

The Knightly News

COUNCIL 4522

CHARTERED 1958



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.



Monthly Newsletter

March 2022

IMPORTANT DATES IN MARCH 2022

- Wednesday, March 2nd – Officer's Meeting – 7:30 PM ZOOM and/or Blessed Fr. McGivney Room @ Queen of Apostles' Parish Center
 Wednesday, March 2nd - Lent Begins
 Wednesday, March 2nd - 40 Cans for 40 Days at QofA School Begins
 Tuesday, March 8th – Christ House – Food Prep 3:30 PM @ Christ House
 Wednesday, March 9th – General Business Meeting – 7:30 PM (Rosary@7:00pm) ZOOM and/or Blessed Fr. McGivney Room @ QofA Parish Center
 Friday, March 11th – Lenten FISH FRY – QofA's Hannan Hall – IN PERSON muster starting at 3:30 PM
 March 16th – March 25th, NOVENA for Life
 Wednesday, March 17th – Celebrate the Feast of St. Patrick
 Friday, March 25th, The Annunciation of the Lord – Mass @ QofA @ 7:00 PM
 (also Chaplain and Fr. Diaz's 16th Anniversary of his Ordination)
 Friday, April 1st – Lenten FISH FRY – QofA's Hannan Hall – IN PERSON muster starting at 3:30 PM

\$\$HAVE YOU PAID YOU DUES YET??\$\$

Please do so as soon as possible – Your current Card EXPIRED February 28th !!!

The financial health of the Council depends on your timely remittance of dues!!

Grand Knight's Message

I would like to welcome two new Knights to our council, Worthy Brothers Juan Pablo (JP) Zelaya and Sebastian Amaya! Both attended our Council's in person Exemplification on February 17th. We also recruited another eKnight, Brother Anthony Constantino—who, due to being active service, had to deploy for the next several months. We are hoping he has a minute to take the OnDemand Exemplification soon or we will be glad to conduct one just for him upon his return late this summer. We also welcome transferee, Brother Michael Lewis (and his wife, Celeste) to the Council. Please see this month's newsletter article on the Exemplification. We gratefully welcome these fine Catholic gentlemen to our Order and our council. Please provide them a warm welcome when you see them about the parish.

I would like to extend thanks to all Brothers who assisted in the exemplification. Your hard work provides a welcoming environment for our new Knights. I would also like to thank those brother Knights who have stepped up to assist FS/SK Roger Williams in March. More help is still needed—please reach out to Roger directly at rlwsb11@gmail.com to assist. Finally, I would like to thank Brothers Martin Oppus and Roger Williams for all their hard work on the pilgrimage to the St. John Paul II Shrine in DC (Feb 26th).

Lent, which starts on March 2nd, is 40 days long as we all know, but you will see there are 46 days between Ash Wednesday and Easter Sunday. The reason for this is that Sundays are not technically a part of Lent. This is a reminder to us that even though as we take our annual penitential and preparatory journey, we still take time to acknowledge the joyful events that are an indelible part of our faith.

With a Christ House dinner service, two fish fries, and a Novena for Life, March will be a very busy month. It will also be a very visible month for our Council. I remind all Brothers to wear something to identify themselves as Knights whenever serving the parish.

Wishing you all a blessed and holy Lent,
Dan Penrose

Knight of the Month

So, this month's Knight of the Month is no stranger to these pages. Brother Martin Oppus took a leave of absence, just after Christmas—reluctantly relinquishing all his positions and responsibilities—in order to travel to California to take care of his nonagenarian Mother. At the time, he thought that could be a long-term proposition. As the Lord would have it, Martin's mother improved, as did other ancillary situations, and he and

wife Sonia were able to return to the “right” coast. Brother Martin, picked up right where he left off as Council Lecturer, Faith Director, Pastoral Council member, etc. etc. Another wonderful example of “prayers do work.” Mother Oppus and the Council are blessed to have Brother Martin in our midst! Congratulations on being this month’s Knight of the Month!

Family of the YEAR

The Virginia State Quarterly meetings are being held on March 5th at St. Leo’s Catholic Church in Fairfax. Councils have been asked to present their Family of the Year for State consideration at the Virginia State Convention in May. The Council is pleased to announce that our 2021/2022 Family of the Year is that of FS Roger Williams, wife Susan and son Brett.



The Williams’ entry reads in part: “FS Roger Williams, PGK is the core of the Council. For the past six years, if the Council has done something, he has been in the center of it. From resurrecting the

Newsletter, to establishing a new website (VA State Website of the Year - 2019), to coordinating and sourcing essentially every event and activity held over the last six years. Obviously, with that level of effort, wife Susan is a strong supporter of the Knights and Council. She also is personally involved in many Council activities to include feeding the homeless, Coats for Kids, Christmas Baskets, and KCIC to name a few. Son, Brett, while at home during school breaks and during the COVID lockdown, also involved himself in all Council activities he could attend...and ultimately joined the Order and became an insurance member in August 2021.”

The Council is indeed blessed to have SK Roger and his family as part of ours and pray for them as they move forward in the State Family of the Year competition. For now, Congratulations on your selection as Pope John Paul II Council 4522’s Family of the Year!

Combined Exemplification

Council 4522 conducted our second successful combined exemplification, this one on February 17th at Queen of Apostles Catholic Church. Brothers Juan Pablo (JP) Zelaya and Sebastian Amaya took their oaths and were welcomed into our council. JP was accompanied by his wife, Marlene; and Sebastian was accompanied by his wife, Maria, daughter, Emily and two sons, Sebastian Jr. and Elijah. GK Daniel Penrose

served as the presiding officer, DGK Vincent Guevara presented the lesson on Charity, FN Carroll Glass presented the lesson on Unity, and SK Roger Williams presented the lesson on Fraternity. Candidates were invested by our worthy District Deputy, John Knox; our Chaplain and Pastor, Fr. Alexander Diaz presented the opening and closing prayers; and Brother Daniel Restivo served as the Warden.

A repast was held afterwards in the Blessed Fr. McGivney Conference room, in the Queen of Apostles Parish Center. Sandwiches, chips and cookies were served, and all attendees shared in the fellowship. This has been the second combined exemplification held this fraternal year. Special thanks to brother Roger Williams and Fr. Diaz for their recruitment efforts and all the Brother Knights who made this event possible.

FISH FRY Friday, March 11th



Our Annual Fish Fry(s) resume this Lenten season with the first one scheduled on Friday, March 11, 2022 at Queen of Apostles

Catholic Church’s Hannan Hall—the second will be held on Friday, April 1st (no, that is not a joke....) They return as “IN PERSON” dinners as well (although we will gladly prepare to-go boxes if diners would prefer).

Service Time: There will be ONE continuous serving time beginning at 5:00 PM and ending at 8:00 PM
Cost per order: \$12.00/\$6.00 children’s menu (Max \$57.00 per family)

Each order will contain: Fried or Baked fish – your choice, fries, coleslaw, a cookie and condiments. If dining in, sodas, juice, and water will be provided. Kids’ meals are the same...fish sticks replace the fried or baked fish choice.

NOVENA for Life, March 16th – March 25th



The protection of life is a sustained prayer intention of the Church, and of the Knights of Columbus. Knights remain firmly committed to defending the right to life of every human

being – from the moment of conception to natural death. To commemorate and bolster this important cause, Council 4522 is promoting a novena, nine days of sustained prayer, to build up a culture of life in our parishes, homes and wider community. The entire NOVENA is too large to print in the newsletter, but it can be found [here](#). The NOVENA will culminate with The Annunciation of the Lord’s Mass, 7:00 PM at Queen of

Apostles, with a special intention for Life. It is also the 16th Anniversary of Chaplain, Fr. Alex Diaz’s Ordination!

In a Word – HELP!

Brothers, March IS A BUSY MONTH!! We need Brothers on Deck at the following events:



- Throughout Lent – to help pick up and deliver canned goods collected from the 40 Cans for 40 Days Campaign
- Monday March 7th for shopping and Tuesday March 8th for Food prep and serving at Christ House. Muster on the 8th is at 3:30 PM
- Wed-Fri March 9th – 11th Shopping and set up for the first of TWO Lenten FISH FRYs – QofA’s Hannan Hall Please contact FS Roger for specific times
- March 16th – March 25th, NOVENA for Life – Every card-carrying member
- Wed-Fri March 30th, 31st and April 1st - Shopping and set up for the second Lenten FISH FRY QofA’s Hannan Hall Please contact FS Roger for specific times

40 Cans for 40 Days Campaign

We are once again partnering with Queen of Apostles Catholic School to hold the Fifth Annual 40 Cans for 40 Days Campaign at the school. The Campaign provides the children (and their families) blessings each day during Lent—providing them with the opportunity to give alms, promote charity to others, and learn/know more about sacrifice in the way of bringing a canned good to school each school day.

Last year’s campaign, simply put, was amazing! The children, the parents and the QofA staff all participated...and did they ever—to the tune of 8,206 lbs of mostly canned goods (including three 100 lbs bags of rice)! That’s right, over FOUR TONS of food was collected!

It was an incredible Campaign! The bar has been set. We are looking forward to another record-breaking year!



March 25th FOUNDER’S DAY



Each March 25th, we celebrate Founder’s Day, which marks the date on which the Knights of Columbus was granted its charter by the State of Connecticut in 1882 and which honors, in a particular way, our visionary Founder.

Blessed Michael McGivney was inspired to create a band of Catholic gentlemen, devoted to the principles of charity and unity — helping those in need; growing in faith and virtue as Catholic husbands and fathers; and providing financial security to families. The beatification of Father McGivney was a testament and affirmation of his spiritual vision—and we should each feel encouraged in realizing that vision to this day. For even if the challenges facing Catholic men have changed, the mission set forth by our Founder remains as relevant as ever.

Together, let us continue to reach out to our neighbors in need and to build up our own families, parishes and communities. In so doing, we will honor our holy Founder and ultimately give glory to God. Blessed Michael McGivney, pray for us.

The 4 Ways to read Scripture every Catholic should know
Fr. Patrick Briscoe, OP (borrowed in part...Aleteia.org)

We may be tempted to treat the Bible as a family memory book. We can pour over the stories contained therein and receive a fuller sense of who our ancestors were and who we ourselves are as their heirs. By praying over the stories of prophets and apostles, we see icons of holiness and encounter invitations to happiness and holiness in our own lives.



As a photo album captures snippets and stories, we come to know about God himself. The glimpses he offers of his own wisdom, power, and might help us to understand more about God. He tells us things we never would have guessed: like that he is a Trinity, a union of Father, Son, and Holy Spirit or that he offers us outpourings of his grace in the sacraments. The Scriptures however are not a one-dimensional book. They are not a mere repetition of history; The Bible is God’s Holy Word, living and true.

By telling us about himself, God invites us into a dialogue with him. Pope Benedict XVI teaches, “The word of God draws each of us into a conversation with the Lord: the God who speaks teaches us how to speak to him.” God wants us to know the deepest, most authentic love. By pouring over the Scriptures, we begin to discover the fullness of who God is, and in so doing we illuminate the mystery of who we ourselves are.

Because the words of salvation on its holy pages are living words, we cannot simply recite and pass over it. There is a richness to every verse, a harmony of meaning to be found. Scripture has historical and spiritual meanings. A wealth of symbolism and meaning can be hidden in just a single verse.

Next month, we'll look at the four senses of Scripture.

Sacrament of Holy Matrimony



Brother Cory Williams, and his fiancée, Taylor, are pleased to announce that they will be celebrating the sacrament of Holy Matrimony. Their Wedding and Nuptial Mass will be held on Saturday, April 23, 2022, at 2:00 pm at Queen of Apostles Catholic Church. Fr. Joseph Rampino will be the celebrant. Brother Cory and Taylor wish to extend an invitation to all the Council Knights and guests.

Their reception will be held after the Mass—although in Dickerson, MD. Brother Knights and guests are also invited to the reception. Please contact Brother Cory at coryawilliams@yahoo.com for more information concerning the reception. May God bless them!

March 2022 Birthdays



Rev. Thomas E Murphy, OSFS	03-03
Peter S Guevara	03-10
Michael C Kenney Jr.	03-14
Frank B Ford	03-16
Patrick Okoronkwo	03-17
Ciro F Cosgayon	03-21
Gregory P Erkens	03-22
PGK Joseph P Lynem	03-24
Vincent Joseph S Guevara	03-25
Mark Anthony S Guevara	03-25
Matthew Benedict S Guevara	03-25



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The submission deadline for the April Newsletter is March 20th

MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

For questions or comments, please contact the Editor, John Cosgayon at jncos95@outlook.com.
Additional information and points of contact are posted on our website at www.kc4522.com.

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