

The Knightly News

COUNCIL 4522

CHARTERED 1958



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.



Monthly Newsletter

June 2025

IMPORTANT DATES IN JUNE 2025

Wednesday, June 4th – Officers' Meeting 7:30 PM via ZOOM
Saturday, June 7th - 11:00 AM-1:30 PM - National Men's March to Abolish Abortion and Rally for Personhood - Washington, D.C.

**Wednesday, June 11th – General Business Meeting HYBRID - 7:30 PM
via ZOOM AND IN PERSON – Guadalupe Center, QofA Campus**

NOTE: 2025/2026 Elections will be held during THIS meeting!

2025/2026 Budget will be presented

Saturday, June 14th – Flag Day

Sunday, June 15th – Father's Day!

Saturday, June 21st – Corpus Christi Procession, 5:00 PM Mass @ QofA – Need 4th Degree Color Corps!!!
EVERY Saturday morning 2:00-3:00 AM – Council Holy Hour – Adoration, Queen of Apostles

Grand Knight's Message

Brothers, as we wrap up the fraternal year 2024/2025, I would like to highlight some of our accomplishments. We started the year with an approved budget, which we have followed closely. We considered our finances, and I am pleased to report that our financial situation is strong, as confirmed by our audits.

We sponsored and participated in the Queen of Apostle's feast day parish festival by furnishing manpower for the entire event and specifically staffing the refreshments tent—we also purchased said, refreshments. We conducted a remembrance Mass in honor of our deceased members, covered the 2:00 am Saturday Adoration as our Holy Hour, and held a retreat for our members, as well as, men of the parish. Our members assisted in the usher and lector ministries. We also participated and provided hot dogs and water for the Queen of Apostle parish ministries event. We conducted the annual Christmas poster and essay contests in cooperation with Queen of Apostles Catholic School.

We organized and conducted a successful basketball free throw competition. The Council successfully held two fish fry events and sponsored the Queen of Apostle's golf tournament. We conducted food drives, provided Christmas food baskets to approximately twenty families and distributed about forty Coats for Kids. We participated in selling Keep Christ in Christmas Cards, with the proceeds used to support five seminarians. Additionally, we organized and executed

six meal preparations and served the hungry at Christ House on the second Tuesday of every other month.

The Council has conducted numerous activities that are not listed here. The issue isn't a lack of programs; rather, a dire lack of member participation. I encourage each member to take part in at least three to four activities during the fraternal year.

I want to take this opportunity to express my heartfelt gratitude to the officers and members of Council 4522 for your support and prayers. Your advice and suggestions have been incredibly insightful and helpful during my decision-making process. I encourage you to extend the same support to the incoming Grand Knight and the officers of the Council. Please remember to keep the Grand Knight in your prayers.

The Council election is scheduled to take place on Wednesday, June 11th. It is imperative for all members to actively participate in the voting process for the candidates seeking election to each office. Members have the option to attend the meeting in person or to join virtually, as both modes of participation are available. Your engagement in this meeting is of utmost importance.

Thank you for your trust in me.

Vivat Jesus!

Fraternally yours,

Patrick Okoronkwo. GK, PFN, FDD

Knight of the Month

Our Knight of the Month isn't new to this recognition, having garnished this distinction several times the last few years—our Knight of the Month is our worthy Recording Secretary and Faith Director, SK John Cosgayon. SK John continues to do an excellent job as our recording secretary, capturing the salient points of our meetings, then flipping minutes quickly for review. As Faith Director, SK John is instrumental in keeping the Council aligned with the pastor's mission and needs of the parish. SK John is an integral member of the Council's leadership team, and by all accounts, an exemplary example of a Knight of Columbus. Thank you SK John for ALL your contributions!

2025/2026 Council 4522 Officer Nominations

Each Officer position is vitally important in efficiently running the Council, developing fundraisers, identifying ways the Council can assist the parish and the community, and growing the faith in one another.

All 3rd and 4th Degree Brothers are strongly encouraged to consider running for a position or nominating a qualified Brother for one (NOTE: Any such nomination should be discussed with the potential candidate(s) to ensure they are willing to accept the nomination and carry out the duties of the office they are being nominated for).

Worthy Trustee Dan Penrose dpenrose@engineer.com is the Chairman of the Nominating Committee, and is being assisted by FS Roger Williams sbrog11@yahoo.com. If you are interested in running for a position or want to know what is involved before committing to a position, please contact a committee member or any one of the sitting Officers—as soon as possible. In accordance with Article VIII of the revised Bylaws, the Nominating Committee will submit its report to the Members during the May Council Meeting for the Fraternal Year 2025 to 2026, which begins July 1, 2025.

Please note – Election Date: The Council will conduct its annual election of officers during the regular June General Business Meeting (June 11th) under New Business. Be advised that nominations MAY be made from the floor the night of the election. It is highly recommended that any such nominations be discussed with the potential candidate(s) to ensure they are willing to accept the nomination and carry out the duties of the office they are being nominated for before the actual elections begin.

Positions are as follows (those already registered interest in the position in *italics*):

Grand Knight	<i>SK Richard Sacra</i>
Deputy Grand Knight	<i>Brother Dan Restivo</i>
Chancellor	<i>SK James T. Moore</i>
Recording Secretary	<i>SK John Cosgayon</i>
Treasurer	<i>Brother Tuan Ngyuen</i>
Warden	<i>SK Robert Lavelle</i>
Advocate	<i>SK Edward (Sonny) Masso</i>
Inside Guard	<i>SK Hilowe Tesfa</i>
Outside Guard	VACANT
1 Year Trustee	<i>Brother Kevin Becks</i>
2 Year Trustee	VACANT
3 rd Year Trustee	<i>SK Patrick Okoronkwo</i>
Past Grand Knight Delegate	<i>SK Patrick Okoronkwo, GK, PFN, PDD</i>

Final Note: Volunteers are also sought to lead the following Supreme mandated Programs in *Faith in Action* (which frame and guide Council activities) Community, Life, Family, and Faith. More information can be found at <https://www.kofc.org/en/what-we-do/faith-in-action-programs/index.html> You may also reach out to any Council Officer for more information.

Our Personal Holy Hour – Adoration

As many of you know, we Knights have the Friday night/Saturday morning 2:00 AM – 3:00 AM time period for Adoration. By God's grace and Bl. Fr. McGivney's help, we are now up to seven! I'd like to invite even more brothers to heroically sacrifice and spend time with our Lord. If we get enough Knights to answer the call, we can maybe schedule two at a time! This is a wonderful opportunity to support our Parish, and to be in sacred silence with our Lord. Please contact John Cosgayon at jncos95@outlook.com if you're interested or have questions.

Newsletter Editor/Content Creator

The Knightly News is over 60 years old! A monthly newsletter is also a Knights of Columbus Supreme requirement. Your current editor and team have been putting out these full and newsworthy editions together for the past five years—or more. Its time to share this opportunity with some other worthy news hounds and/or those with a keen eye for dates/times/typos. Must be good with deadlines and at

times have the ability to herd cats. Inquire with the current editor or FS Roger Williams, sbrog11@yahoo.com.

Thanks in advance for your strong consideration!

Lecturer's Reflection

....become with us a witness to his resurrection. (Acts 1:22)
Who was St. Matthias? Chosen by lot, this disciple took the place of Judas, who had betrayed Jesus. In fact, today's account of his selection is the only reference to Matthias in all of Scripture, so we don't know much about him. But we do know that Matthias, whose feast we celebrate today, had been a disciple since Jesus' baptism, and that made him uniquely qualified to bear "witness to his resurrection" (Acts 1:22).

After praying, the apostles chose Matthias to become one of the Twelve, fulfilling the Scripture: "May another take his office" (Psalm 109:8; Acts 1:20). This completion was important because, just as the twelve tribes were the foundation of Israel, there should be twelve apostles who could play a founding role in the Church.

Like Peter and the others, Matthias' witness would help bridge the gap between the time when people knew the historical Jesus and the age of the Church. He would join the others who had followed Jesus from Galilee to Jerusalem, witnessed his crucifixion, and "ate and drank with him after he rose" (Acts 10:41). Once the Holy Spirit came, they were filled with power and proclaimed the risen Christ. Their bold witness, along with the grace of the Spirit, moved thousands to believe in Jesus, to accept Baptism, and to become the next generation of witnesses.

In Baptism, you, too, were filled with the Spirit and called to bear witness to Jesus. You're not an apostle like Matthias, but the word "apostle" means "one who is sent," and you have been sent by God. You can testify to the new, resurrected life you have experienced! How has Jesus changed your life? Has he freed you from guilt? Has he helped you to love someone? Do you have a new confidence in prayer? All of these demonstrate the power of the resurrection! So look for a chance to share these stories. They are your witness to the risen Lord!

"Holy Spirit, help me to proclaim the good news of Jesus' resurrection!"



Calling All Pro-Life People Of Good Will

The Next National Men's March to Abolish Abortion and Rally for Personhood is taking place in Washington, D.C. on Saturday, June 7th from 11:00 AM-1:30 PM.

There is a man behind every abortion, and it is men who have the greatest responsibility to protect and defend the most vulnerable. Yet, men have largely allowed themselves to be neutralized while the big lie of abortion runs rampant and our littlest brothers and sisters are mass murdered every day in our nation as a result.



IT'S TIME for all men of good will to publicly stand up, get off the sidelines, and resolve to be a big part of the solution going forward. Our elected officials need to hear the message:

1. It is a scientific fact, not a religious belief, that life begins at fertilization. We were all that size once.
2. Every human being is a human person. To say there are some human beings who are not human persons so as to deny their inherent value and strip them of their right to life in order to kill them is an evil ideology that must be rejected without compromise.
3. We have a constitutional crisis as our last excluded class, preborn children, are being dehumanized and mass murdered every day in our nation, when at the same time the equal protection clause in the 14th Amendment applies to all persons including the preborn as was its original intent.
4. We are calling on all elected officials to publicly stand for the Constitutional Personhood of the Preborn and their equal protection under the 14th Amendment. Most especially, we are calling on President Donald J. Trump to take this issue out of politics and put it squarely before the Supreme Court where it belongs by signing an executive order explicitly affirming the Constitutional Personhood of the Preborn, which would then inevitably cause the Supreme Court to finally confront this constitutional crisis head on: Are preborn children persons with equal protection under the 14th Amendment or not? Of course they are, what else would they be! And when do our unalienable rights begin? When we begin – at fertilization.

5. Such a ruling by the Supreme Court would rightly protect all innocent human beings, including all preborn children, resulting in the nationwide abolition of abortion and all violations against preborn children. Finally, our nation would be restored to the self-evident foundational principle that all human beings are created equal and are endowed by their Creator with certain unalienable Rights – the first among them being the right to Life. Finally, after all the innocent bloodshed and deep wounds and division that have been wrought by decades of the big lie of abortion, now abolished, the much-needed healing of our nation can begin.

All in time for our 250th birthday on July 4, 2026. A nation renewed in hope and authentic love for all!

We invite all pro-life men of good will, including sons and grandsons of all ages, to join us as we gather in D.C. on June 7th:

11:00 AM – Gather outside of Washington Surgi-Clinic Abortion Killing Center (2112 F Street NW, 20037)

11:45 AM – Begin March to Lafayette Park – H Street NW Entrance (0.7 mile march)

We invite all pro-life women, children, and families to join us at the Rally for Personhood in Lafayette Park:

12:15 PM – Rally for Personhood Begins

1:30 PM – End of Rally

Professional dress code: men, wear a suit (priests in clerics).

Speakers include: Bishop Joseph Strickland, Fr. Stephen Imbarrato, Pam Stenzel, Walter and Lori Hoye, and more. Make plans now and visit themensmarch.com for more information OR contact our Council's Life Director, SK Larry Cirignano @ larryvotes@gmail.com

IT'S TIME!

Other dates/events of interest from our Life Director, SK Larry Cirignano

Sunday, June 15, 2025 Father's Day

Normally we distribute baby bottles on Mother's Day and collect your spare change on Father's Day. Because folks are using less and less cash we have gone from collecting over \$5,000.00 the first year to less than \$1,200.00 last year. Somehow the baby bottles themselves disappear. We did get one back last week with a check made out last year. It was in somebody's trunk....

The best thing you can do is help mentor a young family. Take them out to dinner or offer to babysit for them. Gift cards for dinner or a movie. We had 42 new babies baptized in the parish last year. A gift of a shared meal is always better than even groceries or diapers.

Thursday – Saturday June 26-28, 2025

For the past fifteen years, the Faith & Freedom Coalition's annual Road to Majority Conference has empowered conservative activists to fight for their values at the polls and in the public arena. Designed to forge a path toward a pro-family majority, the conference equips attendees with the knowledge and connections they need to drive engagement and voter turnout. This year's timely gathering will accelerate conservatives further down the road to majority ahead of the 2026 election.

Faith and Freedom Road to Majority <https://www.ffcoalition.com/about/road-to-majority/>

Scholarships available.

SATURDAY, JUNE 28: FREE DIAPERS!

National Celebrate Life Weekend [Diaper Drive & RALLY](http://DiaperDrive&RALLY) to Defund Planned Parenthood.

<https://celebratelifeweekend.com/drive-and-rally/>

An hour-long rally featuring the confirmed speakers will precede distribution of what is expected to be 392,715 *EveryLife* diapers – each one representing a preborn life ended by *Planned Parenthood* last year — to Pregnancy Care Centers and families in the local community. Bring your kids and strollers.

LOCATION: Capitol Hill, Washington D.C., from 10 a.m. to noon ET.



Happy Father's Day!

Excerpts from Supreme Knight Patrick Kelly, June 2021

While we often especially remember and celebrate all fathers during June, it is appropriate to look again at the heroic witness of St. Joseph as an inspiration and guide. The Scriptures left us not a single recorded word of St. Joseph. And yet, the Church has a great deal to say about the patron saint of fathers and guardian of the universal Church.

God entrusted to St. Joseph the duty to protect and defend the Holy Family, which was, in many ways, the very first Church. He was humble and obedient to God's plan. He listened to the Lord, and then made his life one of service and sacrifice to Jesus and Mary.

As Catholic men, and husbands and fathers, we are entrusted by God with a mission that is not unlike Joseph's. We are called to be humble and obedient. We are called to use all our gifts to protect our families and, as Knights, to defend the Church.

St. Joseph's example inspires us to practice heroic generosity and sacrificial love in caring for our wives and children. Our mission must be their well-being, and our heroism is to be found often in the silent witness of our presence. Pope Francis highlighted this in his apostolic exhortation *Amoris Laetitia* (*The Joy of Love*): "God sets the father in the family so that by the gifts of his masculinity he can be close to his wife and share everything. ... And to be close to his children as they grow. ... To be a father who is always present" (177). We protect our families through countless selfless acts that will often go unnoticed and unrecognized. These small sacrificial acts allow the Holy Spirit to work and can influence our families in ways we aren't even aware of.

While our words matter, the reality is that our presence itself bestows identity upon our children. Even without words, we can communicate to them about who they are and who they are not — the very first piece of that identity being "worthy of love."

By modeling humility and quiet strength, we can instill a confidence in our wives and children that will help them flourish amid the challenges they face. So, never underestimate the power of presence in the lives of your families.

By extension, we should be present to our parish family. As Knights, we have a responsibility to care for the well-being of the Church as Christ's mystical body. This means caring for our brothers and sisters, and serving the needs identified by our pastor as head of the parish. It also means giving the Church our loyalty and affection, avoiding the easy temptation to cynicism, while never being satisfied with mediocrity (and certainly not with sin).

St. Joseph's example further teaches us how to be Knights of the Eucharist. He was the guardian of the first tabernacle — first Mary herself, and then the home where he and Mary lived with Jesus. As Knights, we care for Jesus by cultivating a special reverence for his real presence in the Eucharist.

Brothers, let us go to Joseph to summon the courage that these challenging times demand — for the sake of our families and for the Church. St. Joseph, pray for us!
Vivat Jesus!

Don't Forget to Fly Your Flag!



Flag Day is celebrated on June 14. It commemorates the adoption of the flag of the United States on June 14, 1777 by resolution of the Second Continental Congress. The United

States Army also celebrates its' birthday on this date. In 1916, President Woodrow Wilson issued a proclamation that officially established June 14 as Flag Day; in August 1946, National Flag Day was established by an Act of Congress, although it is not an official federal holiday.

Casey Women's Club

In memory and gratitude: A funeral service was held at Arlington National Cemetery on May 21, 2025, for Lady Marion Scaffidi—founder of the Casey Women's Club—over 60 years ago. Lady Marion was the wife of one our Council's charter members, Alfred Scaffidi. Club over 60 yrs ago.

Bunco will be held Tuesday, June 24th at a member's home. Please contact Geri Owen for further details.
God Bless all!
Geri Owen VP



June Birthdays!

Daniel J Restivo	06-01
Walter F Glowicki	06-02
Robert L McMurrer	06-04
Philip J Moser	06-05
James William Amos	06-08
PGK Roger L Williams	06-08
Warren Whitlock	06-14
Daniel J Stessalavage	06-16
MAJ Robert J Ulses	06-19
Michael Hadeed	06-19
Vicente L Guevara	06-22
Hilowe Tesfa	06-27

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The submission deadline for the July Newsletter is June 20th

MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

For questions or comments, please contact SK Roger Williams at jp4522@gmail.com
Additional information and points of contact are posted on our website at www.kc4522.com.

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