

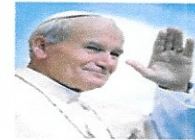
The Knightly News

COUNCIL 4522

CHARTERED 1958



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.



Monthly Newsletter

February 2019

IMPORTANT DATES IN FEBRUARY

Saturday, Feb 2nd – Spiritual Retreat to St. John Paul II Shrine (see Flyer!)
 Wednesday, Feb 6th – Officer's Meeting, 7:30 PM Council Home
 Wednesday, Feb 15th – General Business Meeting, 7:30 PM Council Home
 Saturday, Feb 18th – 9:00 AM Pray the Rosary – 101 S. Whiting St. Alexandria

\$\$\$HAVE YOU PAID YOU DUES YET??\$\$

Please do so as soon as possible!

The financial health of the Council depends on your timely remittance of dues!!

Grand Knight's Message

And we wonder why the bears hibernate! Cold rains, colder winds, and snow. No, not a fan of winter—and one could argue February is usually the harshest part of these annual doldrums. So, after an extremely busy fall and early winter (especially December)...we get a few weeks to recoup, heading into March, Lent, and the full Easter season. Just some teasers: two fish fries in March (15th/29th), a Novena for Life (starting March 16th), Mass for Life (March 25th at 7:00 PM), KOVAR starts. So, put these things on your calendar NOW...then yes, rest up a bit in February—Hibernate!

But don't waste the time away. Pray! Pray for the unborn, for the terminally ill, for all who can't pray for themselves, for each other. Read/study scripture every day. Call a friend or relative and TALK to them...not on email or text or snapchat... TALK to them about our Lord Jesus Christ. If you know a practicing Catholic gentlemen that isn't a Knight...ask him why he isn't a Knight? Not enough time? An hour every three or four months...really? Everyone can make an hour available. What's in it for me? Everything! Faith, Brotherhood, Fraternity, Peace of mind that his family will be taken care of after he is gone, countless ways to make somebody else's life better.

Remember my Brother Knights, we all need to rest, but we can never rest on our laurels. As a Knight, we have taken vows to live and practice our Venerable Fr. McGivney's vision, which was and IS to: Change a man's life; Deepen and enrich his faith; Strengthen his family; and Build better lives for those who so desperately need help. Rest, but always stay vigilant.....

One last note, I hope to see MANY of you on our first Spiritual Retreat, February 2nd to St. John Paul II Shrine. Please review the attached flyer and RSVP with our Faith Director, Rich Lamarre as soon as possible!!

May God bless you and your family!

GK Roger

Knight of the Month



Brother and Sir Knight Larry Cirignano is our Knight of the Month. Brother Larry serves as our Culture of Life Chairman, Life Programs Director and resident "shut down" abortion mills protagonist—a passion he works on tirelessly 365 days a year! Shown here with his ever present "Choose Life" yellow tie, Brother Larry is a fixture at Pro-Life rallies, abortion mill (peaceful) protests, and any other known function that will possibly save an unborn child's life. Of all the things the Knights do—of all the things any of us do—there can't be one more important than saving a life! May God always bless our Brother Larry in the quest to end abortions. Congratulations to our Knight of the Month, SK Larry Cirignano!

Family of the Month

The Council's Family of the Month, Stanley and Alexa Urban, are a fixture at Queen of Apostles. Alexa serves as one of the parish's Adoration coordinators, and for our money, the toughest one—as she is responsible for the "3rd Shift" (aka middle of the night/morning) schedule. Alexa has been part of the Adoration

leadership since its inception at Queen of Apostles some 10 or more years ago now. Husband, Brother Knight Stanley, is a stalwart on the annual Banica Mission—teaching young people not only how to work as a team and with their hands, but also leading prayers and evangelizing. Stanley can also be found throughout the campus with hammer (or some other tool) in hand when a professional tradesman is required. The author is sure the Urbans are involved in far more around the parish—just hard to catch up with them since they are always so busy carrying out God’s work. Congratulations to Stanley and Alexa Urban, our Family of the Month for January 2019.

Council 4522 – Then, Now, the Future

Just over 61 years ago, the Fairfax Council (now our current Pope John Paul II Council) was established with 46 Charter Members. In the Council’s heyday, its “territory” covered much of Arlington, Alexandria, Annandale, Bailey’s Crossroads, Fairfax and Springfield and we supported as many as 15 parishes. As the second largest Council in Virginia, we wielded “influence” on the State Council and had a Council home worthy of our stature.

While we can’t point to one particular cause, things have certainly changed. As we start our 61st year, our membership is hovering just over 200 strong (down 100s over the years)—and 69 of those members are Honorary Lifetime members, meaning they are over 70 years of age with over 25 years of continuous service. We are blessed and have been blessed with their dedication to the Order, their leadership, and their faithful guidance – but they are, as a group, largely inactive. *We are also now a single parish Council*—supporting just Queen of Apostles (QofA) in Alexandria. The majority of our Officers are from QofA and QofA is the most represented parish among our entire membership. And, given that QofA is now the only parish we support, that is the only parish where we can actively work to recruit new members. It’s clear Brothers, the future of Pope John Paul II Council 4522 is in and at Queen of Apostles.

While our current Council home sits basically in the center of what was historically our “territory,” today it doesn’t even sit in the Diocesan parish boundary for QofA. You may be asking yourself, “So?” The “so” is the current Council home isn’t seen as a QofA entity or resource or a viable venue in which to hold QofA KofC meetings or events. Put simply, our building is too far off the beaten path. Additionally, the house is not designed to attract new members nor conduct activities that would encourage current members’ attendance. Ask yourself - what would bring a millennial or youth member to the house as it stands? Think about recruiting new or

younger members, which the Council desperately needs to have an effective future—some would argue even to have a future.

There is a shining light at the end of the tunnel though...just like Pope John Paul II’s ring on our new website homepage (see article below). Right now, the QofA campus is going through a number of changes. The Diocese and QofA recently purchased a home adjacent to the current property and are in the process of turning it into a new home for the priests. When the priests move out of the current rectory, the rectory and current administrative offices will be redesigned and renovated to become the Parish Ministry Center—a home to all the parish’s many ministries, including Council 4522, should we decide to take them up on their offer to become the “anchor” of the new Center. This may be a once in a lifetime opportunity for our Council to showcase our works of mercy and contributions to the community—right in front of the QofA parishioners on a daily basis.

Being on campus, being visible to the parishioners every day, having a facility to host events and activities, will help in our efforts to generate interest. That interest will help generate new Knights—and breathe new life and prosperity into our Council for decades to come. That said, this decision will not be taken lightly—although we do need an expeditious one—before others are given the same opportunity. At the end of the day, the Council (via the Casey Club or the Casey Foundation) will need to fund the renovations for a new “home” and of course, somewhere down the line, sell the current home. We have made this choice before successfully—for our original home, when to sell that home, and when to buy/build the current one. We know these decisions will come with some heartache, but with professional processing and deliberation we can successfully turn the page on this chapter.

The Council’s future, partnered with Q of A, will no doubt be the topic of conversation during the next couple of Council meetings. We would love to have you there for the discussions or if you have questions, comments or grounded opinions, please feel free to share them with Grand Knight Roger Williams at rwsb11@gmail.com or call (703) 629-3239.

We pray for God’s continued guidance.



Updated Website!



We are very happy to announce that we have completed a thorough update of our website at www.kc4522.com. The new site has direct links to our monthly newsletters and to the new KofC Join Online page, just to mention a few. Also check out the new calendar of events and our Council history. You'll notice that a silhouette of Pope John Paul II now graces our homepage, along with this year's mantra, "Keep the Faith." Take a few minutes to look through the website. Comments, suggestions, and questions are always appreciated.

March for Life – "Unique from Day One"



Thousands and thousands gathered once again in Washington, D.C. on a cold January 18th to march—for LIFE! Jeanne Mancini, president of March for Life, explains this year's theme for the March for Life, **Unique from Day One - Pro-Life is Pro-Science**, "At thirteen weeks, the baby has a fingerprint. Unique from day one. One hundred years ago our understanding of embryonic development and fetal development was very different than what it is now. We owe so many advances to medicine and science and technology, and they all continue to reaffirm the scientific fact and the truth: that life begins at fertilization, at conception. Pro-life is Pro-science."

PGK Joe Lynem (on the left) and SK Ed White helped lead and guide the crowd. PGK Carroll Glass (not pictured) gave back as well, as he often does, by supporting the staff at the First Aid tent.



And of course, we cannot forget our Brother Larry Cirignano, our Culture of Life Chairman, who works tirelessly on this most important mission 365 days a year! Brother Larry and Brother Dave Cook, the Director of Operations and Stewardship at Queen of Apostles, were instrumental in coordinating the feeding, boarding, and transporting 100s of pilgrims that gathered in and around the parish for the event.

Many other Brother Knights and their families helped support the pilgrims and/or the rally as well. Many thanks to ALL that support the commitment to the defense of all human life, during the annual March for Life event and throughout the year. To read/learn more about the March and ways you can **support life** visit <http://www.kofc.org/un/en/liberty-life-family/culture-of-life.html>

Basketball Free Throw Contest Results

The Council held its' Annual Basketball Free Throw Contest Tuesday, January 22nd at Queen of Apostles School Gym. 20 competitors lined up to take their "best shot!" Competitors were given 15 shots at the charity stripe and the best are moving on to the District Championship to be held, Saturday, February 23rd, sometime from noon to 4:00 PM at the St. Leo's Catholic School gym in Fairfax.

Council 4522 Champions are:

- Boys 9 Kieran Tennant
- Boys 10 Adrian Gororo
- Boys 11 Noah Lenn
- Boys 12 Jesse Kasenge
- Boys 13 John Agtarap
- Boys 14 Sebastian Gongora
- Girls 11 Annette Tennant
- Girls 12 Margaret Tennant
- Girls 13 Leah Vincent



Many thanks to PGK and WDGK Patrick Okoronkwo, Family Director SK Jay Moore, Brother Mark Guevara and of course, our Community Director, SK Vincent Guevara for making this another successful and fun event!

Father Michael J. Bader 2019 Scholarship Program
Applications Accepted Starting January 1 Thru March 31, 2019

The Father Bader Scholarship Program honors the legacy of its namesake, the Reverend Michael J. Bader as a Brother Knight and late arrival to the priesthood in Virginia. Father joined our Lord on April 5, 1992. The program awards monetary scholarships in two different categories as follows:

- *Brother Knight Financial Need Program:* Brother Knights in good standing and their wives, or the widows of brother Knights, who resided in Virginia at time of death and were in good standing, can apply for a scholarship to assist them in their educational goals. The amount of the scholarship will be based on the dire financial need of the applicant. Scholarships under this category can be made by an applicant at any time during the fraternal year and the number of awards each year is at the discretion of the Virginia State Deputy and is governed by the available balance of the scholarship program fund account(s).
- *High School Graduate Program:* Annual competition is among eligible graduating High School seniors who are going on to higher education in the fall. This program is open to all children of Knights who are in good standing in a council in Virginia or were in good standing at the time of death. Scholarship awards under this category will be based on the whole person and the financial status of the applicant. The application period opens annually on January 1st of each year and closes on March 31.

If you have any questions regarding the Father Bader Scholarship Program, please contact Brother Frank Guest at (703) 980-2526 or via email at commodore31@icloud.com

Virtual Baby Bottle Fundraiser

The Virginia State Council is encouraging all Knights, their families and friends to support the Paul Stefan Foundation. The Foundation provides a comforting, loving, pro-life haven for women facing a crisis pregnancy; by offering hope, love, spiritual and emotional counseling. The Foundation was founded through the intercession of St Andrew and Our Lady of Guadalupe.

The Home is a 501-C-3, tax deductible, non-profit public foundation open to all races and creeds. The home is professionally staffed with the assistance of many volunteers.

It was named after Paul Stefan James who was born & died on December 13, 2005. He was carried to term & delivered despite his mother having been advised to secure an abortion. His brief life on this earth inspired our naming of this Foundation in his honor.

Please consider helping them support their residents during their annual Virtual Baby Bottle Drive by going to their website www.paulstefanhome.org You may also mail a check directly to the Foundation at P.O. Box 754 Locust Grove, VA 22058



**Building the Domestic Church –
 Becoming a Real Man of God**

Let us move on from the topic of manly love, which we have discussed the last few months, to another way to illustrate the virtues of a real man of God—to be a good soldier. The relation between a man of God and a soldier will seem either obvious or a stretch, depending upon your views of the military. If you don't see the connection, this month's lecture will tie it all together for you. A good soldier, especially one fit for battle, generally has ten traits... Can you identify them? Worthy Lecturer Ray Venero will have the answers for you at the Monthly Council Meeting, February 15th at 7:30 PM. We hope to see you there!

Casey Women's Club

Our January meeting was off to a good start for 2019. Ethel Apostolico reported on membership—if you have not yet paid your dues, please mail or call Ethel as soon as possible (703) 941-1079.

The Charity Committee is preparing a list of charities we will consider during 2019. If you have a favorite charity you would like us to consider, please Call Ethel (703) 941-1079 or Ruth Zirkle (703) 527-9367.

Marion Scaffidi suggested we hold a "Polly Anna" at our February 14th meeting—it was approved unanimously! Please bring a wrapped gift, it may be something you received and cannot use or any item of \$5.00-\$15.00 value, to the February meeting. This is a fun activity, hope you will join us! And always, try to bring allow a new member and your recommendations to enhance our meetings.

Our Christmas fundraiser of See's Candy did very well and will go a long way to support our charities. A tremendous "Thank You" to all who supported this "sweet" drive.

Geri Owen graciously offered to coordinate a spring lunch at the Annandale High School/Culinary School. More information to follow.

There was a lively discussion of the planned move of Pope John Paul II #4522 to Queen of Apostles property.

February Birthdays! Jean Hughes, 8th; Alice London, 16th; Linda Lipari, 26th. Our best wishes for a year of God's blessing and good health!

Retiree Lunch is February 26th at Noon. Bunco will follow lunch. Please call Ethel, if you plan to play Bunco.

God Bless us all,

Connie King, President

Happy February Birthdays – Brother Knights!



Jean Roger G Bion	02-06
John M Maloney	02-08
William J Kayes	02-09
Kelechi P Okoronkwo	02-09
Jay Allen Simon	02-11
James M Dillon	02-14
Msgr. Michael K Carroll	02-15
Mervin L Daly	02-17
Tobias C Amadi	02-25
Marvin C Rodney	02-27

Reminder

All editions of The Knightly News, past and current, are available on the Council website at www.kc4522.com



February 2nd!



THE KNIGHTLY NEWS IS PUBLISHED MONTHLY
BY POPE JOHN PAUL II COUNCIL 4522
4200 MARTIN AVE., ANNANDALE, VA 22003
TELEPHONE: 703-992-0129 WEBSITE: www.kc4522.com

The submission deadline for the March 2019 Newsletter is February 20th

MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

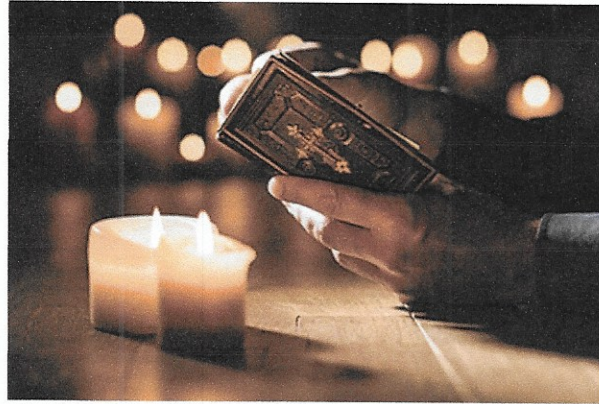
For questions or comments, please contact the Editor, John Cosgayon at johnnicholascosgayon@gmail.com.
Additional information and points of contact are posted on our website at www.kc4522.com.

[Like us on Facebook!](https://www.facebook.com/Council4522) www.facebook.com/Council4522

Men's Spiritual Retreat to Saint John Paul II National Shrine

Subsidized by the Knights of Columbus, Pope John Paul II Council 4522

Saturday, February 2, 2019



The Knights of Columbus, Pope John Paul II Council 4522 (Queen of Apostles' dedicated Council) is subsidizing a Parish-wide Men's Only Spiritual Retreat to Saint John Paul II National Shrine. **Sir Knight Father Leopoldo Vives** will personally lead the Pilgrimage to this very special place of worship, religious formation, and cultural renewal.

Date: Saturday, February 2, 2019

(Limited to the 1st 60 Respondents)

Time: Bus will leave Queen of Apostles at 9:15 AM – Return ~ 4:30 PM

Cost: \$10.00 (Box lunch will be provided)

* **Plenary Indulgence:** Pope Francis grants those who make a pilgrimage to the Saint John Paul II National Shrine a plenary indulgence.

Deadline to RSVP is January 27th

Please RSVP to SK Rich Lamarre at (207) 577-7591 or rlamarre32@aol.com

Pope John Paul II was a special friend of the Knights of Columbus. Pope John Paul II wrote: "By bearing witness to 'the faith that works through love', the Knights can offer our world a powerful sign of the presence of God's Kingdom and an attractive invitation to rediscover the reasons for the Church's hope. This witness to a hope that does not disappoint is especially important."

This is a wonderful way for the men of Queen of Apostles, at the beginning of 2019 and before Lent, to strengthen our Faith and live that faith joyfully and without fear. This spiritual retreat will include tours, Mass, the rosary, and time for reflection, prayer and a place to ask for Saint John Paul II intercession for your intentions and to renew and strengthen your faith.

Men of Queen of Apostles, Please join us! May God bless you!