

The Knightly News

COUNCIL 4522

CHARTERED 1958



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.



Monthly Newsletter

February 2024

IMPORTANT DATES IN FEBRUARY

Thursday, Feb 1st – Council's Annual Free Throw Competition – 6:30 PM
QofA School Gym

Saturday, Feb 3rd – Council Retreat @ St. John Paul II Shrine

Wednesday, Feb 7th – Officer's Meeting, 7:30 PM ZOOM

TUESDAY, Feb 13th – General Business Meeting, 7:30 HYBRID-ZOOM
and In Person in the Guadalupe Center, Queen of Apostles
(Rosary begins at 7:00, GBM at 7:30)

Wednesday, Feb 14th – **Valentine's Day/World Marriage Day** (don't forget your Valentine!)

Wednesday, Feb 14th – ASH WEDNESDAY

Wednesday, Feb 14th – 40 Cans for 40 Days begins at QofA School

Monday, Feb 19th – President's Day

Friday, Feb 23rd – ANNUAL FISH FRY – Hannan Hall, QofA
Efforts starts at 4:00 PM

\$\$HAVE YOU PAID YOU DUES YET??\$\$

Please do so as soon as possible – If not, you're in the Second Notice Phase!

Pay online via credit card at:

<https://queenofapostles.ccbchurch.com/goto/forms/19/responses/new>

The financial health of the Council depends on your timely remittance of dues!!

Grand Knight's Message

I salute and honor all the members who accepted to serve as officers in this 2023/2024 fraternal year. You have served well during these seven months of the year. I am grateful for your service. The Council commends you as well. If it is possible with your schedule and that of your family, I urge you to continue in your service. You may want to consider recruiting another brother to serve in one capacity as an officer or a director of one of the programs. It is a service to the Council, order, and parish. Please include this in your prayers.

Lent this liturgical year begins on Wednesday, February 14, which happens to be Valentine's Day. On this day, there will be a Mass service in the evening. Due to this schedule, our business meeting has moved from Wednesday, February 14, to Tuesday, February 13. Rosary will begin at 7:00 pm, with the business meeting starting at 7:30 pm. Please mark this change on your calendar. Thank you very much.

The arrival of Lent brings about the annual fish fry for our Council. It is a family activity for the Council and partly fundraising. We have our first fish fry on Friday, February 23. Kindly consider volunteering for this event.

We would need help in the kitchen, setting up the hall, serving, and cleaning up. In previous years, this has been the one activity where we had the highest number of volunteers. I pray for the same result this year. You, Brother Knights, will be needed to help set up the tables and chairs and to start the kitchen at 4:00 pm. Some of us may consider coming a little late so that we could help with cleaning the kitchen and hall. The Queen of Apostles parish community always looks forward to our fish fry, and this year would not be an exception. So, please join us to make the event a success.

Thank you! Vivat Jesus!

Fraternally Yours,
Patrick Okoronkwo, Grand Knight



Knight of the Month

This month's Knight of the Month is our very own multi-tasking, multi-talented, Worthy Recorder, Faith Director and The Knightly News Editor, Brother John Cosgayon. The Council would come to a grinding halt if not for Brother John's enumerable contributions. Perhaps, the same could be said for the parish as well—Brother John

is a regular Eucharistic Minister, ushers on occasion, and is deeply involved in pulling the Young Catholic's Ministry together as well. A tremendous example of a fine Catholic gentleman and great example of the commitment required to be an Outstanding Knight of Columbus. Congratulations Brother John Cosgayon!

Casey Club Home—SOLD

Much like the original Casey Club/Council home, which was sold in 2002, its successor at 4200 Martin Avenue in Annandale, VA has had its share of wonderful memories—and served as a solid foundation through thick and thin—for the Council, the Casey Women's Club, and other local groups.

Alas, just as the former home outlived its usefulness amid diminishing membership and financial input, so has the 4200 Martin Avenue home. Casey Club and Council leadership had been discussing the future of the Club and the Council the past few years. Making a long story of a multitude of discussions and prayers, the Casey Club called a special meeting on November 1, 2023 and voted to sell the 4200 Martin Ave. property.

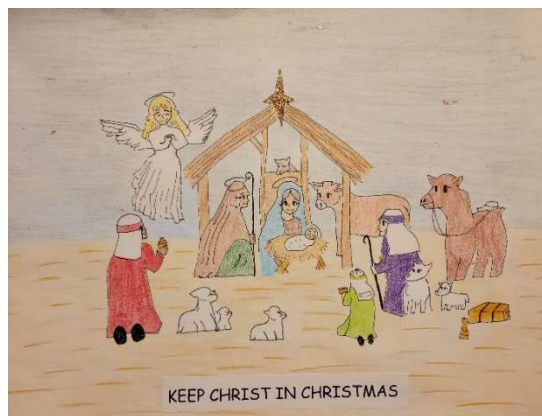


Little did we know that the commercial real estate market is and has remained robust over the recent

Federal rate hikes. Almost unbelievable, the property was spoken for—even before the "For Sale" sign went into the ground. The holidays were the only delay in getting to the closing table, which officially happened on January 25, 2024. From hosting its first Council meeting on November 9, 2005 to the last on January 8, 2020 (that's right, due to COVID, improved information technology and a plethora of other reasons, the Council hasn't used the house for meetings in four years—hence the final decision to sell), 4200 Martin Avenue will always be fondly remembered in the Council's storied history.

KCIC Poster Contest

Students at Queen of Apostles Catholic School participated in the annual Keep Christ in Christmas Poster Contest. **Ariana Castro**, from the 5th/6th grade group was this year's overall winner! Her award winner, depicting the Lord's manger scene, is pictured here. Congratulations Ariana!!



Other winners include:

Evalyn Pachedzhiev, Kindergarten

Gelila Tesfaye – Grades 1 and 2

Noah Lumbe – Grades 3 and 4

Mary W – Grades 7 and 8

All the winners received \$25 gift cards for their outstanding contributions in Keeping Christ in Christmas!

Pancake Breakfast

An amazing thanks to all the Knights who helped make the 1st Annual Santa Breakfast a great success. Starting Saturday evening with all the setup help, through Sunday afternoon cleanup everyone's assistance was nothing short of outstanding! And a very special thanks to SK Rick Sacra (right, front), who led all the Knights to victory!!

All Brother Knights and families who helped with setting up, making hash browns, baking eggs, frying pancakes, making bacon and sausage, keeping the juice flowing, doing dishes, serving food, cleaning up (as you go), trash removal and whatever else was needed, were truly awesome.

The teamwork and fraternity made for a fun day on what was a busy weekend of activities for our Council.



Reminder: Keep Your Information Up to Date

If you move, change your phone number or change your email address, please don't forget to contact the Financial Secretary, Roger Williams, PGK to update your information. The correct contact information is critical in keeping you apprised of parish, council or Supreme activities or events. To update your information, please contact FS Roger at jpii4522@gmail.com or at (703) 629-3239 or you can go to our website at www.kc4522.com and look for "Contact Us" and request an information update there.

Second Annual Queen's Cup Golf Tournament

We are pleased to invite you to join us on Thursday, April 25, 2024 for our Second Annual Queen's Cup Golf Tournament! The Queen's Cup event is intended to

nurture the fellowship and community with and among Queen of Apostles' parishioners, Brother Knights and friends and family. It will be another great day of golfing, food and friendship to benefit the QofA school, the parish and our own Council. This year's Tournament will again be held at [Westfields Golf Club](#) located at 13940 Balmoral Greens Ave. Clifton, VA.

Click [HERE](#) to register.... NOW!! We look FOREward to seeing you on April 25th!

See our flyer on the last page of this newsletter!

FISH FRY Friday, February 23rd

Our Annual Fish Fry(s) resume this Lenten season with the first one scheduled on Friday, February 23, 2024 at

Queen of Apostles Catholic Church's Hannan Hall—the second will be held on Friday, March 8th.

Service Time: There will be ONE continuous serving time beginning at 5:00 PM and ending at approximately 8:00 PM

Cost per order: \$12.00 for adults/\$6.00 children's menu (under 12) - Max \$70.00 per family

Each order will contain: Two/three pieces of fish (Fried or Baked – your choice), fries, coleslaw, a cookie and condiments. Sodas, juice, water will be provided.

40 Cans for 40 Days Campaign

We are once again partnering with Queen of Apostles Catholic School to hold the Sixth Annual 40 Cans for 40 Days Campaign at the school. The Campaign provides the children (and their families) blessings each day during Lent—providing them with the opportunity to give alms, promote charity to others, and learn/know more about sacrifice in the way of bringing a canned good to school each school day. We are looking forward to another record-breaking year!

In a Word – HELP!

We need Brothers on Deck at the following events:

- Throughout Lent – to help pick up and deliver canned goods collected from the 40 Cans for 40 Days Campaign
- The week of February 19th for grocery shopping and prep for the first Fish Fry on Friday, February 23—and of course ALL HANDS ON DECK for the Fish Fry!

**A Note (Lecture) From Our Lecturer**

The Epiphany is a season especially set apart for adoring the glory of Christ. The word may be taken to mean the manifestation of His glory and leads us to the contemplation of Him as a King upon His throne in the midst of His court, with His servants around Him, and His guards in attendance. At Christmas we commemorate His grace; and in Lent His temptation; and on Good Friday His sufferings and death; and on Easter Day His victory; and on Holy Thursday His return to the Father; and in Advent we anticipate His second coming. And in all of these seasons He does something or suffers something: but in the Epiphany and the weeks after it, we celebrate Him, not as on His field of battle, or in His solitary retreat, but as an august and glorious King; we view Him as the Object of our worship. Then only, during His whole earthly history, did He fulfil the type of Solomon, and held (as I may say) a court, and received the homage of His subjects; viz. when He was an infant. His throne was His undefiled Mother's arms; His chamber of state was a cottage or a cave; the

worshippers were the wise men of the East, and they brought presents, gold, frankincense, and myrrh. All around and about Him seemed of earth, except to the eye of faith; one note alone had He of Divinity. As great men of this world are often plainly dressed, and look like other men, all but as having some one costly ornament on their breast or on their brow; so the Son of Mary in His lowly dwelling, and in an infant's form, was declared to be the Son of God Most High, the Father of Ages, and the Prince of Peace, by His star; a wonderful appearance which had guided the wise men all the way from the East, even unto Bethlehem.

This being the character of this Sacred Season, our services throughout it, as far as they are proper to it, are full of the image of a king in his royal court, of a sovereign surrounded by subjects, of a glorious prince upon a throne. There is no thought of war, or of strife, or of suffering, or of triumph, or of vengeance connected with the Epiphany, but of august majesty, of power, of prosperity, of splendor, of serenity, of benignity. Now, if at any time, it is fit to say, "The Lord is in His holy temple, let all the earth keep silence before Him." "The Lord sitteth above the waterflood, and the Lord remaineth a king forever." "The Lord of Hosts is with us; the God of Jacob is our refuge." "O come, let us worship, and fall down, and kneel before the Lord our Maker." "O magnify the Lord our God, and fall down before His footstool, for He is Holy." "O worship the Lord in the beauty of holiness; bring presents and come into His courts."

Such is the narrative itself, already referred to, of the coming of the wise men, who sought Him with their gifts from a place afar off and fell down and worshipped Him. Such too, is the account of His baptism, which forms the Second Lesson of the feast of the Epiphany, when the Holy Ghost descended on Him, and a Voice from heaven acknowledged Him to be the Son of God. And if we look at the Gospels read throughout the season, we shall find them all containing some kingly action of Christ. The Collects are of the same character, as befit the supplications of subjects coming before their King. The first is for knowledge and power, the second is for peace, the third is for strength in our infirmities, the fourth is for help in temptation, the fifth is for protection, and the sixth is for preparation and purification against Christ's second coming. There is none which would suit a season of trial, or of repentance, or of waiting, or of exultation — they befit a season of peace, thanksgiving, and adoration, when Christ is not manifested in pain, conflict, or victory, but in the tranquil possession of His kingdom.

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It will be sufficient to make one reflection, which suggests itself from what I have been saying.

You will observe, then, that the only display of royal greatness, the only season of majesty, homage, and glory, which our Lord had on earth, was in His infancy and youth. Gabriel's message to Mary was in its style and manner such as befitted an Angel speaking to Christ's Mother. Elisabeth, too, saluted Mary, and the future Baptist his hidden Lord, in the same honorable way. Angels announced His birth, and the shepherds worshipped him. A star appeared, and the wise men rose from the East and made Him offerings. He was brought to the temple, and Simeon took Him in His arms, and returned thanks for Him. He grew to twelve years old, and again He appeared in the temple, and took His seat in the midst of the doctors. But here His earthly majesty had its end, or if seen afterwards, it was but now and then but with no steady sustained light, and no diffused radiance. We are told at the close of the last-mentioned narrative, "And He went down with His parents, and came to Nazareth, *and was subjected unto them.*" [Luke ii. 51.] His subjection and servitude now began in fact. He had come in the form of a servant, and now He took on Him a servant's office. How much is contained in the idea of His subjection! and it began, and His time of glory ended, when He was twelve years old.

Solomon, the great type of the Prince of Peace, reigned forty years, and his name and greatness was known far and wide through the East. Joseph, the much-loved son of Jacob, who in an earlier age of the Church, was a type of Christ in His kingdom, was in power and favor eighty years, twice as long as Solomon. But Christ, the true Revealer of secrets, and the Dispenser of the bread of life, the true wisdom and majesty of the Father, manifested His glory but in His early years, and then the Sun of Righteousness was clouded. For He was not to reign really, till He left the world. He has reigned ever since; nay, reigned *in* the world, though He is not in sensible presence in it — the invisible King of a visible kingdom — for He came on earth but to show what His reign would be, after He had left it, and to submit to suffering and dishonor, that He *might* reign.

It often happens, that when persons are in serious illnesses, and in delirium in consequence, or other disturbance of mind, they have some few minutes of

respite in the midst of it, when they are even more than themselves, as if to show us what they really are, and to interpret for us what else would be dreary. And again, some have thought that the minds of children have on them traces of something more than earthly, which fade away as life goes on, but are the promise of what is intended for them hereafter. And somewhat in this way, if we may dare compare ourselves with our gracious Lord, in a parallel though higher way, Christ descends to the shadows of this world, with the transitory tokens on Him of that future glory into which He could not enter till He had suffered. The star burned brightly over Him for awhile, though it then faded away.

Christ descends to the shadows of this world, with the transitory tokens on Him of that future glory into which He could not enter till He had suffered.

We see the same law, as it may be called, of Divine Providence in other cases also. Consider, for instance, how the prospect of our Lord's passion opens upon the Apostles in the sacred history. Where did they hear of it? "Moses and Elias on the mountain appeared with Him in glory, and spake of His decease, which He should accomplish at Jerusalem." That is, the season of His bitter trial was preceded by a short gleam of the glory which was to be, when He was suddenly transfigured, "and the fashion of His countenance was altered, and His raiment was white and glistening." And with this glory in prospect, our Lord abhorred not to die: as it is written, "Who for the joy that was set before Him, endured the Cross, despising the shame."

Again, He forewarned His Apostles that they in like manner should be persecuted for righteousness' sake, and be afflicted and delivered up, and hated and killed. Such was to be their life in this world, "that if in this world only they had had hope in Christ, they had been of all men most miserable." Well then, observe, their trial too was preceded by a season of peace and pleasantness, in anticipation of their future reward; for before the day of Pentecost, for forty days Christ was with them, soothing, comforting, confirming them, "and speaking of the things pertaining unto the kingdom of God." As Moses stood on the mount and saw the promised land and all its riches, and yet Joshua had to fight many battles before he got possession, so did the Apostles, before descending into the valley of the shadow of death, whence nought of heaven was to be seen, stand upon the heights, and look over that valley, which they had to cross, to the city of the living God.

To conclude; let us thankfully cherish all seasons of peace and joy which are vouchsafed us here below. Let

us beware of abusing them, and of resting in them, of forgetting that they are special privileges, of neglecting to look out for trouble and trial, as our due and our portion. Trial is our portion here — we must not think it strange when trial comes after peace. Still God mercifully does grant a respite now and then; and perhaps He grants it to us the more, the more careful we are not to abuse it. For all seasons we must thank Him, for time of sorrow and time of joy, time of warfare and time of peace. And the more we thank Him for the one, the more we shall be drawn to thank Him for the other.

Each has its own proper fruit, and its own peculiar blessedness. Yet our mortal flesh shrinks from the one, and of itself prefers the other; — it prefers rest to toil, peace to war, joy to sorrow, health to pain and sickness. When then Christ gives us what is pleasant, let us take it as a refreshment by the way, that we may, when God calls, go in the strength of that meat forty days and forty nights unto Horeb, the mount of God. Let us rejoice in Epiphany with trembling, that at Septuagesima we may go into the vineyard with the laborers with cheerfulness and may sorrow in Lent with thankfulness; let us rejoice now, not as if we have attained, but in hope of attaining. Let us take our present happiness, not as our true rest, but, as what the land of Canaan was to the Israelites, — a type and shadow of it. If we now enjoy God's ordinances, let us not cease to pray that they may prepare us for His presence hereafter. If we enjoy the presence of friends, let them remind us of the communion of saints before His throne. Let us trust in nothing here yet draw hope from everything — that at length the Lord may be our everlasting light, and the days of our mourning may be ended.

February 2024 Birthdays



Sebastian Amaya	02-02
Jean Roger G Bion	02-06
William J Kayes	02-09
Kelechi P Okoronkwo	02-09
Jay Allen Simon	02-11
James M Dillon	02-14
Msgr. Michael K Carroll	02-15
Tobias C Amadi	02-25



Reminder

All editions of The Knightly News, past and current, are available on the Council website at www.kc4522.com.

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The submission deadline for the March Newsletter is February 20th.

MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

For questions or comments, please contact the Editor, John Cosgayon at jncos95@outlook.com.
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