

The Knightly News

COUNCIL 4522

CHARTERED 1958



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.



Monthly Newsletter

August 2026

Important Dates in August

Sunday, August 2nd – Sunday Social at Queen of Apostles

Assistance from 6:30 AM to 2:30 PM always welcome!

Wednesday, August 5th – Officers Meeting, 7:30 PM ZOOM

Sunday, August 9th, 2PM Altar Server Picnic on the school grounds

Wednesday, August 12th – Full Council Meeting, 7:30 PM Hybrid (7:00 PM Rosary)

Wednesday, August 13th - Blessed Michael McGivney's Feast Day

Saturday, August 15th – The Assumption of the Blessed Virgin Mary

Saturday, August 22nd – Queen of Apostles Parish Festival, 12:00 Noon until....

HELP WILL BE NEEDED!

Sat/Sun, August 22nd/23rd – Membership Drive (during Parish Festival) and Sunday after Masses

Grand Knight's Message

July marks the beginning of our new Fraternal Year. On July 8th we conducted Installation of Officers. We were honored to have our new State Deputy, John Knox III, join us as well as our returning District 15 Deputy, Richard Stavros. We were also happy to see SK Carroll Glass filling in as District Warden.

We mostly welcomed the same lineup of officers for the new year with a few new additions; first Jay Moore has stepped up to the Treasurer position. Our three new council members are also getting involved, SK Gus Gravot – Warden; SK Daniel Ward – Advocate; and Brother Richard Hoffmann – Outside Guard. We welcome our newest officers and council members. We are grateful for your presence on the council as well as returning officers and members.

I would like to re-iterate my appreciation to all members for the success of our 2025/2026 Fraternal Year. There are too many names to mention, but I am thankful for all my Brother Knights who have stood by me and our council over the last year. I look forward to enjoying another successful year with all of you.

Being the mid-summer month, July is a time when we find rest and relaxation. The council activities were quiet most of the month. I hope this gave all of you a chance to enjoy family and rest.

Things begin to heat up a bit in August. We first have our parish Altar Servers picnic on Sunday August 9th starting after the 1:30 Mass. We need a group of

helpers to prepare a picnic lunch for these boys who serve all of us at mass. Please let me know if you can help. We need setup and start lunch at 2:00 and clean-up crew later in the afternoon. The picnic will be held at the back of the school grounds near the gymnasium.

The big event of the year for our parish is the **Annual Parish Festival, Saturday, August 22nd** Noon to 10:30PM. Yes, the council is again managing the beer and wine station. Bring your family for a fun afternoon and evening of multi-cultural foods, entertainment and games for the children. Grandchildren love the event as well, bring them all!

Most importantly, August is devoted to the Immaculate Heart of Mary. Just as Mary was a tabernacle for our Lord Jesus, we can pray for a pure heart to be temples of the Holy Spirit. I encourage you to attend mass on one of the Marian Feasts in August and remember that August 22nd is our parish feast day, the Queenship of the Blessed Virgin Mary. A great day to attend mass and give thanks for our parish and our Queen.

Please continue to pray for me and I will continue to pray for you. And follow the practice of our council patron, Pope St. John Paul II to "Follow Christ's Way"

Fraternally,
Richard Sacra

Installation of Officers, July 8, 2026

1st Row - SK Patrick Okoronkwo, Worthy Sebastian Amaya,
SK Sonny Masso, SK Vincent Guevara, Worthy Tuan Nguyen,
SK Gus Gravot

2nd Row, SK Hilowe Tesfa, SK Richard Sacra GK,
SK John Cosgayon, SK Daniel Ward, Fr. Ramon Dominguez,
Worthy Danny Restivo DGK

3rd Row SK Carroll Glass, DD Richard Stavros, SK Jay Moore, State
Deputy John Knox, III, SK Daniel Penrose, SK Greg Bacani.

Knight of the YEAR

Council 4522's 2025-2026 Knight of the Year is **Tuan Nguyen**. Tuan has served the council for two years as faithful treasurer, handling all the financial transactions for our busy council. In addition, Tuan worked side by side with GK Rick Sacra to manage the Coats for Kids drive and Christ in Christmas card sales. He staffed the table at the church for all months, all masses, handled inventory, continuously looked for ways to improve sales. For this and many other hours of service during that past year, while also dealing with health issues at home, we honor Tuan as our Knight of the Year. God Bless Tuan and his family as he moves to a Trustee position, still staying involved in the council.

Family of the YEAR

Council 4522's 2025-2026 Family of the Year is the **Amaya Family**. Sebastian, Maria and their children Emily, Elijah and Sebastian. All members of the family serve our council and parish in many capacities, always working hard to make events a success. They cook, serve, and clean up putting in many hours. They work in the heat of summer at the Parish Festival and the heat of the kitchen at the fish fry—not letting any challenges slow them down. Emily is a dedicated member of our parish office staff. In addition, they serve our parish family at mass, as lectures, ushers, altar servers, escorts for the Eucharist at processions and many other capacities that make our worship services reverent and meaningful. The Amaya Family are a blessing to our parish and an example of a Catholic family who serves

the Lord, never saying no. We pray for continued blessings for them all. Thank you, Amaya family!

Knight/Family of the Month - Four reliable Worthy Knights served the needy at Carpenter's Shelter on July 14th. We recognize SK Sonny Masso, SK Jay Moore, SK "Will" Hilowe Tesfa and Brother Tuan Nguyen as our Knights/Family of the Month. Thank you all for your continued service. God Bless!

Thought of the Month

"Grace of the Office....whatever the office or task or responsibility given or accepted, do it joyfully and with 100% as the Lord will give you the grace to do it."

Parish Festival: Call for Volunteers!

As our Worthy Grand Knight mentioned in his message, the Queen of Apostles Parish Festival will be happening on Saturday, August 22nd, from 12:00 to 10:00 PM. There will be a bilingual Mass at 5:00 PM. This year promises to be as gangbusters as last year! As you all know, this is a huge event requiring a lot of support – and so many of you stepped up last year. Just like last year, the Knights will be handling the beer and wine on the day of the festival—and this year, frying up some fries as well!. We'll be needing volunteers to man the tables and manage the flow of people in the tent. There will also be support needed at the end of the night, when we have to totally clear the lot to prepare for Masses the next day!

Volunteers will also be needed on the day before to set up lights, tents, tables, etc. If you can help, setup will start on Friday, August 21st, at 5:00PM.

Hope you can help while also having fun at the festival!!!



Parishioners, friends, and neighbors enjoying last year's festival

Lecturer's Reflection*Not Everyone Who Says, "Lord, Lord"*

I know men profess a great deal, and boast that they are Christians, and speak of Christianity as being a religion of the heart; but, when we put aside words and professions, and try to discover what their religion is, we shall find, I fear, that the great mass of men, lay no stress on acts of faith, hope, and charity, on simplicity of intention, purity of motive, or mortification of the thoughts; that they confine themselves to two or three virtues, superficially practiced; that they know not the words "contrition," "penance", and "pardon"; and that they think and argue that, after all, if a man does his duty in the world, according to his vocation, he cannot fail to go to heaven.

I grant, it may be beautiful to look at, but still it is rejected by the heart- searching God, because all such persons walk by their own light, not by the True Light of men, because self is their supreme teacher, and because they pace round and round in the small circle of their own thoughts and of their own judgments, careless to know what God says to them, and fearless of being condemned by him if only they stand approved in their own sight.

Had we any proper insight into things as they are, had we any real apprehension of God as he is, of ourselves as we are, we should never dare to serve him without fear, or to rejoice unto him without trembling. He is who brings into religion the true devotion, the true worship, and changes the self-satisfied Pharisee into the broken-hearted, self-abased Publican. We are contented with ourselves till we contemplate him. (The Christian) knows that One alone is holy, and that his own creatures are so frail in comparison of him that they would dwindle and melt away in his presence did he not uphold them by his power. All things are nothing before him; the highest beings do but worship him the more; the holiest beings are such only because they have a greater portion of him. This is the reason why every sort of man, whatever be his degree of holiness, whether a returning prodigal or a matured saint, says with the Publican, O God, be merciful to me.

Let us thank him for all that he has done for us, for what he is doing by us; but let nothing that we know or that we can do keep us from a personal, individual adoption of the great apostle's words, Christ Jesus came into this world to save sinners, of whom I am chief.

*Saint John Henry Newman***Are you registered to vote?**

If you take somebody to vote with you can double our chances of winning. Half of eligible voters are not registered and approximately half of registered voters do not show up. One in four people votes and half of them vote for the loser. Get one of the 3 people not voting to vote and we can win.

Early voting starts Friday, September 8, 2026, and over 1 million votes are expected to be cast before Election Day, Tuesday November 3, 2026.



The last day to register or correct your registration or to apply for an absentee ballot is Friday October 23, 2026

August Birthdays

Erik Michael Lucas	08-03
PGK Ronald J Plavchan, PhD	08-04
Andrew Ayele	08-08
Richard Hoffmann	08-10
PGK Robert E Kreider	08-16
Joachim E Mmassy	08-17
Robert F McKinney	08-22
Robert James Lavelle	08-23
PGK Bernard Polanin	08-23
Stephen J Plavchan	08-24

Please remember Worthy Kevin Beck and his wife Tamar in your prayers. May he rest in peace!

If you are aware of any council or family members in need of prayer you can email Rick Sacra at Rickjs4522@gmail.com to have them remembered by the council.

Start a new habit!

Join your fellow Queen of Apostles Parishioners at 8:00 AM mass on Saturdays and recite the Rosary immediately afterwards. A great way to boost your Saturday! We're usually finished by 9:00 AM.

Prayer for the Canonization of Blessed Michael McGivney Founder of the Knights of Columbus



God, our Father, protector of the poor and defender of the widow and orphan, you called your priest, Blessed Michael McGivney, to be an apostle of Christian family life and to lead the young to the generous service of their neighbor. Through the example of his life and virtue, may we follow your Son, Jesus Christ, more closely, fulfilling his commandment of charity and building up his Body which is the Church. Let the inspiration of your servant prompt us to greater confidence in your love so that we may continue his work of caring for the needy and the outcast. We humbly ask that you glorify Blessed Michael McGivney on earth according to the design of your holy will. Through his intercession, grant the favor I now present (here make your request). Through Christ our Lord. Amen.

Reminder

All editions of The Knightly News, past and current, are available on the Council website at www.kc4522.com

CELEBRATING OUR PATRONESS

Our Lady
Queen of Apostles

6TH ANNUAL
PARISH FESTIVAL
FAITH • FELLOWSHIP • FOOD • FUN

**SATURDAY
AUGUST 22, 2026
12 NOON – 10:30 PM**

BILINGUAL MASS AT 5 PM

FOOD & CULTURE INTERNATIONAL FOOD Filipino, Mexican, Salvadoran, Peruvian, Colombian, American & Polish Cuisine	ENTERTAINMENT LIVE MUSIC CULTURAL PERFORMANCES ENTERTAINMENT THROUGHOUT THE DAY	FAMILY FUN INFLATABLES FACE PAINTING MECHANICAL BULL GAMES & PRIZES
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RAFFLE **PARISH FESTIVAL RAFFLE**
INCLUDES 5 CASH PRIZES!

Bring Your Family and Friends!
EVERYONE IS WELCOME!

QUEEN OF APOSTLES CATHOLIC CHURCH
4401 Sano Street, Alexandria, VA 22312

703-354-8711 www.queenofapostles.org QofAChurch

ALL PROCEEDS BENEFIT THE MINISTRIES AND PROGRAMS OF APOSTLES PARISH.

SCAN TO LEARN MORE ABOUT THE FESTIVAL!

Remember: August is BACK TO SCHOOL MONTH!

THINGS TO DO:

PRAY - ALWAYS

Have a great, fun-filled end of summer vacation

Always be safe, but especially at the end of August as everyone's schedules get readjusted

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The submission deadline for the September Newsletter is August 20th.

MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

For questions or comments, please contact Roger Williams at jp4522@gmail.com.
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