

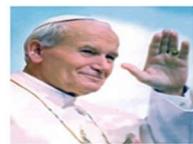
# The Knightly News

COUNCIL 4522

CHARTERED 1958



**K N I G H T S**  
**OF COLUMBUS**  
IN SERVICE TO ONE. IN SERVICE TO ALL.



## Monthly Newsletter

Fraternal Year  
Council Calendar  
Included!

August 2020

Fraternal Year  
Council Calendar  
Included!

### IMPORTANT DATES IN AUGUST

Wednesday, August 5<sup>th</sup> – Officers Meeting, 7:30 PM ZOOM

**Friday, August 7<sup>th</sup> – Officer Installation, 7:30 PM**

Queen of Apostles Catholic Church

Wednesday, August 12<sup>th</sup> – Full Council Meeting, 7:30 PM ZOOM

Thursday, August 15<sup>th</sup> – Holy Day of Obligation

The Assumption of the Blessed Virgin Mary

Sunday, August 30<sup>th</sup> – Corporate Communion - NOON Mass, Queen of Apostles

### Grand Knight's Message

Going into the second month of the fraternal year, I can say that things are moving forward quite well. Fr. Diaz agreed to be our Council Chaplain—and has already received an approval letter from the Bishop. Worthy Financial Secretary, Roger Williams, and I met with Fr. Diaz on Thursday, July 25, 2020. He is asking us always to keep him in our prayers, and first and foremost, to support him in the ministry and evangelization as the pastor of the Queen of Apostles parish community. Fr. Diaz indicated he would be attending some of our meetings, especially the general membership meetings.

We have an approved budget for the year, and our Council's activities calendar was reviewed and discussed with Fr. Diaz. He is very fond of the Knights and has given us his full support on the planned activities and entered dates/times on his schedule where he will be able to participate in person starting with the installation of officers on August 7th.

Fr. Alexander Diaz's installation as the 17th pastor of the Queen of Apostles parish was held on Monday, July 27, 2020. The installation was well attended by parishioners, priests, friends, and family. Fr. Malloy Assembly #1894 supplied the 4<sup>th</sup> Degree Honor Guard, including our own SKs Roger Williams, James Moore, and Carroll Glass.



Fr. Diaz will join and participate with the District Deputy to install our Council officers on Friday, August 7, 2020. Officers should report to Queen of Apostles on the 7<sup>th</sup> by 7:00 PM. The installation will begin at 7:30 PM. Guests are welcome. ALL pandemic protocols will be followed (masks, physical distancing, etc.)

My brothers, I am happy to inform you that Fr. Diaz's support of the Knights includes moving the Council to the Ministries Center. The chances that our hope will soon be achieved in turning the garage area into our council hall. Praise be to God!

Please, my brothers, do what you must do to stay safe and healthy. Do not take your guard down. Follow the precautions of the CDC to protect yourself and your family members. COVID 19 is ravaging the nation and world. I pray that the Holy Mother will guide, protect, and heal us from the COVID. We will win through the Blessed Virgin Mary!

Fraternally,  
GK Patrick Okoronkwo

### Knight of the Month

The Knight of the month is PGK Cesar Anchiraico. In the last two Sundays, Cesar has covered the 8:00 am, 10:00 am and 12 noon Masses as an Usher. He put in the hours because of limited manpower. He was recently selected as the 1-year trustee. Please join me in congratulating Brother Cesar for his services!

### Corporate Communion Returns

Our new pastor at Queen of Apostles (and our new Council Chaplain) Fr. Alex Diaz, enthusiastically supports the Council's Corporate Communion and Family Rosary. As in the past, the goal is to have as many Knights and their families together (masks and physical distancing, of course) gather at the Noon Mass each 5<sup>th</sup> Sunday during the fraternal year....the next, August 30, 2020. Make sure to wear either your Council shirt or at minimum, your Council badge. We want to show Fr. Diaz and the parishioners we are there in numbers and ready to support the parish. Please note the date now and plan on attending—together. This corporate communion activity is a great time to invite other Catholic gentlemen to join our ranks. Please consider inviting at least one practicing Catholic gentleman to join the order.

## New Trustee Elected

At the July General Business Meeting, the Council (under new business) held an election to backfill the One Year Trustee position vacated in June by PGK Joe Lynem. The Council would like to congratulate, PGK Cesar Anchiraico on his election to the position. As a PGK and long-time Council Brother, Trustee Cesar's experience and insight will be valuable to Council leadership and the Council overall. Once again, congratulations Trustee Cesar!

## KofC State Convention 2020

Experience the convention virtually—the 138<sup>th</sup> Supreme Convention will be held virtually from August 4-5, 2020. Learn how you can follow the action at home by visiting [www.kofc.org/convention](http://www.kofc.org/convention)

## You ask what is Faith in Action?

ALL our council's planned activities revolve around FAITH IN ACTION.

FAITH – building the domestic church, Holy hour, Into the Breach, Marian Prayer program, Rosary programs, RSVP and Sacramental gifts

FAMILY – Consecration to the Holy Family, Family Fully Alive, Family of the month/year, Family prayer night, family week, food for families, Good Friday Family Promotion, KCIC

COMMUNITY – Catholic citizenship essay contest, Coats for Kids, Disaster Preparedness, Habitat for Humanity, Free throw championship, helping hands, Soccer challenge, etc.

LIFE – Christian Refugee Relief, March for Life, Mass for people with special needs, Novena for life, pregnancy center support, silver rose, special Olympics, and Ultrasound.

## A Word from our Field Agent

Each August we look forward to the Supreme Convention and all the news about the prior Fraternal Year. This year is different. Although this message has been prepared prior to the convention, here are some predictions:

The Order will set a new record in the amount of money we donated to charities.

The Order will set a new record in the number of hours volunteered.

We already know that our insurance program had another record year ending in December 2019; 19 consecutive years of growth! (And congratulations to the many of you who protected your families last year and helped set that record!)

We will have given a substantial amount of money to Pope Francis from the Vicarius Christi fund.

Our Asset Advisors will have more dollars under management; managed, of course using the investment guidelines from the United States Conference of Catholic Bishops.

We will add to our surplus, which means our strength to pay claims and weather poor economic times will improve.

I predict that the Supreme Knight will report that the Order will have provided more money to rebuild homes for persecuted Christians in the Middle East. Donated more money to disaster relief in the wake of hurricanes, flooding and typhoons. Placed more ultrasound machines in service to save lives. Given more support for religious freedom.

This organization, started by a simple, humble parish priest with men at St. Mary's Parish in New Haven, Connecticut in 1882, has grown to spectacular heights. All of these efforts and worthwhile projects are a source of pride for us members!

But here's the reality: For the Catholic folks in this council and in these parishes here—you, my brother Knights...you, are the Knights of Columbus. When locals think about the Knights, they may have some general notion about all these good works we do and the Order's amazing impact around the world. But to the local parish and the community, you represent all that is good in this Order. When you are volunteering at a Special Olympics event, when you are visiting the sick, helping your pastor, handing

out coats for kids, selling Tootsie Rolls, raising money for a charitable cause right here in your own backyard—this is what people see, they see you; to them you are what it means to be a Knight of Columbus. When you lead with faith, protect your family, serve others and defend your values, you are a witness inspired by our founding principles.

Congratulations on another record-breaking fraternal year! I look forward to helping protect your families and reaching Star Council this next fraternal year!

Vivat Jesus!

Dan Garrigan

 Knights of Columbus  
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**Daniel G. Garrigan**  
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## Our Namesake – The Truth



Christopher Columbus made three separate voyages to the Americas. His most famous voyage was his first in 1492, but none held nearly as much intrigue as his final voyage. The Spanish monarchy had agreed to confer many benefits to Columbus in the event that his first voyage succeeded, however by the time of his final voyage, he and his brothers had been briefly jailed in Spain and his personal stock was in steady decline.

During his fateful final voyage, he was ambushed, shipwrecked, double crossed, jailed, and eventually saved by some wisdom and a miraculous 300-mile canoe trip by a gentleman on his crew who was not even a sailor. Nearly completely blind by the return journey to Spain, he was required to oversee the rigging of a temporary main mast on the ship carrying him when it was lost in a storm (his ships having already been lost in the journey).

During his explorations, he suffered severe ill effects on his health, and eventually succumbed to his poor health at the age of 54. He was not a wealthy man, as the Spanish Government had refused to honor nearly every promise, they had made him upon a successful voyage, and a large portion of his later life was spent petitioning the Spanish Government. He had been removed as Governor after his third voyage based largely upon reports from a Spanish underling. The veracity of these reports could not be confirmed, and ulterior motives probably existed considering the anti-Italian sentiment in the Spanish court.

Eventually, Columbus' legacy was even attacked by a concerted effort to attribute discovery of the continent to Amerigo Vespucci ending in the enduring naming of the continent. Since the moment of his great discovery, Columbus' legacy has been a mechanism of score settling and source of conflict. It should come as no surprise, that this continues into the modern age.

### Humanae Vitae's 51<sup>st</sup> Anniversary (July 25<sup>th</sup>)

In the early 60's the world population reached 3 billion, and the population growth was over a yearly 2%. Neo-Malthusianism, prophesying a potentially exponential growth of the population while the growth of the food supply was linear, strongly advocated for contraception. The discussion about overpopulation was a lively one. The II Vatican Council echoed this discussion, leaving the authoritative decision to Pope Paul VI.



This is his teaching in n.10—Responsible parenthood has varied and interrelated aspects:

- With regard to the biological processes, responsible parenthood means an awareness of, and respect for, their proper functions (respecting biological laws)
- With regard to man's innate drives and emotions, responsible parenthood means that man's reason and will must exert control over them.
- With regard to physical, economic, psychological and social conditions, responsible parenthood is exercised by those who prudently and generously decide to have more children, and by those who, for serious reasons and with due respect to moral precepts, decide not to have additional children for either a certain or an indefinite period of time.
- Responsible parenthood, as we use the term here, has one further essential aspect of paramount importance. It concerns the objective moral order which was established by God [...] responsible parenthood requires that husband and wife, keeping a right order of priorities, recognize their own duties toward God, themselves, their families and human society.

From this it follows that they are not free to act as they choose in the service of transmitting life, as if it were wholly up to them to decide what is the right course to follow. On the contrary, they are bound to ensure that what they do corresponds to the will of God the Creator. The very nature of marriage and its use makes His will clear.

Responsible Parenthood means that there is a common good which the spouses serve. It is not just about their emotional satisfaction. Sexual intimacy has consequences on the couple, their family and the human society. Responsible Parenthood reminds that husband and wife are stewards of God's blessing: "be fertile and multiply" (Gen 1:28). Children are God's most precious gift to the couple and humanity. Therefore, the spouses ask God about their vocation to parenthood, either having more children or waiting, but always respecting God's plan.

Today's population is over 7 Billion. Nowadays we produce enough to feed 14 billion. Is it about overpopulation or rather about individualism and personal satisfaction?

### **Humanae Vitae Anniversary Prayer**

*Almighty and All-loving God, in the beginning You created them male and female as a sign of the Covenant with Your people, the Covenant which You would later seal with the Most Precious Blood of Your Son, our Lord Jesus Christ.*

*We thank You for the sublime gift that is the life-giving one-flesh union of husband and wife, and we ask You for the grace always to cherish, revere and foster it: the foundational good of human society and the icon of the union between Christ and his Church.*

As we celebrate these fifty-one years of the Encyclical *Humanae Vitae's articulation of the Church's timeless teaching help us to be wise, bold and charitable messengers of this good news, so that a culture of love, life and marriage may flourish in our land. Open the minds and hearts of those far away from this truth, heal those harmed by its rejection, and strengthen those committed to living it out and inspiring others to do the same.*

*By means of this grace grant us peace with one another and happiness with You now in this life, and to know its perfect fulfillment forever in the life that is to come.*

*We ask this through our Lord Jesus Christ Your Son, Head and Bridegroom of the Church, who lives and reigns with You in the unity of the Holy Spirit, one God forever and ever.*

Amen.

## Casey Women's Club

Due to the COVID 19 virus a telephone poll was taken of local members as to whether we should have a meeting either September or October; the general consensus was "it is too early to hold meetings, we should wait until there is a vaccine." Bottom line – STAY SAFE! PRAY!

Marion Scaffidi is working on the 60-year history of the Casey Women's Club, it will have many memories for all of us.

God Bless us all,  
Connie King, President



## Happy August Birthdays!

Martin J Callaghan	08-03
Erik Michael Lucas	08-03
PGK Ronald J Plavchan PhD	08-04
Sean D McGinley	08-07
PGK Robert E Kreider	08-16
Joachim M Mmassy	08-17
Maurice P Burnsworth	08-20
Philbert J Masele	08-20
Leo J Weston	08-21



## Reminder

All editions past and current, are available on the Council website at <https://www.kc4522.com/>

Event/Program/POC Info	Date(s)
<b>Soccer Penalty Kick Challenge (FIA-Community)</b> Community Program Chair, Vincent Guevara, (703) 310-9718	TBD (Sept) @ St. Michael's School (assuming COVID restrictions allow it)
<b>Religious Essay Contest (FIA-Community)</b> PGK Roger Williams (703) 629-3239	Making assignment in SEPT (in conjunction with Principal Arias)
<b>Keep Christ in Christmas Poster Contest (FIA-Community)</b> PGK Roger Williams (703) 629-3239	Making assignment in SEPT (in conjunction with Principal Arias)
<b>Christ House (FIA-Community)</b> <b>LEAVE NO NEIGHBOR BEHIND</b> - Prepare and serve meals (or cater) to the homeless in Old Town Alexandria PGK Carroll Glass, (571) 723-0445	July 14th      Jan 12, 2021 Sept 8th      Mar 9, 2021 Nov 10th      May 11, 2021
<b>Veterans Administration Hospital Visitation in Martinsburg, West Virginia</b> -Visit service members, play games PGK Carroll Glass, (571) 723-0445	Oct 30th Jan 29, 2021 Apr 30, 2021 (assuming COVID restrictions allow it)
<b>Fraternal Benefits Night</b> <b>KofC Insurance and Financial Planning</b>	TBD (x2)
<b>Ministries Fair @ Queen of Apostles [If scheduled]</b>	TBD
<b>Membership Drives @ Queen of Apostles</b> Membership Director DGK Daniel Penrose	Sept 19th/20th Jan 23/24, 2021 March 27th/28th May 15th/16th
<b>Coats for Kids Solicitation (FIA-Community)</b> Community Program Chair, Vincent Guevara, (703) 310-9718	Sept 19th/20th Oct 10th/11th Nov 14th/15th Dec 5th/6th
<b>Keep Christ in Christmas/ (FIA-Family)</b> <b>Christmas Card Sales</b> SK Tobias Amadi, (715) 616-1404	Sept 19th/20th Oct 10th/11th Nov 14th/15th Dec 5th/6th
<b>Christmas Baskets (FIA-Family)</b> <b>LEAVE NO NEIGHBOR BEHIND</b> Past Grand Knight Roger Williams, (703) 629-3239	~ Dec 16th
<b>Corporate Communion (FIA-Faith)</b> - Brothers and their families sit together, pray together, receive communion together @ Queen of Apostles Grand Knight Patrick Okoronkwo, (734) 431-1275	Aug 30th, Noon Mass at QofA Nov 29th, Noon Mass at QofA Jan, 31, 2021, Noon Mass at QofA May 30, 2021, Noon Mass at QofA

Event/Program/POC Info	Date(s)
<b>Family (5<sup>th</sup>) Sunday Rosary (FIA-Faith)</b> - Brothers and their families recite Rosary together immediately following Mass - Led by Chaplain, Fr. Juan Espino Grand Knight Patrick Okoronkwo, (734) 431-1275	Aug 30th - TBD Nov 29th - TBD Jan, 31, 2021 - TBD May 30, 2021 - TBD
<b>Remembrance Mass at QofA</b>	Wednesday, Nov 11 <sup>th</sup> 7:00 PM (Fr. Diaz)
<b>Council Christmas Dinner</b> (assuming COVID restrictions allow it)	Saturday, December 5th
<b>Basketball Free Throw Challenge (FIA-Community)</b> Community Program Chair, Vincent Guevara, (703) 310-9718	January 2021 TBA (w/Principal Arias) (assuming COVID restrictions allow it)
<b>March for Life (and Support) (FIA-Life)</b> SK Larry Cirignano, (202) 306-6863	Jan 28-20, 2021
<b>Spiritual Reflection Program (FIA-Faith)</b> Retreat to PJPII Shrine PGK Joe Lynem, (703) 628-3473 and SK Rich Lamarre (207) 577-7591	Hosted by Fr. Diaz Date TBD
<b>40 Days of Donations (via School Children/PTO) (FIA-Family)</b> Community Program Chair, Vincent Guevara, (703) 310-9718 Past Grand Knight Roger Williams, (703) 629-3239	Begins Ash Wednesday, February 17th (assuming COVID restrictions allow it)
<b>Fish Fries during Lent (FIA-Family)</b> Brother Roger Bion, (202) 340-0339 (assuming COVID restrictions allow it)	March 5th March 19th
<b>NOVENA for Life (FIA-Life)</b> SK Larry Cirignano, (202) 306-6863	March 16th - 25th (Nine Days)
<b>Mass for Life (FIA-Life)</b> Knights of Columbus Day of the Unborn Child SK Larry Cirignano, (202) 306-6863	Thursday, March 25th - 7:00 PM Mass at QofA
<b>KOVAR (FIA-Life)</b> Trustee PGK Cesar Anchiraico	April 10th/11th April 24th/25th
<b>Summer Picnic</b> (assuming COVID restrictions allow it)	Jun 2021 TBD
<b>Weekly Adoration @ Queen of Apostles Chapel (FIA-Faith)</b> Past Grand Knight Roger Williams, (703) 629-3239	Every Friday morning 2:00 - 3:00 AM* When the Chapel Reopens
<b>Support Parish Receptions @ Queen of Apostles</b> Grand Knight Patrick Okoronkwo, (734) 431-1275	As Requested * Fr. Diaz's 15th Anniversary - Mar 25th

**THE KNIGHTLY NEWS IS PUBLISHED MONTHLY  
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**The submission deadline for the September 2020  
Newsletter is August 20th**

MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

For questions or comments, please contact the Editor, John Cosgayon at [jncos95@outlook.com](mailto:jncos95@outlook.com).  
Additional information and points of contact are posted on our website at [www.kc4522.com](http://www.kc4522.com).

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