

The Knightly News

COUNCIL 4522

CHARTERED 1958

**KNIGHTS
OF COLUMBUS**
IN SERVICE TO ONE. IN SERVICE TO ALL.

Monthly Newsletter

April 2017

GRAND KNIGHT'S MESSAGE

Dear Brothers:

Many of us assist in Missions and Events that are particularly gratuitous and noteworthy. While these are not always main topics at our meetings or within this Newsletter, other Members should know there are many ways to get involved in the Council. Certainly, this is the crux of our existence, and the success of our Order depends on the willingness of our Members to reach outside the Council and support our Community. Participation is always strongly encouraged!

In the month of March, Knights of Council 4522 stepped up participation in local activities and really helped display our commitment to the Mission of our Order. The Council organized and supported two Lenten Fish Fries at Queen of Apostles Church. One took place on Friday March 10th, and the other one on Friday March 24th. I would like to thank Brother Jean Roger Bion and his wife, Henriette, for doing a fabulous job cooking once again. Additionally, I thank Past Grand Knight Joseph Lynem for his time and dedication to ensure these two events were a success. Furthermore, I thank all Brother Knights and their families who attended, as well as those who helped with setup, serving food, and with clean up afterward.

In addition to the Fish Fries, we also assisted at the Queen of Apostles fundraiser on March 25th, and that event appears to have been a successful one.

Also in the month of March, the Council had some Newly Knighted Members. Three new Brother Knights took their Admissions degree. Brother Charles Kasenge took the Admissions degree at Blessed Sacrament Council in Alexandria; Brothers Son Mai and Innocent Nukuri took their Admissions degree at Mount Vernon Council in Alexandria. I welcome and

congratulate these new Brother Knights and look forward to their participation in the Council.

Lastly, we seek Brothers for the Admissions and Membership Committees. Interested Members should contact me at CAnciraic@aol.com or the Deputy Grand Knight Roger Williams at sbrog11@yahoo.com

Knight Of The Month

The Knight of the Month for April 2017 is Past Grand Knight and Current Trustee Al Avellino. Brother Al, along with other Members of the Council Nominating Committee, presented a Slate of Officers for the Fraternal Year 2017-2018. Additionally, Brother Al will lead the KOVAR effort in the month of April. He is a great role model for Brother Knights since he has been a very active Member in the Council for many years. His valuable assistance and support is dearly appreciated.

I congratulate Trustee Al Avellino for his selection as Council 4522 April 2017 Knight of the Month..

Family Of The Month

The April 2017 Family of the Month is the Stuhldreher family. Brother Tim and his wife, Amanda, are active parishioners at Queen of Apostles. Among other activities, Brother Tim is a member of the Church Choir, and Amanda is a CCD Catechist at Queen of Apostles. Further, Brother Tim was essential in mentoring a Brother Knight who took his Admissions degree in March. Together, their model dedication and commitment to our Church community sets a good standard in the Council. We are grateful to have such a supportive family. I congratulate Brother Tim and Amanda for their discipleship.

Have a great month!

Fraternally Yours, Cesar Anchiraico, Grand Knight

LENTEN FISH FRIES

“Saint John Paul II Council sponsored the Lenten Fish Fry dinners at Queen of Apostles Parish. The Council’s Fish Fries were a big success, with many parishioners attending and enjoying delicious fried or baked fish prepared Brother Roger Bion’s wife, Henriette. Thanks to all the Brother Knights who volunteered at this function.” – Brother Joe Lynem.



(Pictured above from left to right: Brother Roger Bion, wife Henriette, and Brother Romeo Afo.)



(Pictured above from left to right: Brother Joseph King, Past Grand Knights Al Avellino and Carroll Glass.)

CHARITY IN ACTION – CHRIST HOUSE

On the second Tuesday of every other month, the Knights of Columbus #4522 are blessed and pleased to serve dinner to the needy and homeless at Christ House in Alexandria. On Tuesday, March 14, 2017 nine of our Knights (and several wives) worked in unison to serve a hot meal of meatballs and gravy, rice and vegetables—along with fruit cocktail and cookies for dessert to over 35 Alexandrians in need. This regularly scheduled service to others has been going on for over 14 years under the watchful eye and direction of SK Dick Owen, PGK, PFN, FDD. During that time, SK Owen and his Knights have put in well over 2,000 hours of service cooking and serving at Christ House.



(Pictured above from left to right: Past Grand Knight (PGK) Ron Plavchan and Brother Leo Weston.)



(PGK Dick Owen (center, wiping down the serving table) readies his Knights for the dinner service.)



(Pictured above from right: GK Cesar Anchiraico, Brother Daniel Zaharevich, wife Diana, and PGK Dennis Brown.)

About Christ House—founded in 1973, Christ House provides food to the hungry, shelter to the homeless, and clothing to those in need. Christ House helps individuals recognize their abilities, develop self-sufficiency, and maintain their self-respect. It offers limited assistance to individuals needing help to pay

their rent, utility bills and prescription bills among many other services. Graciously, the Woman's Casey Club of Council 4522 supports the Christ House Mission with cookies on an ongoing and regular basis.

2018 SLATE OF OFFICERS

In accordance with Art. VIII of the revised Bylaws, the Nominating Committee will submit its report to the Members during the April 12th Council Meeting. This report will include information related to the Officers for both the Council and the Casey Club in the Fraternal Year 2017 to 2018, which begins July 1, 2017.

This year, the Council will conduct its annual election of officers at a special meeting in the Council Home at 7:30 p.m. on the fourth Wednesday in May, May 22, 2017. At this meeting, the only item for consideration and action will be the election of officers for the Council and the Casey Club.

VERSE OF THE MONTH

Again Jesus spoke to them, saying, "I am the light of the world. Whoever follows me will not walk in darkness, but will have the light of life." John 8:12.

GOD'S CORNER

The Lord is my shepherd, I lack nothing.

He makes me lie down in green pastures,
he leads me beside quiet waters,

He refreshes my soul. He guides me along the right
paths for his name's sake.

Even though I walk through the darkest valley,
I will fear no evil, for you are with me; your rod and
your staff, they comfort me.

You prepare a table before me in the presence of my
enemies. You anoint my head with oil; my cup
overflows.

Surely your goodness and love will follow me all the
days of my life, and I will dwell in the house of the Lord
forever.

Psalm 23:1-6

A NOTE FROM TRUSTEE PGK CARROLL GLASS

The Council received a donation from Susan Mundy ICO Kate and Jack Delaney with an update on the Delaney's health and address. The Delaney's are doing good and want those interested to stop by and say hello. They are currently residing the Virginian in Fairfax. Susan Mundy can be reached at 615-347-6942 for additional information.

IN THE CASEY'S WOMEN'S CLUB

A quorum was met with 11 members present. The meeting was opened with the Our Father prayer followed by a moment of silence for the welfare of our members. Ruth Zirkle reported for the Charity Committee, and she recommended charities for monetary donations. The women decided to send a check to the MaRiHa Center and Easter flowers be taken to five of our members. It was decided not to do a Lenten project at this time but to be considered in the Fall.

Old Business: Pres. Connie announced she has not had a response to the letter sent to St. Michael's Knights of Columbus Council welcoming their women to join our Casey Women's Club. Ruth Brophey reported she has few orders for our Spring fundraiser for See's Candy, she will continue to take orders until March 31. Get your orders in ladies and have delivery April 10th. Geri announced our Spring Lunch at the Culinary School of Annandale High School will be Thursday, May 4th at Noon. The cost has not yet been determined.

New Business: Pres. Connie requested Geri confirm our Year End Party date from the Council. Retiree lunch is the last Tuesday of every month; April lunch is Tuesday, April 25th, at noon; cost is \$5.00. Bunco at 12:45, call Ethel, 703-941-1079.

Member birthdays in April are Beth Medved- 1st, and Pat McHenry 19th.. A Happy & Blessed Birthday ladies!

God Bless and be Healthy,

Connie King, President

REMEMBERING ALICE MCDONALD

We send our prayers and condolences to the family of



Alice McDonald. Alice was dearly loved and will be missed by many, including her children, Mary, Alecia, Eddie, and Billy, several grandchildren, her nieces and nephews, and her many friends and other relatives.

She was a wonderful woman, full of character, warmth and charm, and was exceptionally unique in her ways. She was bubbly and stayed very busy since she gave so much of her time to taking care of the Lord's house. She surely had an express ticket to be with Him, Bill, and Tommy.

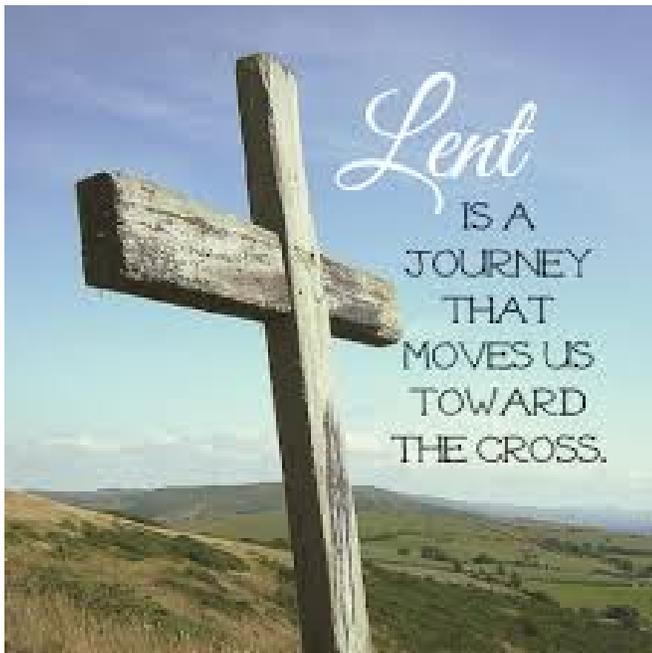
May God keep you all in His graces in this time of sorrow.

APRIL – MERCY AND MEDITATION

From Pope Francis' *Amoris Laetitia*

Once we allow ill will to take root in our hearts, it leads to deep resentment. ... The opposite of resentment is forgiveness, which is rooted in a positive attitude that seeks to understand other people's weaknesses and to excuse them. As Jesus said, "Father, forgive them; for they know not what they do" (Lk 23:34). Yet we keep looking for more and more faults, imagining greater evils, presuming all kinds of bad intentions, and so resentment grows and deepens. ... Something is wrong when we see every problem as equally serious; in this way, we risk being unduly harsh with the failings of others. The just desire to see our rights respected turns into a thirst for vengeance rather than a reasoned defense of our dignity.

When we have been offended or let down, forgiveness is possible and desirable, but no one can say that it is easy. ... All this assumes that we ourselves have had the experience of being forgiven by God, justified by his grace and not by our own merits. We have known a love that is prior to any of our own efforts, a love that constantly opens doors, promotes and encourages. If we accept that God's love is unconditional, that the Father's love cannot be bought or sold, then we will become capable of showing boundless love and forgiving others even if they have wronged us. Otherwise, our family life will no longer be a place of understanding, support and encouragement, but rather one of constant tension and mutual criticism. Knights of Columbus, Monthly Themes, *April – Mercy and Meditation*, <http://www.kofc.org/un/en/domestic-church/monthly-themes/april.html>.



UPCOMING SCHEDULE OF EVENTS

- ❖ April 1st – Fourth Degree exemplification in Manassas, Virginia
- ❖ April 5th at 7:30 p.m. – Offer meeting at Council
- ❖ April 12th at 7:30 p.m. – General membership meeting at Council
- ❖ April 22nd at 5:30 p.m. to 7:00 p.m. - KOVAR Collection at Queen of Apostles
- ❖ April 23rd 7:00 a.m. to 1:00 p.m. - KOVAR Collection at Queen of Apostles
- ❖ April 25th at noon – retiree luncheon and bunco

THE STATIONS OF THE CROSS

During Lent, we remember Jesus' final day before crucifixion. The Stations of the Cross bring us closer to Christ as we meditate on the great love He showed for us in His most sorrowful Passion!

The Stations of the Cross themselves are usually represented in churches by a series of 14 pictures or sculptures covering our Lord's Passion. They are meant to be "stopping points" along the journey for prayer and meditation. Although there are variations on this list below, these 14 scenes are taken from St. Alphonsus Liguori's well-known setting of the Stations in prayers, his Way of the Cross.

1. Jesus is condemned to death
2. Jesus carries His cross
3. Jesus falls for the first time under His cross
4. Jesus meets His sorrowful Mother
5. Simon of Cyrene helps Jesus to carry His cross
6. Veronica wipes the face of Jesus
7. Jesus falls for the second time
8. The women of Jerusalem weep over Jesus
9. Jesus falls for the third time
10. Jesus is stripped of His garments
11. Jesus is nailed to the cross
12. Jesus dies on the cross
13. Jesus is taken down from the cross
14. Jesus is laid in the Sepulcher (the Tomb).

NEW INSURANCE FIELD AGENT NAMED

After many months, we have finally gotten a new Field Agent assigned to our Council. Our new Field Agent's name is James Bertine. Brother Jim's contact information is

Office: (703) 845-3402

Web: www.jimbentine.com

Please contact Field Agent Bertine for any questions you may have about the outstanding fraternal benefits that the Knights of Columbus offers with regards to insurance, personal financial management and long term care.

NEW MAILING ADDRESS, PLEASE MAKE A NOTE

Please address all your mail to the Casey Foundation, Casey Club, and Knights of Columbus to the Council Home address:

**Knights of Columbus
4200 Martin Avenue
Annandale, Virginia 22003-3007**

Council Dues may be mailed there or directly to:

**Financial Secretary
7005 Murray Court
Annandale, VA 22003-1822**

If a dues payment is made, and you do not receive your membership card within seven days, please advise the financial secretary at vpa007@aol.com or call 703-941-1079.

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The submission deadline for the May 2017 Newsletter is April 20th.

MAY THE HOLY NAMES OF JESUS BE PRAISED AND HONORED BY ALL KNIGHTS OF COLUMBUS AND THEIR FAMILIES, AND MAY IMMACULATE HEART OF MARY RULE IN ALL OF OUR HEARTS UNTIL WE ATTAIN TO EVERLASTING LIFE! AMEN! ST. JOSEPH AND ST. DOMINIC, ORA PRO NOBIS!

For questions or comments, please contact the Editor, Daniel Zaharevich at dan.zaharevich@gmail.com.
Additional information and points of contact will soon be posted on our website at www.kc4522.com.

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