knight committed to the Venerable Fr. McGivney's vision. As Grand Knight, it's great knowing there will always be ONE of the STG available and joyfully serving the Council and those we serve! Congratulations to our April 2019 Knight of the Month, SK Leo Weston!

Family of the Month

Our Family of the Month for April 2019 is the Cosgayon Family. Two more of the STG, Brothers (actually Father and Son) Ciro and John Cosgayon were received into the Order's 4th Degree in an exemplification ceremony in Richmond on Saturday, April 26th. Both Ciro and John are active in the Council's many activities. SK John serves as a Eucharistic Minister and both are always available to assist as necessary during Masses. As with any good Knight (man), there is always a strong and supportive woman nearby and both Brother Ciro and Brother John are supported by Lady Marilyn. The Council is proud to recognize the Cosgayon family as our Family of the Month for April 2019.

Council 4522 – Then, Now, the Future - Continued



Planning continues with the Council's now approved relocation to the Queen of Apostles campus. Preliminary design drawings and renderings were shared

with those at the April Council meeting and in a special meeting of the Casey Club Association, Inc., a draft lease agreement was approved to go forward to the Arlington Diocese. There are no established timelines or deadlines at this time. As with all things with the church, this will be a work in progress—and we'll keep you updated each month right here.

As always, if you have questions, comments or grounded opinions, please feel free to share them with Grand Knight Roger Williams at rlwsb11@gmail.com or call (703) 629-3239

2019/2020 Council and Casey Club Nominations

Chaired by PGK Carroll Glass, the Nominating Committee put forth the following nominations for the Council-wide elections – to be held during a **Special**

Meeting, May 22, 2019 at 7:30 PM at the Council Home.

For Pope John Paul II Council 4522

- Grand Knight – SK Patrick Okoronkwo
- Deputy Grand Knight – SK Innocent Nukuri
- Chancellor – SK John Cosgayon
- Recording Secretary – SK Dennis Brown
- Treasurer – SK Rich Lamarre
- Warden – SK Vincent Guevara
- Inside Guard – SK Leo Weston
- Outside Guard – SK Tobias Amadi
- Advocate – PGK Ron Plavchan
- 3rd Year Trustee – SK Joseph Lynem
- Past Grand Knight Delegate – SK Roger Williams

For the Casey Club

- The Casey Club is charged with maintaining the Council home and overseeing the organization's investments, among other duties.
- President: SK Roger Williams and SK Vincent Apostolico
 - Vice President: SK James Moore
 - Treasurer: SK Craig Delaney
 - Secretary: PGK Ron Plavchan

Please be advised that nominations MAY be made from the floor the night of the elections. It is highly recommended that any such nominations be discussed with the potential candidate(s) well in advance to ensure they are willing to accept the nomination and carry out the duties of the office for which they are being nominated.

Holy Thursday - Foot Washing



Jesus Christ. The Word Incarnate. The Word made Flesh. Imagine spending time with Jesus while he was physically on earth - the same Jesus who cast out demons, who gave sight to blind me, who flipped over tables in the temple, and walked on water. He is the same Jesus that we venerate at Mass and in the Eucharist. Jesus was a man - human just like us.

One can only imagine what it must have been like to eat with Jesus, discuss things with him, and simply have

down time with him - to be part of the greatest team with the greatest leader. A leader who loved (and still loves) others tremendously regardless of race, creed, appearance, or circumstance. Jesus came to serve us, love us, and most importantly save us.

On Holy Thursday, 12 of our Knights stepped up to have their feet washed during the mass by Fr. Ignacio de Ribera. By having their feet washed, it brought them back in time to when Jesus first washed the feet of his own disciples—not long before he was to be publicly tortured and executed. Jesus knelt down to wash the feet of Judas Iscariot, the disciple who would betray him. Symbolically, it was a beautiful experience because it reminded us firsthand of the character of Jesus – a humble and meek leader who loved and accepted people from all walks of life, including people like Judas.

Even within the group of Knights that had their feet washed, diversity in nationality, age, background, and occupation were clear and it was the perfect reminder of how "... God so loved the world, as to give his only begotten Son; that whosoever believeth in him, may not perish, but may have life everlasting." (John 3:16) because "Greater love has no one than this: to lay down one's life for one's friends" (John 15:13).

40 Cans for 40 Days – Huge Success!



The children of Queen of Apostles Catholic School just completed an outstanding example of almsgiving during Lent—bringing to school and donating nearly ONE TON of canned goods. Ms. Walker's 4th Grade class

led all classes in the "40 Cans for 40 Days" campaign—bringing in 776 lbs of food! For their superior almsgiving, Ms. Walker's class will be deciding between a coveted "dress down day" or catered pizza lunch!

The food will be distributed between the Poor Sisters of St. Joseph's Food Pantry and the Annandale Christian Community for Action (ACCA) Food Bank. The children learn more about Lent and almsgiving, the Food Pantry/Bank get much needed donations, hungry families get to eat, and the Knights get exercise (do all the heavy lifting)—what a wonderful and blessed campaign!



Council 4522's Newest Sir Knights



Pope John Paul II Council 4522 is very proud to recognize three new Sir Knights from our ranks:

- SK Kelvin M. Mmassy (L)
- SK John N. Cosgayon (C)
- SK Ciro Cosgayon (R)

These fine gentlemen were part of a class of 137 Brother Knights to have the lessons of Patriotism exemplified to them in Richmond on Saturday, April 26th. Witnessed by Faithful Navigator, Carroll Glass and our own SK Dennis Brown, PGK, PFN, FDD, SKs Kelvin, John and Ciro will be formally welcomed to the Fr. Walter F. Malloy Assembly at their Pass in Review on June 19th.

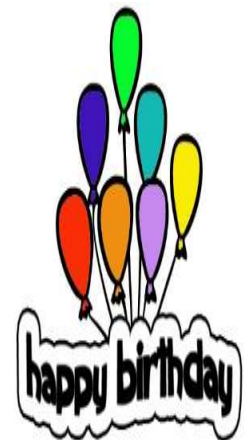
Please congratulate our newest Sir Knights next time you see them! Congratulations gentlemen!

**Building the Domestic Church –
Becoming a Real Man of God**

Our continuing series will be on hiatus during May due to scheduling conflicts with our Worthy Lecturer Ray Venero. He will be back on June 12th to close out the series and the fraternal year—providing the final details to Becoming a Real Man of God.

Happy (MANY) May Birthdays!

- Steven A Forbes 05-01
- Richard A Lamarre 05-01
- Stanley P Ritchick Jr 05-01
- Walta W Tesfay 05-05
- Frederick L Braun 05-06
- PGK Carl R Castle Jr 05-06
- Joseph E King 05-06
- PGK Miguel A Valencia 05-07
- Gregorio G Bacani 05-09
- Michael W Fanning 05-09
- Zachary H Lewis 05-09
- Philip A Morin 05-10
- Rev. Leopoldo M Vives 05-14
- Lawrence Cirignano 05-15
- Lawrence Hornbake Jr. 05-15
- John N Cosgayon 05-16
- Roland A Dionne 05-17
- Thomas Renaghan Jr 05-18
- Edward A Gubanich 05-19
- Timothy J Stuhldreher 05-23
- Lawrence M Urgo 05-25
- Steven H Rossi 05-26
- John Paul Kukor III 05-28
- Kenechukwu F Abiah 05-31



Richard "Dick" Owen, PGK, PFN, FDD - Grand Marshal for the Annandale Parade
 "Originally printed in the ENDEAVOR NEWS MAGAZINE, October 2017."

The Annandale Parade has been a fixture in our community since 1950. Showcasing businesses, schools, scouts, veterans, charitable organizations, international dance groups, marching bands, Step Teams, and those just out to enjoy the day, the Annandale Parade will once again be celebrated on Saturday, October 28th from 10:00 AM to Noon along Columbia Pike. The Annual Parade promotes community involvement and neighborhood camaraderie while celebrating the rich diversity of Annandale. It's also just a great way to have a bit of innocent family fun. Mark your calendar, plan to participate in the parade itself or bring the family to view this Annandale tradition. Children are invited to wear their Halloween costumes, to cheer the participants, and to marvel at the exhibits.



The Annandale Chamber of Commerce, sponsor of the parade, is pleased to announce that this year's Grand Marshal is Richard Owen, Vice President of the Casey Club-Knights of Columbus and a recipient of the prestigious Jefferson Awards for Public Service. The Jefferson Awards encourage and honor individuals for their achievements and contributions through public and community service. Richard was particularly excited to receive the Jacqueline Kennedy Onassis award for outstanding public service for organizing a group that has prepared over 400 meals for the needy, and for raising over \$11.7 million for KOVAR, a Knights of Columbus charitable program that provides financial support to organizations that offer training and help to those with intellectual disabilities. Past winners include Hubert Humphrey, Madeleine Albright and Henry Kissinger. For years, Richard has also gathered a team of his fellow Knights and neighbors to pick-up multiple vehicles full of donated bread and baked goods from a commercial bakery in Woodbridge and deliver these weekly donations to a number of shelters, ACCA, and local food pantries in both Annandale and Bailey's Crossroads. He has also collected and carted donated books, videos, television sets, playing cards and board games to VA hospitals and other veteran organizations annually. Richard has volunteered regularly at the Annandale Parade, the Fall Festival, the Bed Race, Annandale's National Night Out and promoted charitable causes and volunteerism in our community. A quiet spoken, thoughtful gentleman, Richard brings joy to every activity.

The Chamber is honored to have Mr. Owen as this year's Grand Marshal and treasure him as a member of the Annandale Community. While we honor Richard, the Chamber would also like to herald the Knights of Columbus for their ongoing dedication to community service, their many charitable endeavors, and the volunteer hours given annually by their membership. Most people have no idea the depth of their giving as this is an organization that truly exemplifies that charity asks for no recognition. This once, we hope they will accept our community's gratitude.

Casey Women's Club

This is to advise our members of the passing of our oldest lady of the Casey Women's Club, Marion Conrad. She entered the eternal gates of heaven on February 12, 2019 surrounded by her family. Preceded in death by her husband, James Walter Conrad, son, Norris Monroe Conrad (both members of Council 4522), granddaughters Rita Lucille Wilkerson and Julianna Conrad. She is survived by her daughter, Lucille Conrad Wilkerson of Virginia Beach and her son, James Lawrence Conrad of Alexandria, along with nine grandchildren, many great-grandchildren and great-great-grandchildren. As a girl she was a member of the first Girl Scout troop organized in Alexandria; and was a leader for the only "mounted" Girl Scout Troop of the city. Marion was a 1932 graduate of St. Mary's Academy in Alexandria. As a lifetime member of the Catholic Daughters of America, and while serving as the Grand-Regent of Court Kavanaugh #54, she proudly was the first woman to lay a wreath on J.F. Kennedy's gravesite. Marion was honored to be a member of the Daughters of the Confederacy Mary Custis Lee - 17th VA Regiment, Chapter 7 and of the Daughters of the American Revolution. May she rest in peace.

President Connie King opened the April meeting with the "Our Father" prayer and requested that the club pray for Ethel, Geri, families and friends during the Lenten season. She also reported a letter was sent to the Council Foundation Committee with our request of funds to be approved from the Ortolani Trust to The Little Sisters of the Poor in Richmond.

Ruth Brophy reported we did very well with our Easter fundraiser for See's Candy. Many thanks to Ruth Brophy, Ruth Zirkle and their helpers!

Marion Scaffidi thanked everyone for the new born baby items and funds to complete our Lenten Project basket.

Jean Hughes and Marion delivered See's Candy as Easter Blessings to members unable to attend our meetings.

The Bistro Lunch at Annandale High School/Culinary School, scheduled for May 9th, has been cancelled due to lack of response from the membership. Marion and Connie are hostesses for the May 9th meeting.

Member May Birthdays are Anne Kidd – 18th, Marion Scaffidi – 20th, Alice Groene – 24th, and Connie King – 31st. Happy Birthday to all and may God Bless you!!

Retiree lunch is scheduled for May 28th at noon. Bunco will follow lunch. Call Ethel if you plan to play Bunco.

God's blessings be with you!
- Connie King, President

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<http://www.kofc.org/un/en/liberty-life-family/culture-of-life.html>



Reminder

All editions of The Knightly News, past and current, are available on the Council website at www.kc4522.com

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The submission deadline for the June 2019 Newsletter is May 20th

MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

For questions or comments, please contact the Editor, John Cosgayon at johnnicholascosgayon@gmail.com.
Additional information and points of contact are posted on our website at www.kc4522.com.

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