

The Knightly News

COUNCIL 4522

CHARTERED 1958



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.



Monthly Newsletter

June 2024

IMPORTANT DATES IN June 2024

Saturday, June 1st – Corpus Christi Procession, 5:00 PM Mass @ QofA – *Need 4th Degree Color Corps!!!*


Wednesday, June 5th – Officers' Meeting 7:30 PM via ZOOM

Saturday, June 8th – Diocesan Jubilee Festival, Front Royal, VA

Wednesday, June 12th – General Business Meeting HYBRID - 7:30 PM
via ZOOM AND IN PERSON – Guadalupe Center, QofA Campus

NOTE: 2024/2025 Elections will be held during THIS meeting!

2024/2025 Budget will be presented

Friday, June 14th – Flag Day 

Sunday, June 16th – Father's Day!

Grand Knight's Message

My fellow members, we have minimum activities scheduled for May, but we would like to request all of you to sign up for adoration at 2:00 am on Saturdays. Please note that in the day on Saturdays, the Eucharist is moved until Monday every week. For several years now, our Council has been responsible for covering the 2:00 am slot on Saturdays. Even if you can spare only an hour every month, that would be highly appreciated. Based on our numbers, we should not have a problem in covering this hour. However, we have been having a problem with members not being able to commit to the hour. Brothers, when Christ went to the garden of Bethany to pray with Peter, James, and John, He found them sleeping on His return and asked, "Could you not watch for an hour with me?" This is why we are requesting you to commit just one hour a month to watch with the Lord. Imagine yourself sitting with the Lord our God, pouring your heart out to Him, and listening to hear His whispers! Won't you please sign up for just an hour a month?

The State Council held its convention on the weekend of April 26, 2024, during which elections were conducted for all state council offices. Our council delegates, Patrick Okoronkwo (GK) and Sonny Masso (Lecturer), attended the convention. Due to personal and family reasons, one of the state officers resigned, and two people were elected to fill the vacancies in the state council, including the State Warden. The convention took place at Hyatt Dulles in Herndon, Virginia, and was well attended.

I am honored to report to you that on Wednesday, April 17, 2024, 29 young boys and girls were confirmed in our parish. The celebrant for the occasion was the Diocese of Arlington Bishop Emeritus, D.D. Loverde. His sermon was very powerful, and he challenged the young boys and girls to consider a future life of vocation. The Fr. Malloy Assembly generously provided six Honor Guards, who added color and dignity to the evening event. Two of the brothers were from Queen of Apostles parish. It was a beautiful and dignified occasion.

Fraternally,
GK Patrick Okoronkwo

Knight of the YEAR

With honor and extreme gratitude, the Council proudly recognizes SK and Worthy Advocate Rick Sacra as our Knight of the Year! SK Rick has garnered the Knight of the Month several times during this fraternal year, so he was destined to receive this final salvo of the year and again, our esteemed appreciation.

SK Rick (along with the support and shoulder-to-shoulder efforts of Lady Clarissa) has been the stalwart leader of virtually every Council event throughout the year. Couple that with "hosting" the Sunday socials each month for the parish...along with untold other "asks" by the pastor and/or the Council and you have an exemplary Knight, richly deserving The Knight of the Year designation! Thank you, Brother Rick and God bless you and Lady Clarissa, for all you do!

Family of the YEAR

The Council proudly recognizes SK Vic Guevara and the Guevara family as our Family of the Year! SK Vic graciously stepped in as our Worthy Chancellor when the call for help went out. He (and the family) is a constant at most Council activities and every parish activity. Lady Maria spearheads the supplies and logistics of the parish’s annual summer festival, performs with the choir and is involved in numerous other ministries within the parish. And, as we all know, PDGK Vincent is abroad, discerning his vocation as a future priest with the Disciples of the Hearts of Jesus and Mary. The Guevara’s dedication to the church, the parish and the Council is unwavering year after year and we are blessed to have them among us and honored to name them as our Family of the Year! God Bless you all!

2024/2025 Council 4522 and Casey 4522 Foundation Nominations

The Nomination Committee presented the slate of Officers at the May General Business Meeting.

Nominations to date are in italics:

- Grand Knight *SK Patrick Okoronkwo*
- Deputy Grand Knight *SK Rick Sacra*
- Chancellor *SK Vic Guevara*
- Recording Secretary *John Cosgayon*
- Treasurer *Tuan Nguyen*
- Warden *SK Robert (Bob) Lavelle*
- Advocate *Edward (Sonny) Masso*
- Inside Guard *Kevin Beck*
- Outside Guard *SK Hilawe (Wil) Tesfa*
- 3rd Year Trustee *Daniel (Danny) Restivo*
- Past Grand Knight Delegate *SK Daniel Penrose*

Each Officer position is vitally important in efficiently running the Council, developing fundraisers, identifying ways the Council can assist the parish and the community, and growing the faith in one another.

While we have a slate of Officers, be advised that nominations MAY be made from the floor the night of the election. It is highly recommended that any such nominations be discussed with the potential candidate(s) to ensure they are willing to accept the nomination and carry out the duties of the office they are being nominated for before the actual elections begin. Nominees must be 3rd or 4th Degree members of the Order in good standing.

SK Larry Cirignano @ LarryVote@gmail.com is the Chairman of the Nominating Committee, and is being assisted by FS Roger Williams sbrog11@yahoo.com. If

you are interested in running for a position or want to know what is involved before committing to a position, please contact a committee member or any one of the sitting Officers—as soon as possible.

Candidates are also being sought for Officer positions in the Casey 4522 Foundation (TWO Year terms). The Casey 4522 Foundation, is essentially, the “Charitable” arm of the Council and is chartered in the Commonwealth of Virginia. It’s Charter reads in part, “To act and operate exclusively as a nonprofit corporation pursuant to the laws of the Commonwealth of Virginia and to act and operate as a charitable organization...providing relief of the poor, the hungry, the homeless, and distressed by educational training programs, self-help programs, providing financial support and providing food and clothing to the aforesaid.

Nominations to date – In *italics*

- President (Officer and Director) *SK Roger Williams, PGK*
- Secretary (Officer) *SK James T. Moore, Past Chancellor*
- Treasurer (Officer) *SK Criag Delaney, PGK*

Final Note: Volunteers are also sought to lead the following Supreme mandated Programs in *Faith in Action* (which frame and guide Council activities) Community, Life, Family, and Faith. More information can be found at <https://www.kofc.org/en/what-we-do/faith-in-action-programs/index.html> You may also reach out to any Council Officer for more information.

Our Personal Holy Hour – Adoration



As many of you know, we Knights have the Friday night/Saturday morning 2:00 AM – 3:00 AM time period for Adoration. By God’s grace and Bl. Fr. McGivney’s help, we are now up to seven! I’d like to invite even more brothers to heroically sacrifice and spend time with our Lord. If we get enough Knights to answer the call, we can maybe schedule two at a time! This is a wonderful opportunity to support our Parish, and to be in sacred silence with our Lord. Please contact John Cosgayon at jncos95@outlook.com if you’re interested or have questions.

Diocesan Jubilee Festival Saturday, June 8, 2024[Register](#)

Bishop Burbidge invites you to the Diocesan Jubilee Fest at Warren County Fairgrounds in Front Royal, Virginia on Saturday, June 8, 2024! Celebrate the 50th anniversary of the Diocese of Arlington with your parish family and thousands of faithful from across northern Virginia.

Kick off the festival giving thanks to God with the celebration of the Holy Sacrifice of the Mass, celebrated by Bishop Burbidge. Following Mass, enjoy live music by headliners Soul/Gospel Indie artist Jervis Campbell & Celtic rock band, Scythian.

This is a free event for all ages! *Registration required to receive a complimentary meal. If you do not register for a complimentary meal, you must bring your own food. No other vendors will be providing meals, but vendors will be selling lots of other fair grub like corn dogs, ice cream, funnel cakes etc.*

*We kindly ask that you please **do not bring pets** with you to the festival!*

Happy Father's Day!

Excerpts from Supreme Knight Patrick Kelly, June 2021

While we often especially remember and celebrate all fathers during June, it is appropriate to look again at the heroic witness of St. Joseph as an inspiration and guide. The Scriptures left us not a single recorded word of St. Joseph. And yet, the Church has a great deal to say about the patron saint of fathers and guardian of the universal Church.

God entrusted to St. Joseph the duty to protect and defend the Holy Family, which was, in many ways, the very first Church. He was humble and obedient to God's plan. He listened to the Lord, and then made his life one of service and sacrifice to Jesus and Mary.

As Catholic men, and husbands and fathers, we are entrusted by God with a mission that is not unlike Joseph's. We are called to be humble and obedient. We are called to use all our gifts to protect our families and, as Knights, to defend the Church.

St. Joseph's example inspires us to practice heroic generosity and sacrificial love in caring for our wives and children. Our mission must be their well-being, and our heroism is to be found often in the silent witness of our presence. Pope Francis highlighted this in his apostolic exhortation *Amoris Laetitia* (*The Joy of Love*): "God sets

the father in the family so that by the gifts of his masculinity he can be close to his wife and share everything. ... And to be close to his children as they grow. ... To be a father who is always present" (177). We protect our families through countless selfless acts that will often go unnoticed and unrecognized. These small sacrificial acts allow the Holy Spirit to work and can influence our families in ways we aren't even aware of.

While our words matter, the reality is that our presence itself bestows identity upon our children. Even without words, we can communicate to them about who they are and who they are not — the very first piece of that identity being "worthy of love."

By modeling humility and quiet strength, we can instill confidence in our wives and children that will help them flourish amid the challenges they face. So, never underestimate the power of presence in the lives of your families.

By extension, we should be present to our parish family. As Knights, we have a responsibility to care for the well-being of the Church as Christ's mystical body. This means caring for our brothers and sisters, and serving the needs identified by our pastor as head of the parish. It also means giving the Church our loyalty and affection, avoiding the easy temptation to cynicism, while never being satisfied with mediocrity (and certainly not with sin).

St. Joseph's example further teaches us how to be Knights of the Eucharist. He was the guardian of the first tabernacle — first Mary herself, and then the home where he and Mary lived with Jesus. As Knights, we care for Jesus by cultivating a special reverence for his real presence in the Eucharist.

Before he was elected pope, Cardinal Jorge Mario Bergoglio summed up the virtues of St. Joseph: "Accept the mission from God; let yourself be led by God; embrace hardship and danger in order to save the Savior."

Brothers, let us go to Joseph to summon the courage that these challenging times demand — for the sake of our families and for the Church. St. Joseph, pray for us!

Vivat Jesus!

A Note from our Lecturer:

“Take courage. He is calling you.”

From Father Jean Du Coeur De Jesus D’Elbee

Moral misery is a sickness much greater than a disease. I desire to be purified much more than the blind man desired to see or the paralytic to walk. We must have this sincere desire.

We touch here upon the very basis of the interior life, the basis of the Redemption, the basis of the Gospel. Live this faith, this hope, and this love. Live the theological virtues, so named because they lead us to God and unite us to him. Live this humble confidence and all the rest will be added unto you (Mt 6:33). It is this which intimately unites the soul to Jesus, which brings us heart to heart with him, which grafts the branch again into the vine which he is. If anyone thirst—and especially if he thirst for purity and love—let him come to me; let him drink who believes in me (cf. Jn 7:37-38). We know that souls who thirst in this way constantly return with fervor to the sacrament of penance, a marvelous source of humility, and a means to know their faults better and to repent of them in the supernatural joy of confessing them; in spite of natural repugnance, an occasion to renew wholeheartedly the firm purpose of amendment and especially an occasion to plunge themselves once more, like the prodigal son, into the furnace of mercy. Even if they think that their Communion, their use of the sacramentals, their confident acts of love have already purified them, they will go faithfully to receive, along with the absolution, a purification which is most special because it is sacramental, a new effusion upon them of the blood of Jesus, their only hope, without forgetting that this recourse is necessary only for serious sins.

I imagine you are like me. I need to be happy; I need to live on love; I need to be festive; I need to sing; and for all that, to which my being aspires, I need to know that I am forgiven.... The remedy proposed by unbelievers is to suppress the notion of sin, to remove from man the sense of sin. This is obviously a radical remedy. But it does not succeed. The conscience is still there. They may succeed in partially and temporarily stifling it, but they cannot kill it any more than they can kill God. No, the remedy is the peace that Jesus gives us in the certainty that we are forgiven because we are loved. Saint John declares, If we say that we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he is faithful and just, to forgive us our sins, and to cleanse us from all iniquity (1 Jn 1:8-9).

Don’t Forget to Fly Your Flag!

Flag Day is celebrated on June 14. It commemorates the adoption of the flag of the United States on June 14, 1777, by resolution of the Second Continental Congress. The United States Army also celebrates its’ birthday on this date. In 1916, President Woodrow Wilson issued a proclamation that officially established June 14 as Flag Day; in August 1946, National Flag Day was established by an Act of Congress, although it is not an official federal holiday.



Casey Women’s Club

We continue to host Bunco the last Tuesday of each month at a member’s home. We will also be meeting to discuss charitable donations in the coming months. No birthdays in June. Marion Scaffidi and Connie King just celebrated notable birthdays. God Bless all.

Gerri Owen

June 2024 Birthdays



Daniel J Restivo	06-01
Gerardo E Velado	06-01
Walter F Glowicki	06-02
Robert L McMurrer	06-04
Philip J Moser	06-05
James William Amos	06-08
PGK Roger L Williams	06-08
Warren Whitlock	06-14
Daniel J Stessalavage	06-16
MAJ Robert J Ulses	06-19
Vicente L Guevara	06-22
Martin Oppus	06-24
Dan Brabbins	06-25
Oscar Bradley	06-26
Renz Oliver I Tabil	06-27
Hilowe Tesfa	06-27

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The submission deadline for the July Newsletter is June 20th

MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

For questions or comments, please contact the Editor, John Cosgayon at jncos95@outlook.com.
Additional information and points of contact are posted on our website at www.kc4522.com.

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