

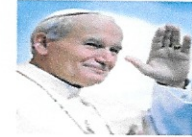
The Knightly News

COUNCIL 4522

CHARTERED 1958



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.



Monthly Newsletter

August 2022

Important Dates This Month

Wednesday, August 3rd – Officers Meeting, 7:30 PM ZOOM

Wednesday, August 10th – Full Council Meeting, 7:30 PM Hybrid (7:00 PM Rosary)

Saturday, August 13th - Blessed Michael McGivney's Feast Day

Monday, August 15th – The Assumption of the Blessed Virgin Mary

Saturday, August 20th – Queen of Apostles Parish Festival, 3:00 PM until....HELP WILL BE NEEDED!

ANNUAL COUNCIL CALENDAR OF EVENTS ATTACHED – PLEASE SAVE THIS EDITION

Grand Knight's Message

Thank you all for a very productive July! First off, we had a splendid and well-attended Council family picnic! Thanks to all who came and assisted, but special thanks to Patrick Okoronkwo and Richard Sacra and his family who did most of the work to put this event together. This continues to be one of my favorite events of the year. Also, in July, our council was asked to support the meal for the 4th degree assembly meeting. I thank all the brother Knights who supported this obligation, especially WDGK Vincent and Worthy Chancellor Martin who covered for me when I was ill.

July was my most recent month to support adoration. It is a welcomed chance to spend some quiet time one on one with our Lord. I encourage all Knights to consider this calling. It is one early Saturday morning every six weeks or so, but more adorers we have, the less frequent you will need to get out of bed.

I would like to officially recognize and welcome our two newest Knights to the council, Bennett Clifford and Gerardo Velado. They were officially approved as council members at the July meeting and will have an in-person exemplification on a future date to be determined. We look forward to working with these fine Catholic gentlemen.

Looking forward, the main events of August will be the altar server Picnic on the 6th and the Parish Festival on the 20th. The picnic will only require 2-3 volunteers; however, the Parish festival will require all the manpower we can provide. I thank you in advance for your generosity with your time. I am never disappointed by the Catholic gentlemen of council 4522.

August 13 is the feast day of Blessed Michael McGivney. I take this opportunity to reflect on the humble beginnings of our organization. Whenever

tasked with an intractable problem, I always remind myself of the old proverb "The journey of a thousand miles begins with a single step." Let the story of Fr. McGivney keep inspiring us to take steps forward and one day, our life's work will be described as the humble beginnings of something great.

God Bless,
Dan Penrose

Knight of the Month

An unheralded Knight, but matchless in energy and support to Queen of Apostles—and in turn—to the Council, we recognize Brother Juan Pablo (JP) Zelaya as our Knight of the Month. JP a member of the QofA staff and is instrumental in keeping all the facilities and grounds of campus looking beautiful. Brother JP is also always behind the scenes assisting the Council in preparations for nearly every event we have on campus. The Council and QofA are blessed to have JP and his wife, Marlene, in our midst. Congratulations, Brother JP!

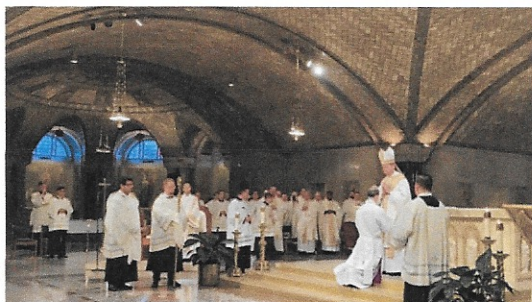
Newly Ordained – Fr. Brian Vaccaro



Washington, D.C.

Council 4522 prays for and congratulates our fellow Council Brother, Rev. SK Brian D. Vaccaro, C.S.S.R. Brother Brian was ordained to the Priesthood through the imposition of hands by the Most Reverend SK Michael F. Burbidge, Bishop of Arlington, Saturday 23 in the Crypt Church at the Basilica of the National Shrine of the Immaculate Conception in

Fr. Brian joins a couple of his siblings in priesthood. One of his siblings, Fr. Stephen Vaccaro, was ordained a priest of the Arlington Diocese in 2017 and brother Fr. Christopher who was ordained a priest in the Diocese in 2009. Fr. Brian joined the Order and our Council just over 20 years ago. Once again, we thank God for the blessing of the entire Vaccaro family and congratulate our fellow Knight, Fr. Brian Vaccaro!!



Parish Festival: Call for Volunteers!

As our Worthy Grand Knight mentioned in his message, the Queen of Apostles Parish Festival will be happening on Saturday, August 20, from 2:00 to 10:00PM. There will be a bilingual Mass at 5:00PM. This year promises to be as gangbusters as last year! As you all know, this is a huge event requiring a lot of support – and so many of you stepped up last year. Just like last year, the Knights will be handling the beer and wine on the day of the festival. We'll be needing volunteers to man the table and manage the flow of people in the tent. There will also be support needed at the end of the night, when we have to totally clear the lot to prepare for masses the next day!



Volunteers will also be needed on the day before to set up lights, tents, tables, etc. If you can help, setup will start on Friday, August 19, at 5:00PM.

Hope you can help while also having fun at the festival!!!



Parishioners, friends, and neighbors enjoying last year's festival

The Creed: Second, Third and Fourth Articles

This month, we continue with the Creed and focus on the next three articles: *"I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried."*

In this quick summary we go through the entire earthly life of our Lord, while further affirming the most fundamental truths of the faith.

"I believe in Jesus Christ, his only Son, our Lord" quickly and succinctly affirms our belief, Christ's connection to God the father, and his place in our faith. In this phrase, as in so much of the faith, we make an unambiguous proclamation: belief in Jesus Christ. Not a half-hearted statement but a clear declaration of our belief in Him. The name "Jesus" means "God saves" in Hebrew, and "Christ" means "Anointed One." To paraphrase the Catechism of the Catholic Church (CCC), "The Son of God" signifies that Jesus is the *only* Son of God - a unique and transcendent relationship. And that unique relationship asserts the title of "our Lord." As it says in the CCC, "...man should not submit his personal freedom in an absolute manner to any earthly power, but only to God the Father and the Lord Jesus Christ: Caesar is not 'the Lord.'"

The gospel of John starts with among the most beautiful words ever written in mankind's history: "In the beginning was the Word, and the Word was with God, and the Word was God." This introduction to John's gospel ends with "And the Word became flesh and made his dwelling among us..." God became man when Jesus "was conceived by the power of the Holy Spirit and born of the Virgin Mary." This act of God assuming a human nature is what the Church calls "Incarnation." It can be hard to understand that God did not *need* to become man. Yet he did "in order to save us by reconciling us with God; so that we might know God's love; to be our model of holiness; and to make us partakers of the divine nature." Mary's virginity further underscores and demonstrates the uniqueness of Jesus' divinity. Giving birth to the new Adam, Mary as a vessel was as pure as that first man who walked the earth.

Christ's suffering and death as a sacrifice is a mystery hard to understand. How could it be that the Almighty – who had the power to raise the dead – could be put to trial, crucified, and put to death. That makes our faith so different from those of mythology. Our God did not come to Earth to rule like a Greek god. Instead, he was born in humility, becoming the "Lamb of God, who takes away the sin of the world." He shared his divine powers

of healing and forgiveness, while at the same time lived and died as a mortal. As the CCC says, "to the benefit of every man, Jesus Christ tasted death. It is truly the Son of God made man who died and was buried."

Men's Faith Fridays

As mentioned at our last meeting, our Worthy Chaplain Fr. Diaz is seeking to start a faith-focused speaker series open to all men at Queen of Apostles occurring every other month beginning in September. The goal is to bring men together for fellowship and faith. While we're at it, we might even recruit some new Knights! The series would alternate with a similar women's series.

The proposed dates are as follows:

- September 16, 2022
- November 18, 2022
- January 20, 2023
- March 17, 2023
- May 19, 2023
- Summer Break -

The proposed format is:

- 7:00 – 7:05: Welcome and Intentions
- 7:05 – 7:20: Divine Chaplet
- 7:20 – 8:00: Fellowship
- 8:00 – 8:30: Speaker
- 8:30 – 9:00: Q&A/Discussion

Fr. Diaz will line up a speaker (though we would certainly welcome suggestions!), and the Knights would organize the event. The Faith Director would subsequently collaborate with the speaker to explain the format and introduce him to the evening's point of contact (see below).

Volunteers - To make this happen, we will need volunteers to organize, set up and clean up on a rotating basis. This will include getting the food (Jimmy Johns!), getting refreshments, setting up chairs/tables in Hannan Hall and subsequent cleanup. A single point-of-contact (POC) will connect with the speaker shortly before the event (Faith Director will introduce), emcee the event (including introducing the speaker and moderating the Q&A/discussion), and lead a small volunteer team in setting up and cleaning up the event space.

A total of three Knights (including the POC) will be needed to help at each event. Those Knights can also be attendees.

Volunteer Signup: [MFF Volunteer Signup 2022-2023.docx](#)

Please do consider signing up! I'll be on deck for the first one!

August 2022 Birthdays



Martin J Callaghan	08-03
Erik Michael Lucas	08-03
PGK Ronald J Plavchan, PhD	08-04
Sean D McGinley	08-07
PGK Robert E Kreider	08-16
Joachim E Mmassy	08-17
Maurice P Burnsworth	08-20
Philbert J Masele	08-20
Robert F McKinney	08-22
Marco A Saavedra	08-22
Robert James Lavelle	08-23
PGK Bernard Polanin	08-23
Stephen J Plavchan	08-24

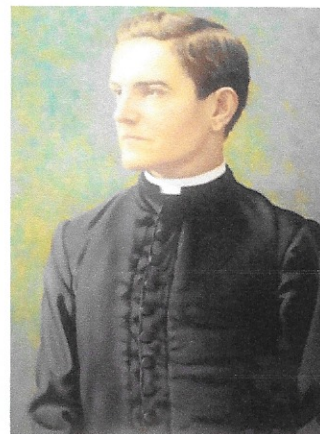
A Final Challenge for the Month

This comes from Supreme Chaplain, Archbishop William E. Lori, on the occasion of Blessed Fr. McGivney's feast day—August 13th:

"This month, I challenge you to pray every day as an individual or as a family, asking the intercession of Blessed Michael McGivney to live in a more prayerful home, perhaps using the prayer for his canonization."

Archbishop Lori adds, "An important part of humbling oneself is not constantly focusing on one's own needs, worries and desires. If we want to put God and others before self, we must think about ourselves less and others more. Fr. McGivney was constant in his humble service of God and neighbor."

May the Knights of Council 4522 imitate Fr. McGivney's humility in our own lives.



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TELEPHONE: (571) 531-0361 WEBSITE: www.kc4522.com

The submission deadline for the September Newsletter is August 20th

MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

For questions or comments, please contact the Editor, John Cosgayon at jncos95@outlook.com.
Additional information and points of contact are posted on our website at www.kc4522.com.

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<p style="text-align: center;">Pope John Paul II Council 4522 Calendar of Events 2022 - 2023 Fraternal Year Event/Program/POC Info</p>	<p style="text-align: center;">Date(s)</p>
<p>Corporate Communion (FIA-Faith) - Brothers and their families sit together, pray together, receive communion together @ Queen of Apostles Faith Director Martin Oppus, (669) 230-9065 martinoppus40@gmail.com</p>	<p>Jul 31st, 10:00 Mass at QofA Oct 30st, 10:00 Mass at QofA Jan 29, 2023, 10:00 Mass at QofA Apr 30th, 10:00 Mass at QofA</p>
<p>Family (5th) Sunday Rosary (FIA-Faith) - Brothers and their families recite Rosary together immediately following Mass - Led by Chaplain, Fr. A. Diaz Faith Director Martin Oppus (669) 230-9065 martinoppus40@gmail.com</p>	<p>Jul 31st, TBD Oct 30st, TBD Jan 29, 2023, TBD Apr 30th, TBD</p>
<p>Remembrance Mass at QofA</p>	<p>Wednesday, Nov 9th 7:00 PM @ QofA</p>
<p>Council Christmas Dinner</p>	<p>Saturday, December 10th Time: TBD</p>
<p>Basketball Free Throw Challenge (FIA-Community) Community Director DGK Vincent Guevara, (703) 310-9718 vincentg.97@gmail.com</p>	<p>January 2023 TBD (w/Principal Meyers)</p>
<p>March for Life (and Support) (FIA-Life) Life Director Larry Cirignano (202) 306-6863</p>	<p>Jan 20, 2023</p>
<p>Spiritual Reflection Program (FIA-Faith) Retreat to PJPII Shrine Faith Director Martin Oppus (669) 230-9065 martinoppus40@gmail.com</p>	<p>Hosted by Fr. Diaz Details TBD</p>
<p>40 Cans for 40 Days (via School Children/PTO) (FIA-Family) Family Director PGK/FS Roger Williams, (703) 629-3239 rlwsb11@gmail.com</p>	<p>Begins Ash Wednesday, Feb 22 (w/Principal Meyers)</p>
<p>Fish Fries during Lent (FIA-Family) Brother Roger Bion, (202) 340-0339</p>	<p>March 10, 2023 March 24th</p>
<p>NOVENA for Life (FIA-Life) Life Director Larry Cirignano (202) 306-6863 larryvote@gmail.com</p>	<p>March 17-25, 2023 TBD</p>
<p>Mass for Life (FIA-Life) Knights of Columbus Day of the Unborn Child Life Director Larry Cirignano (202) 306-6863 larryvote@gmail.com</p>	<p>March 25, 2023, Vigil Mass at QofA</p>

KOVAR (FIA-Life) Life Director Larry Cirignano (202) 306-6863 larryvote@gmail.com	April 29th/30th 2023 May 13th/14th
Summer Picnic	June/July 2023
Holy Hour (Weekly Adoration) (FIA-Faith) @ Queen of Apostles Chapel Faith Director Martin Oppus (669) 230-9065 martinoppus40@gmail.com	Every Saturday morning 2:00 - 3:00 AM
Support Parish Receptions @ Queen of Apostles Grand Knight Dan Penrose (443) 458-8833 dpenrose@engineer.com	As Requested Altar Server Picnic August 6 th Parish Festival August 20 th Christmas Appreciation Event (Dec 2022) School Fall Festival (Oct 2022) School Auction (Spring 2023)

Soccer Penalty Kick Challenge (FIA-Community) Community Director DGK Vincent Guevara, (703) 310-9718 vincentg.97@gmail.com	TBD (Sept) @ St. Michael's School - revamping their parish picnic
Religious Essay Contest (FIA-Community) PGK Roger Williams (703) 629-3239 rlwsb11@gmail.com	Making assignment in SEPT (in conjunction with Principal Meyers)
Keep Christ in Christmas Poster Contest (FIA-Community) PGK Roger Williams (703) 629-3239 rlwsb11@gmail.com	Making assignment in SEPT (in conjunction with Principal Meyers)
Christ House (FIA-Community) Helping Hands - Prepare and serve meals (or cater) to the homeless in Old Town Alexandria PGK Carroll Glass, (571) 723-0445 cdglass@gmail.com	July 12th Sept 13th Nov 8th Jan 10, 2023 Mar 14th May 9th
Veterans Administration Hospital Visitation in Martinsburg, West Virginia -Visit service members, play games PGK Carroll Glass, (571) 723-0445 cdglass@gmail.com	TBD based on COVID restrictions
Fraternal Benefits Night KofC Insurance and Financial Planning	TBD (x2)

<p>Membership Drives @ Queen of Apostles Grand Knight Dan Penrose (443) 458-8833 dpenrose@engineer.com</p>	<p>Sept 17th/18th Jan 28th/29th, 2023 March 25th/26th May 13th/14th</p>
<p>Coats for Kids Solicitation (FIA-Community) Community Program Chair, DGK Vincent Guevara, (703) 310-9718 vincentg.97@gmail.com</p>	<p>Sept 17th/18th Oct 8th/9th Nov 12th/13th Dec 3rd/4th</p>
<p>Keep Christ in Christmas/ (FIA-Family) Christmas Card Sales Family Director PGK/FS Roger Williams, (703) 629-3239 rlwsb11@gmail.com</p>	<p>Sept 17th/18th Oct 8th/9th Nov 12th/13th Dec 3rd/4th</p>
<p>Christmas Baskets (FIA-Family) LEAVE NO NEIGHBOR BEHIND Past Grand Knight Roger Williams, (703) 629- 3239 rlwsb11@gmail.com</p>	<p>~ Dec 17th</p>
<p>Consecration to the Holy Family (FIA-Family) Past Grand Knight Roger Williams, (703) 629- 3239 rlwsb11@gmail.com</p>	<p>Jan 1st 2023</p>