

The Knightly News

COUNCIL 4522

CHARTERED 1958



**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.



Monthly Newsletter

April 2021

Important Dates This Month

April 1st – April 4th – Easter Triduum

Wednesday, April 7th – Officer's **ZOOM** Meeting, 7:30 PM

Sat/Sun, April 10th/11th, KOVAR, All Masses at

Wednesday, April 14th – General Business Meeting – via ZOOM 7:30 PM (Rosary @ 7:00 PM)

Sat/Sun, April 24th/25th, KOVAR, All Masses at QofA

Grand Knight's Message

In this month of April, we celebrate the most important day in the life of a Christian—Easter Sunday. We Catholics enter the season of Eastertide for the period of 50 days, spanning from Easter Sunday to Pentecost Sunday. It is celebrated as a single joyful feast, called the “great Lord’s Day”. Each Sunday of the Eastertide season is treated as a Sunday of Easter. My brothers, the celebration of the Easter Vigil is the beginning of the season of Easter. The Vigil is the Christian feast *par excellence*, the feast of new birth, new beginnings, salvation renewed, and humanity restored to the Lord. The Parish is in need of people signing up for the different Ministries. As a member of the Knights of Columbus, you should consider signing up for one such as Ushering, Lector, etc.

I want to use this opportunity to honor all the brother Knights who volunteered for this year’s fish fry. Each brother who participated did a wonderful job. I want to particularly thank our Worthy Financial Secretary Roger Williams who coordinated the entire event. I honor and salute Brother Roger Bion and his wife who seasoned, fried, and baked all the fish. Henrietta Bion has been exceptional in the last four to five years that we have done the fish fry. I am very grateful and appreciative of this volunteer activity. I thank Larry Cirignano for handling the frying of all the french fries. Last but not the least, I thank all those parishioners who patronized the Council 4522 fish fry event. It was the best fish fry that I have participated in in the last four years.

Let me also remind Council 4522 members that we are seeking members who are willing and interested in serving as officers and directors. All positions, except for Financial Secretary, are open. The election will be held on the second Wednesday in June during the general membership business meeting. We need you to

please volunteer to serve in one capacity or another. Council 4522 of the Knights of Columbus is an exceptional council with exceptional and talented members. Please support your Council and Parish.

The Council has a meeting room on the second floor in the Parish Center. I am proposing to hold the May general business membership meeting at the meeting room. Anyone who would like to come in-person please do. For those who might not be able to attend in-person meeting, the meeting will simultaneously ZOOM as well. You will still be able to join the meeting virtually. For those opting to attend the meeting in-person, please keep in mind that wearing of masks and social distancing will be observed. We will not take a chance while protecting the safety of all council members.

I would like to encourage Council 4522 Knights of Columbus members to attend Good Friday services with their families. As part of Family Promotion – Faith in action – Families attending the Good Friday services is a way of increasing our practice and better understanding of our Catholic faith and Triduum. Good Friday is a central role in the heart of Christianity.

We have an officers’ and directors’ meeting on Wednesday, April 7, 2021, at 7:30 pm, and the general membership business meeting on Wednesday, April 14, 2021, starting at 7:30pm. However, Rosary begins at 7:00 pm. The meetings and rosary are held virtually. If you are not receiving the meeting notices please let me know or contact Worthy FS, Roger Williams.

Brothers, it is still very necessary to protect yourself and family members. Please do whatever you must for you and your family to stay safe. The experts are saying that it is possible that this summer and fall could bring about

a better period since March of 2020. The Holy Mother will guide you in the rosary.

Fraternally yours,
Patrick Okoronkwo

Knight of THE YEAR

The Council proudly recognizes our Worthy Recording Secretary and editor of this very publication, SK John Cosgayon as the 2020-2021 Knight of the Year! SK John is an exemplary Knight—an active member in Council activities, serving in a vital Officer’s role, and again, ensuring the Council’s, The Knightly News gets published and distributed each month in a timely manner. Brother John also stepped up and now leads the Council each month in the Rosary before each general business meeting.

SK John’s contributions do not stop with those directly tied to the Council’s activities. He would probably give us even more time if it were not for his plethora of roles at Queen of Apostles—leading the Facebook Live crew (ensuring ALL the Masses are livestreamed every day); ushering, leading the Young Adult Catholics group, and filling in as a lector when needed...and there is probably much more that goes unnoticed, but is greatly appreciated by the Parish and the Council.

Brothers, we are blessed to have such an upstanding, young Sir Knight in our midst. The Council truly appreciates all his contributions and proudly recognizes SK John Cosgayon as our Knight of the Year! Congratulations Brother John!

Family of the Month

Led by SK Roger Bion (as directed by his wife, Henriette, in the kitchen), the Bion family (including daughter Maria and son Mark), ensured this year’s Drive-Thru Fish Fry was an amazing success. As SK Roger prepped the kitchen and in particular the fish, Maria and Mark worked hard setting up much of the service area and prepping for the arrival of a bevy of Knights that made the entire evening run smoothly. Roger and Henriette either fried or baked 17 cases of tilapia (over 170 lbs)! At times, it appeared Sailfish was on the menu—as fish were flying all over the kitchen!

It was great to have the Bion family back amongst the Knights, and even better having all the Knights back together for this annual event—needless to say, which could not have happened without our Family of the Month’s blessed efforts! Congratulations Bion Family and Thank you!!



The Year of Saint Joseph

By *Chaplain and SK, Fr. Alex Diaz*



Last December 2020, Pope Francis proclaimed the year of St. Joseph and dedicated it to meditation on the figure of the Patron of the Universal Church. For this reason, the Holy Father wrote a letter entitled "Patris Corde" ("With a Father's Heart"), a letter I highly recommend you read.

Pope Francis affirms that after the Blessed Virgin Mary, Mother of God, no saint is due as much reverence in the Church as Saint Joseph, her husband. Saint Joseph is considered the patron of workers and the patron of a holy death. At the same time, we see in him a model of fathers and husbands for his prudence and chastity, for his obedience and deep maturity in his faith, in accepting as Mary did, the will of God without question.

In this difficult time of the pandemic, we can find in Saint Joseph an advocate, a supporter, and a guide. He was a man who went unnoticed, with a discreet and hidden presence, who reminds us that all those who are apparently hidden have a leading role in the history of salvation.

Saint Joseph is the saint of silence since, in the Gospels, little is said about him and his ministry. However, from his silence, he knew how to contemplate the mystery of God's plan because only in silence you find what you love. Only in loving silence is it possible to contemplate the most transcendent mystery of redemption, of a God who has become a man like us through love.

Something that has always caught my attention is that he did not write anything; there is no reference to his having said anything. He obeyed with great docility. He was always listening to the voice of God, always ready to obey Him, even though, more than once, the things that were sent to him were not easy to accept and much less to understand. His faith and love for God made him bend his humanity and accept God's will. He led simplicity of life, common sense lived with love, and lived the most extraordinary things because he lived everything through the Father.

Particularly for Brother Knights, Saint Joseph must be a role model, and we must imitate his faith, live our hope with trust in God and His providence, and live every moment of life in love, knowing that only love makes us look for the infinite. During this Year of Saint Joseph, the Church grants plenary indulgences, which are obtained by carrying out a work always accompanied by three conditions:

sacramental confession, Eucharistic Communion, and praying for the intentions of Pope Francis. It is also granted to the faithful who recite a legitimately approved prayer or an act of piety in Saint Joseph's honor or entrust their daily activities to his protection.

Also, due to the pandemic, the indulgence extends to the elderly, the sick, the dying, and those who for legitimate reasons are unable to leave their houses, but whose soul is free from all sin and with the intention to accomplish, as soon as possible, the three usual conditions: recite an act of piety in honor of Saint Joseph, the Consolation of the sick and Patron of a holy death, offering with faith to God the pains and sufferings of life.

As a parish, we inaugurated the Year of Saint Joseph on March 19th. I invite you to dedicate yourselves to the protection of Saint Joseph.

Saint Joseph, adoptive father of Jesus and husband of the Virgin Mary, pray for us.

Prayer to Saint Joseph by Pope Francis

*Hail, Guardian of the Redeemer,
Spouse of the Blessed Virgin Mary.
To you God entrusted his only Son;
in you Mary placed her trust;
with you Christ became man.
Blessed Joseph, to us too,
show yourself a father and
guide us in the path of life.
Obtain for us grace, mercy, and
courage, and defend us from every evil.
Amen*

2021/2022 Council and Casey Club Nominations

Each Officer position is vitally important in efficiently running the Council, developing fundraisers, identifying ways the Council can assist the parish and the community, and growing the faith in one another.

All 3rd and 4th Degree Brothers are strongly encouraged to consider running for a position or nominating a qualified Brother for one (NOTE: Any such nomination should be discussed with the potential candidate(s) to ensure they are willing to accept the nomination and carry out the duties of the office they are being nominated for).

Brother Craig Delaney cjdelane@gmail.com is the Chairman of the Nominating Committee, and is being assisted by FS Roger Williams sbrog11@yahoo.com and SK Vincent Guevara vincentg97@gmail.com. If you are interested in running for a position or want to know what is involved before committing to a position, please

contact a committee member or any one of the sitting Officers—as soon as possible. In accordance with Article VIII of the revised Bylaws, the Nominating Committee will submit its report to the Members during the May Council Meeting. This report will include information related to the nominations for both the Council and the Casey Club in the Fraternal Year 2021 to 2022, which begins July 1, 2021.

Please note – Election Date: The Council will conduct its annual election of officers during the regular June General Business Meeting (June 9th) under New Business. At this meeting, the only item for consideration and action will be the election of officers for the Council and the Casey Club.

Be advised that nominations MAY be made from the floor the night of the election. It is highly recommended that any such nominations be discussed with the potential candidate(s) to ensure they are willing to accept the nomination and carry out the duties of the office they are being nominated for before the actual elections begin.

Positions are as follows:

- Grand Knight
- Deputy Grand Knight
- Chancellor
- Recording Secretary
- Treasurer
- Warden
- Advocate
- Inside Guard
- Outside Guard
- 3rd Year Trustee
- Past Grand Knight Delegate



Candidates are also sought for Officer positions in the Casey Club. The Casey Club is charged with maintaining the Council home and overseeing the organization's investments, among other duties. There are four (4) key positions on the Casey Club: President; Vice President; Secretary; and Treasurer.

Casey Club NEEDS a Registered Agent (aka Attorney)

If you are an attorney, the Casey Club needs your assistance! Brother Knight James (Jay) Moore has been our Registered Agent for the last couple of years; however, Jay is moving out of state and we need another volunteer to serve as our Registered Agent. As defined by the charitylawyerblog.com, "the purpose of a registered agent is to ensure that there is a place with a street address where an organization can be contacted or served with notice of a lawsuit or other legal action." As a Registered Agent, you would be listed in

our annual Virginia SCC filing, and assuming no lawsuits – there’s really not much to do. Virtually zero effort, just need your name and address and Attorney in your title!! If you can volunteer for this position, the Casey Club and the Council would greatly appreciate it!

Please contact Brother Craig Delaney at cjdelane@gmail.com for more information.

40 Cans for 40 Days Update

Pope John Paul II Council 4522 has once again partnered with Queen of Apostles Catholic School to conduct the 4th Annual 40 Cans for 40 Days Campaign. The Campaign offers the children (and their families and school staff) blessings each day during Lent—providing them with the opportunity to give alms, promote charity to others, and learn/know more about sacrifice in the way of bringing a canned good to school each school day. During the last three years, the students have contributed over TWO TONS of canned goods. This year to date: The children have contributed nearly **TWO TONS** of canned goods already!! SK Joe King works to gather in the *many* alms during a weekly pickup.... WOW!



Fish Fry Update



In case you somehow missed it, we had an amazing Drive-Thru Fish Fry way back on March 5th. We packaged and delivered to hungry parishioners driving by—

nearly 150 full meals! It was a lot of work, put in by a bevy of Knights (and others), but safe to say, everyone involved had a great time and the simplicity of just standing beside a brother Knight packaging food and sharing fraternity was an extreme blessing. Unlike past years, we made a (small) profit to boot! Thank you to all the Knights, (18 in total!) and our special helpers, the Bion family (Hennriette, Mark and Maria), Sue and Meredith.



The Knights’ History of Promoting Racial Justice

By Danny Restivo

Since its inception, the Knights of Columbus has pushed for racial justice and inclusivity in America.

The Knights of Columbus was founded with a framework which could — and would — support membership drawn from the broadest possible diversity of practicing Catholic men. Blessed Father Michael McGivney knew the dangers of prejudice and believed that bringing Catholic men from disparate backgrounds together in faith was vital. One of the Knights’ original incorporators, Daniel Colwell, said “It was designed to unify American Catholic citizens of every national and racial origin in a social and fraternal organization.”

During World War One, the Knights became “the official agency for all Catholic [troop] activity.” The Knights adopted the slogan “Everybody Welcome, Everything Free,” and in keeping with that slogan, it ran the only integrated facilities for troops — three decades before the U.S. military officially integrated.

Following the War, the Ku Klux Klan began fueling racial resentment and hatred, targeting African Americans, Jews and Catholics. In 1921, a Klan-published pamphlet said the Knights of Columbus was an organization “most interested in the destruction of the Ku Klux Klan.”

Around the same time, the Knights established the Historical Commission to combat prejudice with education that focused on Anglo-centered American histories. W.E.B. Du Bois, co-founder of the NAACP, was commissioned by the Knights to author what would become the most notable work in the series: *The Gift of Black Folk: The Negroes in the Making of America*.

In the 1930s, the Great Depression prompted Supreme Knight Martin Carmody to reflect on and promote the Order’s principle of fraternity, which transcends differences and unifies men in action and mutual support. “True fraternalism brings into the group a cross-section of the whole society of the country,” Carmody wrote in *Columbia*. “It unifies various racial groups, giving them a sense of their common citizenship, an awareness of their place and importance in the common work of building the nation.”

Carmody’s successor, Supreme Knight Francis Matthews, truly became a champion of racial integration and equality. After guiding the Order through World War II, he stepped down as supreme knight and served on President Truman’s Committee on Civil Rights, which helped integrate the federal workforce. Then, as

secretary of the Navy from 1949-1951, Matthews spearheaded the integration of the U.S. Navy and Marine Corps.

In 1963, when the Rev. Martin Luther King Jr. delivered his historic "I Have a Dream" speech, numerous clergy were in attendance courtesy of the Knights of Columbus, which provided \$25,000 for their lodging. As racism emerged in certain councils, Supreme amended its bylaws in 1964 to "remove forever the opportunity of prejudice." To drive the message home, all Supreme Convention delegates received a pastoral letter on race relations by Supreme Chaplain Bishop Charles P. Greco of Alexandria, La.

In the 1970s and into the 1990s, the Order funded programs through the National Catholic Conference for Interracial Justice in Washington, D.C. In 1996, the Supreme Council contributed \$100,000 to establish a scholarship for African American students pursuing Catholic education. And a year later, the Order allocated the same amount to help fund the construction of a chapel dedicated to Our Mother of Africa at the Basilica of the National Shrine of the Immaculate Conception in Washington, D.C.

When Supreme Knight Carl Anderson announced the Novena for National Unity & An End to Racism in early June, he urged Knights to "redouble our efforts to overcome the suffering and injustice which result from the sin of racism. "Citing Pope Francis and Martin Luther King Jr. and their shared emphasis on justice, reconciliation and nonviolence [he wrote, "We pray that we can all follow this other way and come to understand that injustice to a black person is injustice to all; that regardless of race or culture, all people, without exception, are made in the image and likeness of God, and are deserving of our respect and love."

Remember in these stormy times...

1. God has power over every storm.

If the wind and waves don't concern Him, then they shouldn't frighten you. You might not be able to change your situation, but you can choose to faithfully trust God in the middle of it.

2. Fixing your eyes on Jesus leads to peace.

Are you looking at the size of the storm, or turning towards the One who can calm it? It's only by focusing on God, who knows every outcome, that you can navigate any situation with His wisdom and peace.



3. Jesus is always in your boat.

It's easy to focus on your fears when you can't control your future. But thankfully, Jesus knows your future, and He's always by your side. And He calls you to live by faith, not by sight.

Praise God!

Casey Women's Club

Spring is here and flowers are in bloom!

Prayerfully all our members have received their vaccine shots and are doing well.

Sad news, Beth Medford who would have celebrated her 97th birthday April 1st, passed away in March due to health problems. Beth was a loyal and longtime active member of CWC and will be missed. Mass for Beth was held at St. Michael's Church, Annandale, VA on March 29th. May she rest with Our Lord.

Jean Hughes has called our local members with news that we are having our first meeting (in one year), April 8th, at 1:00 PM We plan a short meeting, giving us time to catch up in our long absence, refreshments will be served.

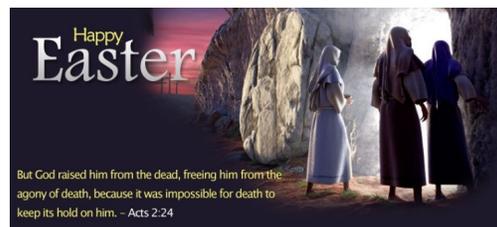
Happy Birthday Wishes to Pat McHenry - April 19th, we pray you are well and be safe.

God is Risen, Alleluia!
Connie King, President

April 2021 Birthdays



Dean F Clancy	04-06
Stanley J Radzevicius	04-07
Ramon S Sarmiento	04-10
David A Brown	04-10
Jack N Kodrich	04-12
Richard E Pompei	04-15
Jean P Graziani	04-16
Sean Hurley	04-26
James T Moore	04-26



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MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

For questions or comments, please contact the Editor, John Cosgayon at jncos95@outlook.com.
Additional information and points of contact are posted on our website at www.kc4522.com.

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