

The Knightly News

COUNCIL 4522

CHARTERED 1958



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.



Monthly Newsletter

March 2019

IMPORTANT DATES IN MARCH 2019

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Wednesday, March 6th – Officer's Meeting, 7:30 PM Council Home
 Wednesday, March 6th – 40 Cans for 40 Days starts at QofA Catholic School
 Tuesday, March 12th – Christ House – Arrive at 3:45 PM or ASAP
 Wednesday, March 13th – General Business Meeting, 7:30 PM Council Home
 Friday(s), March 15th and 29th – Lenten Fish Fry – QofA Hannan Hall – 6:00 PM
 Saturday, March 16th – 9:00 AM Pray the Rosary – 101 S. Whiting St. Alexandria
 March 17th through March 25th – NOVENA for LIFE
Monday, March 25th – KofC Mass for Life – QofA – 7:00 PM
 Friday, March 29th – Veterans' Hospital Visit – Martinsburg, WV – 2:00 PM Departure
 Sunday, March 31st – Corporate Communion – NOON Mass @ QofA
 Sunday, March 31st – Family (5th Sunday) Rosary - ~1:00 PM at QofA

\$\$HAVE YOU PAID YOU DUES YET??\$\$

Please do so as soon as possible!

The financial health of the Council depends on your timely remittance of dues!!

Beginning with the March GBM, if you have not paid your dues and do not have a 2019 Membership Card you

WILL NOT be allowed in the Chamber or access to any KofC meeting or function

Grand Knight's Message

Look at that Header! Told you to rest up in February— March is a month FULL of activities. The Venerable Fr. McGivney will be very proud of us by the end of the month. We'll be able to **change a man's life**—by feeding him (and our sisters) at our Lenten Fish Fry(s) and visiting the hospitalized at the VA; we'll be able to **deepen and enrich his faith**—by participating in Corporate Communion and praying the Rosary; we'll be able to **strengthen his family**—through the NOVENA for Life and the KofC Mass for Life; and we'll **build better lives for those who so desperately need help**—by serving dinner to those in need at Christ House and collecting 40 Cans for 40 Days.

It's time for our STG (Same twenty (hopefully thirty) guys) to step up! See where we need help in the "Help Wanted" section found later in this Newsletter. We also need ALL of you to participate in the NOVENA for Life (March 17th – 25th) and certainly make yourself and your families (and friends) available to attend the March 25th Mass for Life at Queen of Apostles at 7:00 PM.

Let's get involved this month! Let's make the Venerable Fr. McGivney proud of Pope John Paul II Council this month!!

May God bless you and your family!
GK Roger

Knight of the Month

Our February Knight of the Month is Brother Kelvin Mmassy. Brother Kelvin earns the distinction of Recruiter of the Year...thus far, for bringing into the Order not one, but TWO new Brother Knights. Brother Kelvin is typically a quiet young man, but will always be found with a big smile and a helping hand! Brother Kelvin is an usher at Queen of Apostles and regularly attends Mass with his family. His compassion for fellow man (women and children) transcends his life—he is President of Sagun Home Care, Inc. He and his staff provide care for seniors and other clients. The Council congratulates Brother Kelvin as the February Knight of the Month!

Family of the Month

The Delaneys, PGK Craig, wife Casey and daughter, Claire are February's Family of the Month. Craig and Casey are both active in their community and the St. Michael's parish. Craig volunteers to chair the North Springfield Audit Committee while Casey volunteers at the local elementary school and its PTA. In February, Casey volunteered at the elementary school bingo where she helped to raise \$1,000 for the 5th grade field trip. Craig, Casey, and their 11-year-old daughter, Claire, also volunteer to deliver the neighborhood newsletters, which they did in chilly February.

In addition, Craig is Pope John Paul II's treasurer for the Casey Club, where he works with WFS Vinnie Apostolico to ensure the monthly bills are paid for the Council home. Even with all their after-school activities, the family still manages to spend quality time together either playing board games or relaxing during Friday pizza and movie nights. The family regularly attends Sunday mass where Craig is a part time usher at St. Michael's parish. Congratulations to the Delaneys, our Family of the Month for February 2019.

Council 4522 – Then, Now, the Future - Continued



As discussed last month in this newsletter and during the February General Business Meeting, we find ourselves at a significant crossroads. From the

second largest Council in the state in the 1970s—serving as many as 15 parishes, to a membership of just over 200 now—serving just one, Queen of Apostles in Alexandria—the need for change is growing. The Council's life is in jeopardy.

Worthy Chancellor Jay Moore put forth a motion last meeting to obtain the sense as to how we felt about officially moving the Council to Queen of Apostles, which is effectively the only parish from which we can recruit and grow. The motion spurred discussion and debate but in the end, the “strawman” vote was almost unanimous in favor (one “nay” vote). Most important to come from the motion was a sense that everyone needed to be involved in the decision—hence is why we declared it a “strawman” vote at the time. The Council has active brothers from many different parishes, and there is a certain understanding that some may feel less inclined to belong to a “Queen of Apostles” Council. That is certainly something we wish to avoid seeing happen. For example, the Chancellor has been a parishioner at Blessed Sacrament for the past 12 years (although a former Queen of Apostles parishioner). He

has no intention of leaving based upon our affiliation with Queen of Apostles—but not everyone will feel the same about this and we understand.

As previously discussed, the Council has a unique and timely opportunity to become a closer part of the Queen of Apostles—by physically having a majority presence in the Parish's new ministries building. Because of this, the following motion was discussed in brief at our last meeting, and we intend to put it forward in the next: “Motion to affiliate and move the Pope John Paul II Council to the Queen of Apostles Parish Campus.” This will enhance our mission focus and help us to grow organically as part of Queen of Apostles. Please consider the motion at your convenience and make plans to attend the next meeting to vote upon it.

We would love to have you there for the discussions and pending vote or if you have questions, comments or grounded opinions, please feel free to share them with Grand Knight Roger Williams at rlwsb11@gmail.com or call (703) 629-3239.

HELP (REQUIRED) WANTED!



- *Wednesday, March 6th – 40 Cans for 40 Days starts at QofA Catholic School* (It would be nice to have others help pick up cans each school morning at approximately 8:20 AM – through Lent)
- *Tuesday, March 12th – Christ House – Arrive at 3:45 PM or ASAP* (In January we were down “one man” and things didn't run quite as smoothly – That is how precarious this ministry is....down two? We may not be able to successfully serve dinner to 60+. We really NEED to get more Brothers involved! Are you one of them??)
- *Friday(s), March 15th and 29th – Lenten Fish Fry – QofA Hannan Hall – 6:00 PM* (Dinner is served at 6:00PM....only after at least 90 minutes of prep and 60 minutes of clean up afterwards. Your help is desperately needed to ensure we can meet the needs of 80+ each Friday!! Please contact SK Jean Roger Bion at rogerbion05@gmail.com if you can help out...either or both Fridays!)

Spiritual Reflection/Retreat to St. John Paul II National Shrine



On a brisk, but sunny and beautiful, February 2nd nearly 20 pilgrims left Queen of Apostles for our first ever Pope John Paul II Spiritual Retreat, led by our Chaplain, Fr. (SK) Leopoldo Vives. Starting with several prayers along the bus ride, we arrived at the Saint John Paul II Shrine ready to dive into the spirituality of the day. SK Joseph Lyman and Brother Brown, our host at the Shrine, put together a perfect itinerary, extremely well organized—the pace of the day was fluid and comprehensive. The Rosary in the Luminous Mysteries Chapel (including the opportunity to venerate a 1st class blood relic of St. John Paul II, Mass in the Luminous Mysteries Chapel, the Mercy Prayer and Chaplet, a guided tour of St. John Paul II's permanent exhibits (including many of his own personal items on display), a great lunch and finally a prayerful and spiritual discussion led by Fr. Vives—while the beauty of the Mosaics captivated our attention throughout the day. What a day was missed if you didn't attend it! The entire day disappointed no one and the feedback continues to be extremely positive! Everyone talked of the spiritual uplift from the day of prayer, reflection and fellowship.

The St. John Paul II Shrine is an incredible place for spiritual enrichment—and remember it was built and is maintained by the Knights of Columbus! Said best by our host, Brother Brown, "It is our sincere effort to encourage a greater understanding of the life, witness, and legacy of this extraordinary saint. I hope your pilgrimage will bear much fruit!" The Pope John Paul II Council Knights and guests will all certainly testify to the fruit this retreat has and will bear!



A snapshot of our brothers who attended the retreat (above)

The NOVENA for LIFE

March 17th through March 25th, the Council will sponsor and participate in the Knights of Columbus' NOVENA for LIFE.

The protection of life is a sustained prayer intention of the Church, and of the Knights of Columbus. Knights remain firmly committed to defending the right to life of every human being – from the moment of conception to natural death. To commemorate and bolster this important cause, Pope John Paul II Council 4522 is promoting this NOVENA, nine days of sustained prayer, to build up a culture of life in our parishes, homes and wider community. While nothing is more important in what we do than saving a life, this IS a required program in the Life category for the Council to be eligible to receive the Columbian Award.

Suggested Intercessions, Prayers, Reflection and Acts of Reparation are included at the end of this Newsletter.

The NOVENA will culminate with a Mass for Life, Monday, March 25th at 7:00 PM at Queen of Apostles. Council Chaplain, SK and Fr. Leopoldo Vives will celebrate the Mass. PLEASE make plans to attend this most important Mass.



Casey Women’s Club

February 14th, Valentine’s Day, opened our meeting which was lively and lovely.

Ruth Zirkle, co-chair with Ethel Apostolico of the Charity Committee read a list of charities to be considered this year. After much discussion, members approved a donation to The Little Sisters of the Poor in Richmond, VA. President Connie requested the committee submit one report in March with two lists, Foundation and CWC Charities—each list to have five charities; members will vote in March for the year.

Marion Scaffidi mentioned she has many personal items left from the Christmas Gift Bags—she recommended we donate those items to Bethany House, motion was approved.

VP Geri Owen confirmed the Bistro Lunch at Annandale High School/Culinary School, however we needed to choose a date. Members approved May 9th, at noon, cost of \$11 per person. Information for those needing a ride will be forthcoming.

President Connie mentioned she has a menu with biblical references to the food. She suggested hostesses for the months of March and April could use the list if it was feasible to them, since our meetings are during Lent. She also offered to make cards to identify the biblical references.

Ruth Brophy asked President Connie to address the Easter See’s Candy fundraiser at our March meeting.

Prior to adjourning our meeting, Ethel led us in the Polly Anna gift exchange. It was fun and exciting.

Hostesses Peggy Puritano and Connie King shared Valentine’s Day with decorations, cakes, cookies, fruit and food. Everything was delicious! Peggy also presented each member with a gift bag. Thank you, Peggy, from all of us!

I would like to take this opportunity to acknowledge member Pat McHenry who graciously submits three prizes to the drawn at all of our meetings. Pat, we thank you and miss you!

March birthdays include Geri Owen on the 10th and Ruth McFadden on the 23rd. Happy Birthday and may God Bless you! Retiree Lunch is March 26th at Noon. Bunco will follow lunch. Call Ethel if you plan to play Bunco.



Happy March Birthdays!

Rev Thomas E Murphy OSFS	03-03
Peter S Guevara	03-10
Michael C Kenney Jr	03-14
Frank B Ford	03-16
Patrick K Okoronkwo	03-17
Ciro F Cosgayon	03-21
Gregory P Erkens	03-22
Vincent Ray M Ramos	03-22
PGK Joseph P Lynem	03-24
Mark Anthony S Guevara	03-25
Matthew Benedict S Guevara	03-25

SUPPORT LIFE!

To read/learn more visit:
<http://www.kofc.org/un/en/liberty-life-family/culture-of-life.html>

Reminder

All editions of The Knightly News, past and current, are available on the Council website at www.kc4522.com



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The submission deadline for the April 2019 Newsletter is March 20th

MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

For questions or comments, please contact the Editor, John Cosgayon at johnnicholascosgayon@gmail.com.
Additional information and points of contact are posted on our website at www.kc4522.com.

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