

The Knightly News

COUNCIL 4522

CHARTERED 1958



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.



Monthly Newsletter

July 2020

IMPORTANT DATES IN JULY

Wednesday, July 1st – Officers' Meeting, 7:30 PM @ Council Home
Physical Distancing/Face Masks – **Officers ONLY** due to space limitations!

Saturday, July 4th – Independence Day

Wednesday, July 8th – Full Council Meeting, 7:30 PM ZOOM Virtual Meeting
(To include election of 2-Year Trustee – see more in news below)

Tuesday, July 14th – Christ House – TBD
(most likely will just be dropping off a catered meal)

Grand Knight's Message

My brothers, I sincerely honor and thank the Lord our God that he have brought us into the 20/21 fraternal year without losing any of the council members in this extraordinary Pandemic period.

Pope John Paul II Council 4522 is indeed fortunate. We must remain prayerful, cautious, and always doing whatever we should to stay safe and healthy. Please, my brothers, your safety, and that of your family members are of utmost importance. For a Council with more members in their 60s, we are favored.

It is fantastic to be a member of the Knights of Columbus in this challenging, anxious, and time of COVID-19. With our trust and focus in our Lord and Savior Jesus Christ, it is well. I encourage you not to let this trying time shake your faith in God. This period of crisis is when we as Catholics, must show why we were given a Rosary as our weapon of war. In this wartime, we must commit to praying the Rosary daily. The light of God shall overshadow the darkness. It has always been that way, and it cannot stop now.

As Catholics, we believe that Jesus Christ died and was raised from the dead on the third day after defeating darkness. On the day, John Paul II was installed as the Pope reminded us of what Jesus said, "Be not afraid."

Yes, it has been a while since we have gathered at the Council hall for a meeting or seen each other at Mass, yet the business of the Council, parish, and the order continues. Officers and directors' meetings are still held on the first Wednesday of the month and the general membership business meeting on the second Wednesday. Exemplifications have and will continue to

take place weekly. Recruitment of new brother Knights is in full force, and training and even officer installations all continue, though not in person but virtually. Please, my brothers involve yourself in these activities without leaving the comfort of your home until it will be possible to do them in person.

We are starting this fraternal year with resignation from our ranks. Brother Joe Lyman, a current worthy trustee, and Past Grand Knight resigned from his trustee position due to other family plans. As a result, we will need to elect another trustee. If you are interested, please send an email or a phone call to the Financial Secretary, Roger Williams, or the Deputy Grand Knight Dan Penrose. We will hold the election at the general membership business meeting on Wednesday, July 8, 2020, to fill the vacancy. You are expected to join the meeting on zoom to vote for your candidate of choice.

Although we did not have the Council picnic as planned due to the COVID-19. I pray and trust that God will help us with a better December so that we may hold our annual Christmas dinner. Please put this on your calendar for December 12, 2020, the second Saturday of the month.

We are also supposed to have corporate communion in August, which has a 5th Sunday. However, we are yet to know how the month of August will present itself. Other schedules will be announced in future newsletters.

May I please remind you to visit our website to review the proposed budget before the next general membership meeting? Your review of the budget will inform you of how you might vote.

We must have an approved annual budget for the running of the Council's business. The voting will take place on Wednesday, July 8, 2020, during the general membership meeting.

Fraternally,
GK Patrick Okoronkwo

Knight of the Year

Pope John Paul II Council proudly recognizes, SK, PGK (x2), and current Financial Secretary, Roger Williams as the 2019-2020 Knight of the Year!

At Queen of Apostles, SK Roger worked pre-COVID as a consultant to the church, primarily on capital improvements, but is also considered a confidant to the pastor and Business Manager on several leadership and strategic planning initiatives. He regularly ushers at whatever mass he attends, and aids as requested by the pastor, church employees, or parishioners. He is also a 10-year, Charter member of Adorers (currently 3:00 am Tuesday mornings). While the Adoration Chapel was open (and when it returns) he schedules and rotates with other Council Knights to provide adoration at one of the parish's toughest times to fill - 2:00 am Friday mornings.

At the Council, through his leadership, we have supported 13 seminarians over the past three fraternal years. SK Roger shops for, delivers, cooks and has fed hundreds at Christ House via five multi-setting dinner servings. Over the past two years, he has collected and donated nearly 4,000 lbs. of food via the 40 Days/40 Cans Campaign he instituted with the parish's Catholic School. During the Christmas season, he solicited food donations and necessities and then, working with other Brother Knights, delivered goods to cover groceries for 20 families at Christmas.

SK Roger is the Council's primary contributor to monthly newsletter and the Council's Webmaster. A previous, Council Knight of the Year, he has also been acknowledged as the Knight of the Month, twice this past fraternal year. This year, after two years as GK, he answered the incoming GK and Trustees' call to assume FS duties. He has since brought order and accountability to the position through outstanding administrative organization, transparency, and communication. He continues to move the Council from years of stagnation into a vibrant, resourceful, and trusted partner of the parish and community.

The Council deeply appreciates SK Roger's contributions over the past year(s) and is proud to recognize him as the 2019-2020 Knight of the Year! Congratulations Brother Roger!!



Family of the Year

Pope John Paul II Council's Family of the Year Award is presented to Brother Leo Weston and his Lady, Bernadette. Brother Leo and Bernadette are fixtures within the Council. Brother Leo is involved in nearly every event or program the Council holds, including the Free Throw and Soccer competitions! At every step of the way, Bernadette is supportive and engaged. Fish fries, family picnics, Christmas dinner...the Westons are there, involved and sharing their faith and love with all the brothers and sisters.

Long-time parishioners of Queen of Apostles, the Westons are a mainstay of the parish. Brother Leo ushers at the 5:00 PM Vigil Mass, both attend multiple hours of Adoration each week and they are regulars at daily 9:00 AM Mass. Bernadette previously cooked and tended to needs in the Rectory, but has since moved on to being a lecturer, a eucharist minister, she sets up for Mass, not to mention all the other things she does in and around the campus each day.

The Westons' numerous commitments to the parish limit their time throughout the community, the exception being Brother Leo's 35+ years as an usher at the Basilica of the Immaculate Conception in NE Washington, DC. At 90+ years old, Brother Leo still drives himself over to the Basilica at least once or twice a month. Leo is also a stalwart at Christ House every other month where he joins other Brother Knights in serving dinner to the poor and homeless.

Through their daily actions, they provide an outstanding example of how we all should be living our lives. Hardy congratulations to Brother Leo and Lady Bernadette as our Council's Family of the Year!

Trustee SK Joseph Lynem "Retires"

Brother, SK, PGK and Trustee (times many) Joseph Lynem has stepped aside as 2-Year Trustee and Council leadership. He mentions some minor things, like his retirement from Federal service (THANK YOU for your service, Joe!), his son's upcoming west coast marriage, selling his Alexandria home and he and his bride, Milan moving to Central America—we still can't figure out why he can't stay on—after all, we have this thing called ZOOM now! But, GK Patrick reluctantly accepted SK Joe's resignation. We certainly wish Joe and Milan all the best and will always keep them both in our daily prayers.

Vacant Trustee Position Election

The vacant Trustee position will be filled by special election to be held during the Full Council General Business Meeting on Wednesday, July 8th at 7:30 PM under New Business.

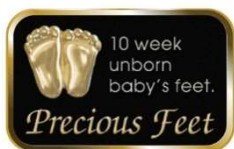
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All 3rd and 4th Degree Brothers are strongly encouraged to consider running for the position—you do not have to be a Past Grand Knight. If you are interested in running for the position or want to know what is involved before committing to the position, please contact Grand Knight Patrick or FS Roger as soon as possible. So far, the Council has two candidates for the position, PGK Cesar Anchiraico and Director of Life Programs, SK Larry Cirignano.

Be advised that nominations MAY be made from the floor the night of the election. It is highly recommended that any such nominations be discussed with the potential candidate(s) to ensure they are willing to accept the nomination and carry out the duties of the office before the meeting begins.

Thanks to our Outgoing Officers!

As the new fraternal year starts, the Council would like to recognize and thank our outgoing Officers, Past Worthy Deputy Grand Knight, Innocent Nukuri (May God bless you in your service in Africa); Past Worthy Recording Secretary (many years), Dennis Brown; Past Worthy Trustees (and PGKs) Al Avellino and Joseph Lynem. The Council thanks these outstanding Sir Knights for their time and efforts and looks forward to their continued participation and fraternity. May God bless each of them and their families.



How much would you be willing to donate to save a life?

How about donating one Hour? It only takes about 20 minutes to say a Rosary outside

the local killing center on the corner of Stevenson Ave. and Whiting St. near Landmark Towers. We know that when people pray outside appointments go down by up to 75%. Join us every third Saturday after 8:00 AM Mass—or come with a friend any day of the week.

No one wants to be seen walking into an abortion mill or a porn store. Your witness is enough to save a life. We hear all the time from women who say they regret their abortion and wish someone were outside when they were going in. Occasionally, we meet a baby that was born because someone was at death's door and defending their right to life. All you must do is hold a sign or provide a phone number. Let the professionals at Heartbeat International talk the Mom through her "crisis." Help is available 24/7 in any language. 1-800-712-HELP (4357) Silence is consent. All that is necessary for evil to succeed is for good men to do nothing. I'm happy to join anybody who wants to come pray.

The things that keep me up at night are not the things I have done but the things I have failed to do....
Life Director and SK Larry Cirignano, 202-306-6863.

A Word from our Field Agent

What a year this has been! I pray that all of you are safe and well and that you remain so. Let's pray for those who have lost their lives, especially those heroes, those health care workers that made the ultimate sacrifice to help save others.

A short essay has made its way around the internet over the past month. It spoke to me and I would like to refer to it and the comparison of these last several months.

The very first Easter was not in a crowded worship space with singing and praising. On the very first Easter the disciples were locked in their house. It was dangerous for them to come out. They were afraid...If they left their homes their lives and the lives of their loved ones might be at risk.

Alone in their homes they dared to believe that hope was possible, that God's love was the most powerful. Eventually, they were able to leave their homes when the fear and danger had subsided. They went around celebrating and spreading the good news that Jesus was risen and love was the most powerful force on the earth.

This year, we might get to experience a taste of what that first Easter was like, still in our homes daring to believe that hope is on the horizon. Then, after a while, when it is safe for all people, when it is the most loving choice, we will come out, gathering together, singing and shouting the good news that God brings life even out of death, that love always has the final say! This year we might get the closest taste we have had yet to what that first Easter was like.

Although the author is unknown, it's a sobering thought to remember that the disciples were worried, scared, hiding alone... "sheltering in place." Perhaps being with our loved ones for this extended period has opened your eyes a bit. I know it has opened mine. What's important in my life? What are my priorities? What are my opportunities to serve...to love?

As we pray for a return to our normal lives, let's pledge to not let the lessons of these past months be forgotten when we return to the hustle and bustle of "normalcy." Vivat Jesus!

I look forward to serving you and your family!

Dan Garrigan, FIC



July – The Month Dedicated to the Precious Blood

Excerpted from [*The Precious Blood of Christ*](#), Fr. John A. Hardon, S.J.

The month of July is dedicated to the Precious Blood. The feast of the Precious Blood of our Lord was instituted in 1849 by Pius IX, but the devotion is as old as Christianity. The early Fathers say that the Church was born from the pierced side of Christ, and that the sacraments were brought forth through His Blood.

"The Precious Blood which we worship is the Blood which the Savior shed for us on Calvary and reassumed at His glorious Resurrection; it is the Blood which courses through the veins of His risen, glorified, living body at the right hand of God the Father in heaven; it is the Blood made present on our altars by the words of Consecration; it is the Blood which merited sanctifying grace for us and through it washes and beautifies our soul and inaugurates the beginning of eternal life in it."

Devotion to the Precious Blood is not a spiritual option, it is a spiritual obligation, and that not only for priests, but for every follower of Christ. I really believe that one of the symptoms of modern society (and I would even include, sadly, modern Catholic society) one of the symptoms of a growing, gnawing secularism is the lessening and the weakening of devotion to the Precious Blood. Devotion, as we know, is a composite of three elements: It is first- veneration, it is secondly- invocation, and it is thirdly- imitation. In other words, devotion to the Precious Blood of Christ, the Lamb of God who was slain, is first of all to be veneration on our part, which is a composite of knowledge, love and adoration. We are to study to come to a deeper understanding of what those two casual words, Precious Blood, really mean.

I found this passage in the oldest document, outside of sacred scripture, from the first century of the Christian era – to be exact, from Pope St. Clement I, dated about 96 A.D. Says Pope Clement: "Let us fix our gaze on the Blood of Christ and realize how truly precious It is, seeing that it was poured out for our salvation and brought the grace of conversion to the whole world."

To understand the meaning of the Precious Blood we must get some comprehension of the gravity of sin, of the awfulness of offending God, because it required the Blood of the Son of God to forgive that sin. We are living in an age in which to sin has become fashionable.

This veneration of the Precious Blood, which is the first element in our devotion to the Precious Blood means that we have a deep sensitivity to the awfulness of sin. Sin must be terrible. It must be awful. It must be the most dreadful thing in the universe. Why? Because it cost the living God in human form the shedding of His Blood.

The Travelling Pope

Pope John Paul II visited more countries than any other Pope. He probably did this to disassemble the political Catholicism that the Church had engaged in up through the World War II era. The Post Vatican II church was a refocusing on spiritual matters and spiritual leadership, so a non-Italian Pope reasonably reached out to the entire world in turn.

John Paul II's first major pilgrimage was to Mexico. The position of the Catholic church in Latin America in the late 20th century was shaped by the relics of political Catholicism. The Roman Catholic clergy in general were associated (rightly or wrongly) with post-colonial regimes that were often repressive and dictatorial. When the people revolted against these regimes, there was necessarily some animosity toward the Catholic church, because it was seen as part of the existing power structure. This happened to such an extent in Mexico that for a period was constitutionally anti-clerical.

Pope John Paul II's 1979 pilgrimage to Mexico was the beginning of an attempt to heal the rift and decouple the Church from political powers in South and Central America as well as worldwide. It was also a nod of encouragement to Mexican Catholics who had been suffering outright persecution at the hands of the government followed by ongoing general discrimination. The Pope was dealing with the question (Not only in Mexico, but in all of South/Central America) of whether or not violent revolution was justified in order to counter social injustice. This idea was sometimes called "liberation theology".

In an address to the Council of Latin American bishops' conferences, he argued that violence was not the way to promote social justice. It was certainly the most important speech of his pontificate so far, and it set the stage for his future visits to South America, and the Church's relationship to political power worldwide. Although not open to the press or public, those who attended the closed speech said it was convincing. The Pope said there was a path toward social change without violence in Mexico, soon, he was going to prove it was possible in Poland.



Casey Women's Club

Summer is Here! We are still in the "STAY at HOME, WEAR a MASK, WASH YOUR HANDS OFTEN" phase of the Pandemic. Yes, it is lonesome and frustrating, so it is important that we pray! Prayer to the Lord is powerful and His Mercy is limitless.

The Casey Women's Club lost a very vibrant member, Ruth Brophy succumbed to the coronavirus on June 3, 2020. Ruth was the widow of Sir Knight Edward Brophy, an active member of the Fairfax Council, Knights of Columbus, now Pope John Paul II Council.

Ruth has been known as the 'See's Candy Lady' for the past several years. She served as Club Treasurer, co-manager of the Snack Bar during Bingo Nights at the Club House, co-chair of the Club's 35th Anniversary, in addition to assisting with various activities.

Our members extend their sympathy and prayers to her daughters and families.

Our 60th Anniversary plans are on the table until we have the "All Clear" for large gatherings; you will receive notices to "Save the Date."

Be Safe – Stay home – Pray!

God Bless us all,
Connie King, President

Happy July Birthdays!

PGK Robert P Bubniak	07-04
Cromwell Enage	07-06
Joel C Spangler	07-06
Mark Van Dyke	07-08
Sanford Joseph Stone	07-09
Philip A Schulte	07-14
Terry Baxter	07-15
Rev Andrew J Heintz	07-16
Lt. Colonel Timothy Murtha	07-16
Ronald J Kuley	07-19
Richard J Sacra Jr	07-19
Rev Philip P Scott	07-21
Ghilmar Kenneth L Argawanon	07-22
Paul M Matthews	07-22
Rev Lawrence Terrien	07-24
Afo R Afo	07-25
Kelvin M Mmassy	07-26
Vincent P Apostolico Sr	07-27
Gregory R Milas	07-30

Prayer to Jesus for Healing and Guidance

Jesus, Son of God.
you were sent by the Father
to bear our weakness;
be with us in this time of crisis.

Merciful Savior,
heal and comfort the sick,
so that, with health restored,
they may give you praise.

Divine Physician,
accompany our caregivers
so that, serving with patience,
they may heal wisely.

Eternal Wisdom,
guide our leaders
so that, seeking remedies,
they may follow your light.

Christ, the Anointed,
protect us in body and spirit,
so that, freed from harm,
we may be delivered from all affliction.

Who live and reign with God the Father
in the unity of the Holy Spirit,
one God, forever and ever.
Amen.

**Reminder**

All editions past and current, are available on the Council website at www.kc4522.com

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The submission deadline for the August 2020 Newsletter is July 20th

MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

For questions or comments, please contact the Editor, John Cosgayon at jncos95@outlook.com.
Additional information and points of contact are posted on our website at www.kc4522.com.

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