

The Knightly News

COUNCIL 4522

CHARTERED 1958



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.



Monthly Newsletter

July 2023

IMPORTANT DATES IN JULY

Tuesday, July 4th – Independence Day

Wednesday, July 5th – Officers' ZOOM Meeting, 7:30 PM

Tuesday, July 11th – Christ House – 3:45 PM @ **Christ House**

Wednesday, July 12th – Full Council Meeting, 7:30 PM (Rosary @ 7:00 PM)
@ Guadalupe Center, QofA, Knights' Chamber and ZOOM

Grand Knight's Message

Members of Pope John Paul II Council, this month begins a new fraternal year. We must come together in service to the Council and Parish. We might be few but mighty. We cannot allow the challenges to pull us back. We must forge ahead in good faith.

Corporal Communion is scheduled for July 30. I call on you brothers to attend with families, sit together, and go for communion as one family that we are. At the end of Mass, we would pray the Rosary together. Please wear your name tag to Mass on that day.

Please remember the general membership meeting is on Wednesday, July 12. The Rosary will start at 7:00 pm, and the meeting at 7:30 pm.

Fraternally yours,
Patrick Okoronkwo

Past Grand Knight's Message

Gentlemen, thanks to all the Knights who supported the Queen of Apostles anniversary celebration this past month. This event was captained by our Worthy Advocate Brother Rick Sacra, and I heard many Knights step up and respond to the call. Also, I would like to thank all who helped out with the Council picnic, it made for a lovely event. This event too was captained by Brother Rick and his wife. It was a fitting capstone to a successful fraternal year, and thanks to all involved.

Last month, we had our elections at the General Business meeting. I was encouraged to see some newer (and older) Knights stepping up and becoming more involved. Special thanks to Tuan, our new treasurer and Brother Sandy Stone who stepped up for the unexpected vacant Trustee position answering the

call for a nomination from the floor. Most of my gratitude goes out to Worthy Grand Knight Elect Patrick Okoronkwo for stepping up in what is most certainly a major sacrifice for him and his family. I encourage you all to help out in any way you can to ease the burden on Patrick, because he stepped up when others would not, and deserves our assistance and gratitude.

The council will be serving meals at Christ House on July 11, please meet at the Christ House facility (131 S West St. *Alexandria, VA*) at 3:00PM. I would like to thank Danny Restivo for taking charge of this and keeping it going, but he needs more help! Please come out and help the less fortunate.

Thank you all for a good run as Grand Knight over the past two years. It has been an honor and a blessing.

Thanks, and God Bless

Daniel Penrose
Grand Knight, Council 4522

Knight of the Month

Brother Tuan Nguyen is our Knight of the Month for June for his willingness to take on the role of Treasurer for next year. This is one of the most challenging officer positions, and brother Tuan volunteered and has been throwing himself headlong into the job. His selfless sacrifice, cheerful attitude, willingness to learn new things are all fine qualities of a worthy Catholic gentleman, and for this he is named the Knight of the Month for June.



Family of the Month

The Family of the Month for June is the Okoronkwo Family. Being Grand Knight is not just a sacrifice for the Knight who steps up to the position, but also for their family. Brother Patrick’s wife and daughter have always been supporters of the council and have been visible at many council events for years. It is in recognition of their past and future sacrifices that we name the entire Okoronkwo family as the Family of the Month for June.

Thanks to our 2022/2023 Officers!

Welcome Our 2023/2024 Officers!

As the new fraternal year starts, the Council would like to recognize and thank our 2022/2023 Officers—most of all who returned!! Elections were held on June 14th—our new slate of officers appears below. The Council thanks these outstanding Knights for their time and efforts and looks forward to their continued participation and fraternity. Please pray for each of them and their families. Special gratitude goes out to SK Patrick Okoronkwo who stepped back into the Grand Knight position when no one else would.... only days after being elected Faithful Navigator of Father Malloy Assembly 1894—that is a FULL plate!

Grand Knight	SK Patrick Okoronkwo
Deputy Grand Knight	Vacant
Chancellor	Martin Oppus
Recording Secretary	SK John Cosgayon
Treasurer	Tuan Nguyen
Warden	Daniel Restivo
Advocate	SK Richard Sacra
Inside Guard	SK Hilawe (Wil) Tesfa
Outside Guard	Bennett Clifford
3 rd Year Trustee	SK Daniel Penrose, PGK
1 st Year Trustee	SK Sanford (Sandy) Stone
<small>(assuming seat left vacant by the now, WGK Patrick Okoronkwo)</small>	
Past Grand Knight Delegate	SK Daniel Penrose

July – The Month Dedicated to the Precious Blood

Excerpted from [*The Precious Blood of Christ*](#), Fr. John A. Hardon, S.J.

The month of July is dedicated to the Precious Blood. The feast of the Precious Blood of our Lord was instituted in 1849 by Pius IX, but the devotion is as old as Christianity. The early Fathers say that the Church was born from the pierced side of Christ, and that the sacraments were brought forth through His Blood.

"The Precious Blood which we worship is the Blood which the Savior shed for us on Calvary and reassumed at His glorious Resurrection; it is the Blood which

courses through the veins of His risen, glorified, living body at the right hand of God the Father in heaven; it is the Blood made present on our altars by the words of Consecration; it is the Blood which merited sanctifying grace for us and through it washes and beautifies our soul and inaugurates the beginning of eternal life in it."

Devotion to the Precious Blood is not a spiritual option, it is a spiritual obligation, and that not only for priests, but for every follower of Christ. I really believe that one of the symptoms of modern society (and I would even include, sadly, modern Catholic society) one of the symptoms of a growing, gnawing secularism is the lessening and the weakening of devotion to the Precious Blood. Devotion, as we know, is a composite of three elements: It is first- veneration, it is secondly- invocation, and it is thirdly- imitation. In other words, devotion to the Precious Blood of Christ, the Lamb of God who was slain, is first of all to be veneration on our part, which is a composite of knowledge, love and adoration. We are to study to come to a deeper understanding of what those two casual words, Precious Blood, really mean.

I found this passage in the oldest document, outside of sacred scripture, from the first century of the Christian era – to be exact, from Pope St. Clement I, dated about 96 A.D. Says Pope Clement: "Let us fix our gaze on the Blood of Christ and realize how truly precious It is, seeing that it was poured out for our salvation and brought the grace of conversion to the whole world."

To understand the meaning of the Precious Blood we must get some comprehension of the gravity of sin, of the awfulness of offending God, because it required the Blood of the Son of God to forgive that sin. We are living in an age in which to sin has become fashionable.

This veneration of the Precious Blood, which is the first element in our devotion to the Precious Blood means that we have a deep sensitivity to the awfulness of sin. Sin must be terrible. It must be awful. It must be the most dreadful thing in the universe. Why? Because it cost the living God in human form the shedding of His Blood.



CORPUS CHRISTI PROCESSION 2023

Queen of Apostles celebrated The Most Holy Body and Blood of Christ (Corpus Christi) a day earlier, on Saturday, June 10th with a bi-lingual Mass followed by a very well attended procession around the QofA neighborhood. A 4th Degree Honor Guard from Father Malloy Assembly 1894 was provided, including our own SK Rick Sacra.



Fr. Diaz, 4522 Chaplain, carries the Monstrance and Eucharist flanked by 4522 Knights, Deacon Vincent Kapral and Fr. Paul Berghout



4th Degree Honor Guard proudly leads the Corpus Christi procession and pilgrims

Receiving Yourself in the Fires of Sorrow

"...what shall I say? Father, save Me from this hour? But for this purpose I came to this hour. "Father, glorify Your name"" (John 12:27-28)

As a saint of God, my attitude toward sorrow and difficulty should not be to ask that they be prevented, but to ask that God protect me so that I may remain what He created me to be, in spite of all my fires of sorrow. He was saved not *from* the hour, but *out* of the hour.

We say that there ought to be no sorrow, but there is sorrow, and we have to accept and receive ourselves in its fires. If we try to evade sorrow, refusing to deal with it, we are foolish. Sorrow is one of the biggest facts in life, and there is no use in saying it should not be. Sin, sorrow, and suffering *are* and it not for us to say that God has made a mistake in allowing them.

Sorrow removes a great deal of a person's shallowness, but it does not always make that person better. Suffering either gives me to myself or it destroys me. You cannot find or receive yourself through success because you lose your head over pride. And you cannot accept yourself through the monotony of your daily life because you give in to complaining. The only way to find yourself is in the fires of sorrow. Why it should be this way is

immaterial. The fact is that it is true in the Scriptures and in human experience. You can always recognize who has been through the fires of sorrow and received himself, and you know that you can go to him in your moment of trouble and find that he has plenty of time for you. But if a person has not been through the fires of sorrow, he is apt to be contemptuous, having no respect or time for you, only turning you away. If you receive yourself in the fires of sorrow, God will make you nourishment for other people.

I pledge allegiance to the flag of the United States of America and to the Republic for which it stands, one nation UNDER GOD, indivisible, with liberty and justice for all.

The Pledge of Allegiance to the Flag of the United States originated on Columbus Day, 1893. It contained no reference to Almighty God, until in New York City on April 22, 1951, the Board of Directors of the Knights of Columbus adopted a resolution to amend the Pledge of Allegiance as recited at the opening of each of the meetings of the 800 Fourth Degree Assemblies of the Knights of Columbus by the addition of the words "under God" after the words "one nation".

On August 21, 1952, the Supreme Council of the Knights of Columbus, at its annual meeting, adopted a resolution urging that the change be made general, and copies of this resolution were sent to the President, the Vice President and the Speaker of the House of Representatives. At its annual meeting the following year, the Supreme Council repeated its resolution and sent copies of this resolve to the President, Vice President, Speaker of the House, and to each member of both Houses of Congress. From this latter action, a total of seventeen resolutions were introduced in the House of Representatives to so amend the Pledge of Allegiance as set forth in the Public Law relating to the use of the flag. The resolution introduced by Congressman Louis Rabaut of Michigan was adopted by both Houses of Congress, and it was signed by President Eisenhower on Flag Day, June 14, 1954!

In a message to the Supreme Council in Louisville, August 17, 1954, President Eisenhower, in recognition of the initiative of the Knights of Columbus in originating

and sponsoring the amendment, said: "We are particularly thankful to you for your part in the movement to have the words 'under God' added to our Pledge of Allegiance. These words will remind Americans that despite our great physical strength we must remain humble. They will help us to keep constantly in our minds and hearts the spiritual and moral principles which alone give dignity to man, and upon which our way of life is founded. For the contribution which your organization has made to this cause, we must be genuinely grateful."

Casey Women's Club.

The next meeting will be on Thursday, September 14, 2023. It will be a luncheon. More details to follow!

The last Retiree Luncheon & Bunco was on Tuesday, June 27th. They will then resume in September.

We have a July birthday coming up - Lucretia Slaby-- Happy Birthday in advance!

Prayers for good health to all.

Regards,
Geri Owen (VP)

July 2023 Birthdays

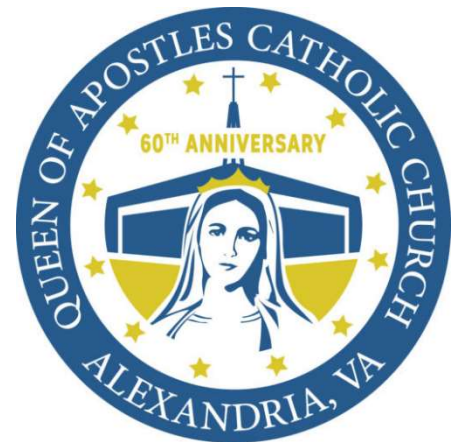


- PGK Robert P Bubniak 07-04
- Cromwell D Enage 07-06
- Joel C Spangler 07-06
- Sanford Joseph Stone 07-09
- Terry Baxter 07-15
- Rev Andrew J Heintz 07-16
- Timothy C Murtha 07-17
- Ronald J Kuley 07-19
- Richard J Sacra Jr 07-19
- Juan Pablo Zelaya 07-19
- Brett L Williams 07-20
- Paul M Mathews 07-22
- Kelvin M Mmassy 07-26
- Vincent P Apostolico Sr 07-27
- Gregory R Milas 07-30



Reminder

All editions of The Knightly News, past and current, are available on the Council website at www.kc4522.com



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The submission deadline for the August Newsletter is July 20th

MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

For questions or comments, please contact the Editor, John Cosgayon at jncos95@outlook.com.
Additional information and points of contact are posted on our website at www.kc4522.com.

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