

# The Knightly News

COUNCIL 4522

CHARTERED 1958



**KNIGHTS  
OF COLUMBUS**  
IN SERVICE TO ONE. IN SERVICE TO ALL.



## Monthly Newsletter

March 2020

### IMPORTANT DATES IN MARCH

Wednesday, March 4<sup>th</sup> – Officer's Meeting, 7:30 PM

**Queen of Apostles' Parish Center**

Tuesday, March 10<sup>th</sup> – Christ House – Serving Dinner, 4:00 PM

Wednesday, March 11<sup>th</sup> – General Business Meeting, 7:30 PM Council Home

March 16<sup>th</sup> – March 25<sup>th</sup>, NOVENA for Life

**Tuesday, March 17<sup>th</sup> - Celebrate the Feast of St. Patrick**

Friday, March 20<sup>th</sup> – Lenten FISH FRY – QofA's Hannan Hall – 4:30 PM Muster

Wednesday, March 25<sup>th</sup>, The Annunciation of the Lord – 7:00 PM Mass, QofA

Sat/Sun, March 28<sup>th</sup>/29<sup>th</sup> – KOVAR – Queen of Apostles, ALL Masses

Sat/Sun, March 28<sup>th</sup>/29<sup>th</sup> – Membership Drives – Queen of Apostles, ALL Masses

Sunday, March 29<sup>th</sup> – Corporate Communion, Noon Mass @ QofA

Sunday, March 29<sup>th</sup> – Family Rosary, after the Noon Mass

**\$\$\$HAVE YOU PAID YOU DUES YET??\$\$**

**If not, your current Card EXPIRED February 29<sup>th</sup> You are at risk of being SUSPENDED!**

**Please check your email (incl SPAM) for Notices from the Council Immediately**

Your Good Standing and the health of the Council depends on your timely remittance of dues!!

### Grand Knight's Message

My brothers, it is that time of the fraternal year when we fill our slate of officers for the 2020/2021 fraternal year. All the offices are open. If you are currently serving in any of the offices, the election committee will inquire with you to see if you would like to run for the same office or a different office. Brother Dan Penrose was appointed the nomination committee chair at the general membership meeting on February 12, 2020. We need two additional members for the nomination committee. If you would like to serve on the committee, please let me know. I am hoping that the members of Council 4522 will show a keen interest in all offices so that an actual vote could be cast for every office.

The Queen of Apostles' Couples Holy Hour, held on Thursday, February 13, 2020, was beautiful and spiritually filled. The reception held in the vestibule was rich and delightful. If you missed it this year, I would encourage you not to miss it next year. The Knights, I suggest, we make this activity a yearly event as part of the Faith in Action program.

We have a busy March, filled with enriching activities. I am requesting your participation in these activities as many as you can. Some of these events include Serving

dinner at Christ House, on Tuesday, March 10<sup>th</sup>; participation in the Novena for Life; the Annunciation Mass on Wednesday, March 25, with a Mass intention for the "Unborn" at 7:00 pm; Fish Fry on Friday, March 20, and the recruitment weekend and corporate communion on March 29, 2020. Please see other activities and dates elsewhere in this newsletter.

The patron saint of our council Pope John Paul II instituted the annual February 2 World Day of Consecrated Life, the February 11 World Day of the Sick, and a World Meeting of Families every three years. In 1984, welcoming hundreds of thousands of young people to the Vatican for a special Palm Sunday celebration, he launched what has become the most significant internal gathering on the church's calendar: World Youth Day.

Consequently, our patron saint, we as council 4522, the John Paul II council, we have a responsibility to attend the annual February 2 World Day of Consecrated Life, the support and visitations of the sick and provisions of food baskets for families in December and KOVAR activities. We should equally work to support the Queen of Apostles School, and promotion of youth activities as our way of supporting the World Youth Day. The name

we bear provides us the encouragement, support, and responsibility to work closely with our pastor as an extension of his arm, and in service to our Catholic Community and society. We chose the name—we should live and be the name.

**Knight of the Month**

It is an honor for me, to name Vincent Guevara the Knight of the Month. Vincent is the Council 4522 Warden and Community Director. He coordinated and ran the council’s soccer challenge competition and also took our council/district champions to the state level competition. Vincent also ran the council free throw championship competition and took the winners to the district event at St. Michael’s.

He supports the parish as a lector and is passionately involved in youth activities not only in the council but also in the church. Brother Vincent Guevara, thank you for all that you do in the council and our parish community. May God guide and keep you always!

**Family of the Month**

We are pleased to recognize Queen of Apostles’ parishioners, Gilmer Paredes, Monica Munoz and their children, Mariana and Sebastian as our Council Family of the Month. This family is always ready to volunteer and lend a hand.

Gilmer and Monica help lead the Emaus group. They are eucharistic ministers. Gilmer and Monica assist with the Mass in Spanish and many social and spiritual events. Monica has provided meals for events on many occasions. She has often volunteered in the parish office. Gilmer has assisted Fr. Juan with some of the maintenance issues on campus. Mariana is a volunteer with the youth group, Nazareth. She is a member of the parish’s college/young adult group and volunteered at Vacation Bible School and Mardi Gras.

Congratulations (and Thank You!) to Gilmer, Monica, Mariana and Sebastian, Council 4522’s Family of the Month!

**Why are you here? To know God. To love God. To serve God.**

If you are a man, you are called to share the faith. You are called to live the faith. Step into the breach this Lenten season to strive nobly and discover your role as a Catholic man in today’s world. The Knights of Columbus has produced a 12-episode video series inspired by the *Apostolic Exhortation into the Breach* written by Bishop Olmsted of Phoenix.



Each episode features a man’s personal story and major Catholic figures such as Dr. Scott Hahn, Father Mike Schmitz, former NFL player Matt Birk, FOCUS founder Curtis Martin and others who break down and explore the virtues of Catholic masculinity. All the episodes can be seen here: [kofc.org/intothebreach](http://kofc.org/intothebreach) Will you step into the breach with your brother Knights and answer God’s call to lead?

**Chalice Ceremony – PGK Richard P. Owen**



Fr. Malloy Assembly, #1894, conducted a Chalice Ceremony in honor of Richard P Owen, PGK, PFN, FDD, on January 29, 2020. The reverent ceremony was held in Providence Hall in Fairfax, VA—a place where Brother Richard spent many days supporting the Knights, the community and answering God’s call. An engraved chalice with Richard’s name was presented to his widow, Geri Owen. Shortly the chalice will be delivered to a parish in the Philippines—then, every time Holy Mass is said, the priest remembers Brother Richard in his prayers. May we always keep him, Geri, and their family in our prayers.

**New 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> Degree Exemplification Ceremony:**

*Rooted in Past, Tailored for Present-- At the State Deputy meeting in November 2019, Supreme Knight Carl Anderson announced a historic moment for the Order — the introduction of a new and groundbreaking combined exemplification ceremony, highlighting the principles of charity, unity and fraternity. Here are excerpts from his speech.*



**Why the change?**

“In recent decades, we have found it harder to bring men, especially young fathers, into the Order. When we ask them why, they tell us three ceremonies are too time-consuming and too difficult to attend. They tell us that secrecy is unnecessary.”

“Many local councils lack ceremonial teams or the manpower to organize degrees. This means many candidates wait far too long to fully join our ranks. Some give up. Too many never take their Second and Third Degrees. Last year, only little more than half of the men who took their First Degree also took their Third Degree.”

**How the change came about**

“Our most recent supreme convention adopted a resolution from Illinois to consider combining our current First, Second- and Third-Degree ceremonies into one and removing the condition of secrecy. . . . We undertook an inclusive process with supreme directors, state officers and ceremonialists with many decades of experience in the exemplification of our degrees.”

**Inspiring a new generation**

“Just as our forefathers rallied to meet the challenges of their day, we must inspire the men of our day. We must reach out to meet these men where they are. And when we do, we must show them that they are called to be men of Charity, Unity and Fraternity. Because of this we are acting to make our Order more inviting and more accessible.”

“We must forge a new generation of Knights — men who see in our principles of charity, unity and fraternity a path to leading a Catholic way of life that can strengthen their families, their parishes and their communities. We must reach a new generation of men by the witness of our charity, our brotherhood and our ceremonials.”

**The new exemplification**

“This new ceremonial is rooted in our past and tailored to our present. It will inspire more men to join us. Most of all, it will empower the Knights of Columbus to advance our mission and grow in the years ahead.”

“Instead of having separate ceremonies, all three degrees can now be conferred in a single ceremony. The new exemplification focuses on the history and principles of our Order. It presents a fuller and richer understanding of who we are, what we stand for and what we are called to be. It hearkens back to the simple ceremonies of Unity and Charity first approved by Father McGivney. Our new ceremony can be held in a council chamber or in the parish with families and friends seated in the pews. They will see firsthand, the organization that their husbands, fathers, brothers, sons and friends are joining — the principles and values they are committing to and why it matters.”

Council 4522 is working with District 15 Deputy and PGK, John Knox, to establish a new Exemplification Team and/or join other teams within the District so our new incoming members can usher into the Order as soon as possible. If you are interested, please contact WGK Patrick Okoronkwo or FS Roger Williams as soon as possible. Thank you in advance for considering a part in this most important activity.

**Supreme Chaplain Archbishop William E. Lori’s Monthly Challenge**

*“You are the salt of the earth. But if salt loses its taste, with what can it be seasoned? It is no longer good for anything but to be thrown out and trampled underfoot.”* (Gospel for Feb. 9, Mt 5:13)

Imagine that you’re at a steakhouse, and your plate finally arrives. Then, just as you are looking for the salt, you learn that the restaurant has completely run out of it. It’s easy to see that without salt, our food can be bland and tasteless. Turning to the words of our Lord, has your life of faith become bland and insipid? Jesus did not die for our sake in order that we might offer the world a mediocre reflection of his life. As we embark on our Lenten journey, may we strive to be men who season the world and our communities with the salt of an authentic and inspiring Christian life.

***This month, I challenge you*** to sharpen your Christian witness by saying grace before meals at home and in public. Second, as you begin your Lenten journey, I challenge you to develop your “saltiness” through spiritual reflection, either with the Faith in Action Spiritual Reflection program or on a more informal basis.

**NOVENA for Life, March 16<sup>th</sup> – March 25<sup>th</sup>**

The protection of life is a sustained prayer intention of the Church, and of the Knights of Columbus. Knights remain firmly committed to defending the right to life of every human being – from the moment of conception to natural death. To commemorate and bolster this important cause, Council 4522 is promoting a novena, nine days of sustained prayer, to build up a culture of life in our parishes, homes and wider community. The entire NOVENA is too large to print in the newsletter, but it can be found [here](#). The NOVENA will culminate with The Annunciation of the Lord’s Mass, 7:00 PM at Queen of Apostles, with a special intention for Life.



**In a Word – HELP!**

Brothers, March IS A BUSY MONTH!!

We need ALL Brothers on Deck at the following events:

- Tuesday, March 10<sup>th</sup> – Christ House – Serving Dinner, 4:00 PM (need at least SIX)
- March 16<sup>th</sup> – March 25<sup>th</sup>, NOVENA for Life – Every card-carrying member



And ALL Queen of Apostles' Knights at some point for these specific events

- **Friday, March 20<sup>th</sup> – Lenten FISH FRY – QofA's Hannan Hall – 4:30 PM Muster**
- Sat, March 28<sup>th</sup> – 5:00 Muster -Bartenders for QofA School Spring Gala
- Sat/Sun, March 28<sup>th</sup>/29<sup>th</sup> – KOVAR – Queen of Apostles, ALL Masses
- Sat/Sun, March 28<sup>th</sup>/29<sup>th</sup> – Membership Drives – Queen of Apostles, ALL Masses. The Virginia State Membership Team will be on site to assist—and WE need to make a great impression!
- Sunday, March 29<sup>th</sup> – Corporate Communion, Noon Mass @ QofA and 5<sup>th</sup> Sunday Family Rosary, immediately following Mass

Please contact WGK Patrick Okoronkwo or FS Roger Williams as soon as possible to volunteer!

**FORE...Charity**



The Virginia State Council proudly announces the First Annual Knights of Columbus Virginia Open! The first annual golf tournament and fund-raising event will benefit in the part, the 200<sup>th</sup> Jubilee

of the Diocese of Richmond. The Tourney will be held at the prestigious Magnolia Green Golf Club in Mosley, VA on Friday, May 1, 2020—a best ball style event, designed for maximum entertainment and comradery.

For \$100 per person you get: Entry fee (which includes range balls, green fees, cart, goodie bag and lunch) Several mulligan programs will be available. Beverage and cigars carts will roam the course. Prizes and a lunch will be waiting at the end of the tournament! If you are interested, please contact Financial Secretary, Roger

Williams at [sbrog11@yahoo.com](mailto:sbrog11@yahoo.com) or (703) 629-3239 to get more details and/or join the fun! This is a GREAT cause and the more the merrier!!

Commemorative Golf Hats are also available for just \$20 AND sponsor opportunities also exist!!! Again, contact FS Roger.

**The Life and Times of St. John Paul II...con't**

In America, we are not familiar with the Catholic term "Primate," but as it relates to the elevation of Karol Woytla to Archbishop of Krakow.

The term Primate refers to a canonical administrator over an extra diocesan geographical area, usually a metropolitan area. While some bishops still hold this title, in modernity, it no longer has any additional function above that of the bishop's normal assignment.

At the time of Wotyla's elevation to Archbishop, the Primate of Poland was Primate Wysniewski. His position was important as a deal existed between the Primate and the Communist government that senior church positions had to be mutually agreed upon by both parties. This effectively gave the Communist government a veto over future Church leadership in Poland. The post of Archbishop of Krakow had been vacant for some time because the Church and State could not find a mutually agreeable candidate.

The circumstances and story of how Bishop Wotyla managed this role will be the subject of our lecture next meeting.

**Happy March Birthdays to All!**



- Rev Thomas E Murphy OSFS 03-03
- Peter S Guevara 03-10
- Michael C Kenney Jr 03-14
- Frank B Ford 03-16
- Patrick K Okoronkwo 03-17
- Ciro F Cosgayon 03-21
- Gregory P Erkens 03-22
- Vincent Ray M Ramos 03-22
- PGK Joseph P Lynem 03-24
- Mark Anthony S Guevara 03-25
- Matthew Benedict S Guevara 03-25
- Vincent Joseph S Guevara 03-25

**Casey Women's Club**

Our February meeting had ten attendees with a full agenda. With Easter early in April it was decided there will not be a Spring fundraiser of See's Candy.

President, Connie King voiced concern of the status of our two letters requesting funds for charities from the Ortolani Trust that were forwarded to the Foundation Committee in July and October 2019.

Attendance as a group for the Stations of the Cross during the Lenten season was approved by our members. Connie King, President, will locate a church and times for afternoon Stations of the Cross to be addressed at our March meeting.

A motion made and approved that attendees will either have lunch prior to the meeting or bring a Brown Bag lunch to have before the meeting. Dessert will still be provided. Hostess for March is Peggy Puritano.

Ethel Apostolico, Membership Chair, will provide a new Membership List in March.

Happy Birthday to our ladies \* Geri Owen-10th and Ruth McFadden-23rd \*God's Blessings be with you\*.

Retiree lunch is March 31st. Please call Geri or Ethel if you plan to attend. Bunco will follow.

Blessings of Health, and Happiness to all.

Connie King, President



The Annunciation of the Lord  
March 25th



**Reminder All editions of The Knightly News, past and current, are available on the Council website at [www.kc4522.com](http://www.kc4522.com)**



Fish Fry - March 25<sup>th</sup> - 6:00 PM  
Queen of Apostles' Hannan Hall  
(Before and after the Stations of the Cross)

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4200 MARTIN AVE., ANNANDALE, VA 22003  
TELEPHONE: 703-992-0129 WEBSITE: [www.kc4522.com](http://www.kc4522.com)

**The submission deadline for the April 2020 Newsletter is March 20th**

MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

For questions or comments, please contact the Editor, John Cosgayon at [johnnicholascosgayon@gmail.com](mailto:johnnicholascosgayon@gmail.com).  
Additional information and points of contact are posted on our website at [www.kc4522.com](http://www.kc4522.com).

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