

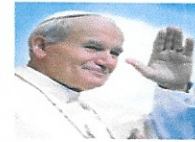
The Knightly News

COUNCIL 4522

CHARTERED 1958



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.



Monthly Newsletter

August 2021

Important Dates This Month

Wednesday, August 4th – Officers Meeting, 7:30 PM ZOOM

Wednesday, August 11th – Full Council Meeting, 7:30 PM Hybrid (7:00 PM Rosary)

Friday, August 13th - Inaugural celebration of Blessed Michael McGivney's feast day

Sunday, August 15th – The Assumption of the Blessed Virgin Mary

Saturday, August 21st – Queen of Apostles Parish Festival, 3:00 PM until....HELP WILL BE NEEDED!

Sunday, August 29th – Corporate Communion, NOON Mass, Queen of Apostles

ANNUAL COUNCIL CALENDAR OF EVENTS ATTACHED – PLEASE SAVE THIS EDITION!!

Grand Knight's Message

Let me send out my appreciation to all the worthy Knights who showed up and supported the altar server recruitment picnic in July. These events are especially important for our council. When I was a young man, I rarely saw Knights of Columbus, as such, I never really got connected with the Order until later in my life. Every event we can do with the future Catholic gentleman of Queen of Apostles is that much more important. I also stress the importance of wearing your Knight's apparel at these events. These events are only useful recruitment tools if we are visible. Again, many thanks to those who were there and to Worthy FS Roger for his unfailing assistance.

In August, we have signed up to support the Parish Festival on 21 August. The festival starts at 3:00 PM, and the exact details of our support will be published later, so stay tuned. We will need to the support of many of our brother Knights.

August also brings to us the Assumption of the Blessed Virgin Mary. This holy day of obligation (August 15, which happens to be on a Sunday this year) is a joyful reminder of Christ's promise to bring us to heaven to live with him forever. He fulfills his promise to all of us first through his own mother.

On an administrative note, we will be continuing Zoom officers' meetings and hybrid general business meetings. As a reminder any Council member is welcome to attend the officers' meetings, and I would encourage you to do so at least occasionally.

Many blessings to you all as we finish our summer vacations and prepare for a productive and healthy school year.

Fraternally,
GK Daniel Penrose

Knight of the Month

Congratulations to SK Greg Bacani as the Council's Knight of the Month. SK Greg is a long-time member of the Council and parishioner at Queen of Apostles. SK Greg regularly attends the Council's general business meetings and supports Council events, most recently supporting the Altar Servers picnic. Brother Greg sings in the QofA choir and ushers two Masses each weekend! He is a valued parishioner and Brother Knight!! Congrats again Brother Greg and God Bless you for your service!

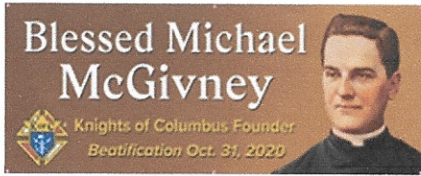
Corporate Communion Returns

Sunday, August 29th!

Pastor (and our Council Chaplain) Fr. Alex Diaz enthusiastically supports the Council's Corporate Communion! As in the past, the goal is to have as many Knights as possible and their families gather at the 10:00 AM Mass each 5th Sunday during the fraternal year.... the next, August 29, 2021. Make sure to wear either your Council shirt or at minimum, your Council badge. We want to show Fr. Diaz and the parishioners we are there in numbers and ready to support the parish. Please note the date now and plan on attending—together. This corporate communion activity is a great time to invite other Catholic gentlemen to join our ranks. Please consider inviting at least one practical catholic gentleman to join the order.



Blessed Michael McGivney's Feast Day



In anticipation of Blessed Michael McGivney's inaugural feast day, August 13th, explore the online resources available to help you learn more about our founder. You are also invited to take on the Supreme Chaplain's Monthly Challenge for August, making devotion to Father McGivney part of your daily life--asking the intercession of Blessed Michael McGivney to live in a more prayerful home.

To read the full challenge, along with questions for reflection visit: https://www.kofc.org/en/who-we-are/our-faith/august-2021.html?utm_source=Aristotle-Knightline&utm_medium=email&utm_campaign=Aristotle-Knightline-2021-07-19

You can also find many more resources here: https://www.kofc.org/en/events/father-mcgivney-beatification/toolkit.html?1tab=1tab0&utm_source=Aristotle-Knightline&utm_medium=email&utm_campaign=Aristotle-Knightline-1921-07-19

HELP NEEDED!! August 20th/21st

Calling all Brothers! Queen of Apostles' First Annual Parish Festival will be held on Saturday August 21st. Parish staff are anticipating as many as 1,000 people will attend the festival. Fr. Diaz is looking to ALL the ministries to step in and assist in setting up tents, tables, etc. Friday afternoon and Saturday morning, making things work throughout the day on Saturday, then helping with clean-up afterwards. The Council specifically will be manning the "refreshment" taps and ensuring ABC regulations are enforced and maintained. Keep an eye on your emails for a "Sign-up Genius" invite to capture when we can expect to see you—the entire time, GOD Bless you!! Mark the day(s) on your calendar now!! Thanks in advance!

Supporting the Altar Servers



Several Council Knights braved the heat over a hot grill to cook up some awesome hot dogs and burgers for the Queen of Apostles' Altar Servers and their families on July 17th. From Fr. Alex Diaz, "I want to thank my

brothers, Knights of Columbus, and some parishioners that donated for the Altar Servers picnic last Saturday, July 17th. Thank you, Knights, for preparing the burgers and hot dogs. The burgers and hot dogs were very delicious. Thank you so much for all the work done that day. The boys and their families enjoyed it a lot. God bless you for such valuable support to the future Knights of our parish."

Many thanks to FS Roger Williams, Worthy Chancellor, Danny Restivo, WDGK Vincent Guevara, Worthy Lecturer Martin Oppus, SK Joe King, and SK Greg Bacani (who happened to be driving by.... stopped and was gainfully "employed" for the next several hours)!



The Four Cardinal Virtues: Fortitude

The Catechism of the Catholic Church (CCC), on its article on the virtues, quotes this profound thought from Philemon: "Whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence, if there is anything worthy of praise, think about these things." While most of us know the virtues generally, it is worthwhile to take a deeper dive into them. But, first, a few definitions. The CCC defines virtue as "a habitual and firm disposition to do good." That is something to reflect on, especially as we go through our work as Knights.

The four cardinal virtues are: prudence, justice, fortitude, and temperance. Beginning with this month, we shall focus on learning about each cardinal virtue, leaning on our great community of saints (and near saints) to provide us with examples and inspiration. In this month of Bl. Father McGivney's feast, it's appropriate to lift him up as an example of fortitude.

To quote again from the CCC, "Fortitude is the moral virtue that ensures firmness in difficulties and constancy in the pursuit of the good." To know a bit of Fr. McGivney's life is to know fortitude. Many of us know the basic details of Fr. McGivney: the eldest of 13 children from a poor Irish Catholic family; a decision to heed the call to the priesthood in spite of his father's opposition; his perseverance through the early death of his father; a dedication throughout his life to the marginalized; a remarkable sense of calm combined with grit; and, of course, the lasting legacy we are all a part of: the Knights of Columbus.

As Knights, we are a persevering bunch. Changes in the wider culture may appear to challenge the counter-cultural principles we believe in unity, charity, fraternity and patriotism. But we keep on pushing forward. Underpinning this grit and courage is our faith in God. Let us lean on Christ, just as Blessed Fr. McGivney did.

Installation of the 2021/2022 Officers



Your Council 4522 Officers were officially installed during an evening ceremony on Monday, July 26, 2021, at Queen of Apostles Catholic Church. Worthy District Deputy John Knox conducted the induction, assisted by Worthy District Warden (and our own Worthy Trustee, Carroll Glass). The officers and family members enjoyed some refreshments, eats and fraternity after the ceremony in the Council’s Blessed Fr. McGivney Room in the church’s parish center. Many thanks to Sir Knights Vic Guevara, Rick Sacra, Roger Bion, Greg Bacani, and Ciro Cosgayon for stepping in to represent excused officers, and to our Chaplain, Fr. Alex Diaz for his unending support of the Council!

Did You Know?

Did you know the Order’s Building the Domestic Church series—the same one we supply Queen of Apostles with in English and Spanish, is available at www.kofc.org/cis? Even better, each booklet is available in an audio format! Be provided a spiritual action plan to be a better husband, father, person while listening as you drive to work, mow the grass, or even grilling the burgers!

National Night Out on August 7

Join your brothers (and neighbors) between 6:00 – 9:00 pm on Tuesday, August 3rd in sending a united message to criminals to stay out of your neighborhood! Each year, neighborhoods in the area and law enforcement departments from around the country gather on the first Tuesday in August to promote public safety. National Night Out is also an opportunity for residents to get outside and host events, where they can meet their neighbors and learn from local law enforcement representatives how to make their

neighborhood safer. Past events have included cookouts, music, and other activities.

More information about [National Night Out is available online](https://natw.org/) at <https://natw.org/>

August 2021 Birthdays



Martin J Callaghan	08-03
Erik Michael Lucas	08-03
PGK Ronald J Plavchan, PHD	08-04
Sean D McGinley	08-07
PGK Robert E Kreider	08-16
Joachim M Mmassy	08-17
Maurice P Burnsworth	08-20
Philbert J Masele	08-20
Robert F McKinney	08-22
PGK Bernard P Polanin	08-23
Stephen J Plavchan	08-24



**The Assumption of the Blessed Virgin Mary
August 15th**



PRAY THE ROSARY

THE KNIGHTLY NEWS IS PUBLISHED MONTHLY
BY POPE JOHN PAUL II COUNCIL 4522
4200 MARTIN AVE., ANNANDALE, VA 22003
TELEPHONE: 703-992-0129 WEBSITE: www.kc4522.com

The submission deadline for the September Newsletter is August 20th

MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

For questions or comments, please contact the Editor, John Cosgayon at jncos95@outlook.com.
Additional information and points of contact are posted on our website at www.kc4522.com.

[Like us on Facebook!](https://www.facebook.com/Council4522) www.facebook.com/Council4522

Pope John Paul II Council 4522 Calendar of Events 2021 - 2022 Fraternal Year Event/Program/POC Info		Date(s)
Corporate Communion (FIA-Faith) - Brothers and their families sit together, pray together, receive communion together @ Queen of Apostles Faith Director Martin Oppus, (669) 230-9065	Aug 29th, 10:00 Mass at QofA Oct 31st, 10:00 Mass at QofA Jan 30, 2022, 10:00 Mass at QofA May 29th, 10:00 Mass at QofA	
Family (5th) Sunday Rosary (FIA-Faith) - Brothers and their families recite Rosary together immediately following Mass - Led by Chaplain, Fr. A. Diaz Faith Director Martin Oppus (669) 230-9065	Aug 29th - TBD Oct 31st, - TBD Jan 30, 2022, - TBD May 29th, - TBD	
Remembrance Mass at QofA	Wednesday, Nov 10th 7:00 PM @ QofA (Fr. Diaz)	
Council Christmas Dinner	Saturday, December 4 th Time: TBD	
Consecration to the Holy Family (FIA-Family) Family Director PGK/FS Roger Williams, (703) 629-3239	Sunday, December 26th	
Basketball Free Throw Challenge (FIA-Community) Community Director DGK Vincent Guevara, (703) 310-9718	January 2022 TBD (w/Principal Meyers)	
March for Life (and Support) (FIA-Life) Life Director Larry Cirignano (202) 306-6863	Jan 21, 2022	
Spiritual Reflection Program (FIA-Faith) Retreat to PJPII Shrine Faith Director Martin Oppus (669) 230-9065	Hosted by Fr. Diaz Date TBD (Feb/Mar)	
40 Cans for 40 Days (via School Children/PTO) (FIA-Family) Family Director PGK/FS Roger Williams, (703) 629-3239	Begins Ash Wednesday, March 2 (w/Principal Meyers)	
Fish Fries during Lent (FIA-Family) Brother Roger Bion, (202) 340-0339	March 11, 2022 March 25th	
NOVENA for Life (FIA-Life) Life Director Larry Cirignano (202) 306-6863	March 16-25, 2022 (Nine Days)	
Mass for Life (FIA-Life) Knights of Columbus Day of the Unborn Child Life Director Larry Cirignano (202) 306-6863	Friday, March 25, 2022 - 7:00 PM Mass at QofA	
KOVAR (FIA-Life) Life Director Larry Cirignano (202) 306-6863	April 30th/May 1 st 2022 May 15th/16th	
Summer Picnic	June 11, 2022	
Holy Hour (Weekly Adoration) (FIA-Faith) @ Queen of Apostles Chapel Faith Director Martin Oppus (669) 230-9065	Every Saturday morning 2:00 - 3:00 AM	
Support Parish Receptions @ Queen of Apostles Grand Knight Dan Penrose (443) 458-8833	As Requested Altar Server Reception July 17th Parish Festival August 21 st Parish Ministries Fair, Sept 18 th /19th	

Pope John Paul II Council 4522 Calendar of Events 2021 - 2022 Fraternal Year Event/Program/POC Info	Date(s)
Soccer Penalty Kick Challenge (FIA-Community) Community Director DGK Vincent Guevara, (703) 310-9718	TBD (Sept) @ St. Michael's School - revamping their parish picnic
Religious Essay Contest (FIA-Community) PGK Roger Williams (703) 629-3239	Making assignment in SEPT (in conjunction with Principal Meyers)
Keep Christ in Christmas Poster Contest (FIA-Community) PGK Roger Williams (703) 629-3239	Making assignment in SEPT (in conjunction with Principal Meyers)
Christ House (FIA-Community) Helping Hands - Prepare and serve meals (or cater) to the homeless in Old Town Alexandria PGK Carroll Glass, (571) 723-0445	July 13th Sept 14th Nov 9th Jan 11, 2022 Mar 8th May 10th
Veterans Administration Hospital Visitation in Martinsburg, West Virginia - Visit service members, play games PGK Carroll Glass, (571) 723-0445	TBD based on COVID restrictions
Fraternal Benefits Night KofC Insurance and Financial Planning	TBD (x2)
Membership Drives @ Queen of Apostles Membership Director Eric Tanchez, (571) 245-8007	Sept 18th/19th Jan 29/30, 2022 March 26th/27th May 14th/15th
Coats for Kids Sollicitation (FIA-Community) Community Program Chair, DGK Vincent Guevara, (703) 310-9718	Sept 18th/19th Oct 9th/10th Nov 13th/14th Dec 4th/5th
Keep Christ in Christmas/ (FIA-Family) Christmas Card Sales Family Director PGK/FS Roger Williams, (703) 629-3239	Sept 18th/19th Oct 9th/10th Nov 13th/14th Dec 4th/5th
Christmas Baskets (FIA-Family) LEAVE NO NEIGHBOR BEHIND Past Grand Knight Roger Williams, (703) 629-3239	~ Dec 18th